

What's happening!

By Bob Johnson

Surprise Birthday Feast...

High up in the hills of North Wilkesboro, sprawled against a back drop of Pilot Mountain is the beautiful tri level home of Alexander and Faye Erwin. The house and the 7 acres of fertile land were the settings for a fantastic birthday fete held recently in honor of Faye.

She was really shocked when she walked into the house on Sunday afternoon to the resound-



ing bellow of "Surprise!" and saw friends and relatives from as far away as Atlanta, Georgia.

"This is the best birthday I ever had," exclaimed the very lovely mother of Kim and Keith Alexander. As she hugged and kissed her guests which included her parents Mr. and Mrs. Carl Hill, Mr. and Mrs. Robert Moore, Mr. and Mrs. Ennis Hill, Mr. and Mrs. Edison East, Mrs. Allan Hill, Jerome and Vicki Hill, Estelle Hill, Paul Hill, Johnny Hill, Gladys Perry, Ida M. Hill, Lolita Hill, Thaxton Taylor and Thelma Dodd all from Pilot Mountain. Mary Lou Martin from West Field, Mr. and Mrs. Felix Stevens and Children Blanche and Felix Jr., Rev. and Mrs. R. J. Harris, Mrs. Gertrude Robinson and children from North Wilkesboro, Robert and Otelia Erwin Sr., Robert and Ellora Erwin Jr. and daughter Kandyce, Bobby Johnson and Kit Massey, Joe and Minnie Allison, Stephen and Edwina Hayes from Charlotte and Rufus and Audre Erwin from Atlanta, Georgia.

The menu for this ultra grand occasion consisted of baked ham, fried chicken, meat loaf, beef roast, chicken and dumplings, potato salad, creamed corn, cole slaw, macaroni and cheese casserole, green beans, potato pie, birthday cake, relish trays, homemade rolls and plenty of beverages to wash it all down. (uuummmmm! What a feast that was!)

Anniversary Time... Mr. and Mrs. Roy Dixon of 1240 Mt. Kisco Drive celebrated their 5th anniversary last Saturday. Roy is employed by the U.S. Postal Service and his charming wife Gayle is employed by the Charlotte Mecklenburg School System. The couple has one son Roy Jr.

To celebrate this wonderful day Roy and Gayle spent a night out on the town.

Talent Search... Located on Beatties Ford Rd., right below LaSalle St. beside Alexanders Grocery store is a very small shopping complex. In one corner of this building is a room that is orange and blue on the outside. Inside there are many colors mainly due to the artistic talents of Vernard "Pepe" Thompson and Eddie Hood. The room is their art studio and they are looking for other artists to share the studio with them. Also the public is invited to come and view their sculpture and painting displays.

Class Reunion Fun... The 1958 Class of Second Ward High School held a reunion dance last Saturday night at the National Guard Armory. Many people crowded into the Armory to enjoy a real groovy dance. Among the guests were Veann Davis, Millet Coleman, Johnny and Larri Mills, Barbara West, Catherine Vance, Eva Harris, Mae Culbert, Mr. and Mrs. Joe Strong, Lasalle Wise, Sheila Walls, Frederick Harris, and Mr. and Mrs. James Wall. The dance started at 9 p.m. and ended at 1 a.m.

10th Birthday Celebration... William Massey was a very proud lad last Sunday. Bill celebrated his 10th birthday with a lot of friends at his home at 3400 Merrill Place. During this triumphant affair, the gang ate hot dogs, potato chips, and very delicious birthday cake, while they danced to all the latest tunes and played a little basketball. His guests for this event included Lee Davis, James Richardson, Anthony Little, Kyle Winston, Troy Rivens, Kim Mitchell, Bill Gorham, Mark Tillman, Kevin Kirkpatrick, Brian Bolto, Loretta Williams, Karen Williams and Angela Camancho.

Yes Santa Clause, there is a Bill Massey and he is the son of the very beautiful, ABC record executive, Doris Massey.

Happiness... The true happiness is of a retired nature, and an enemy to pomp and noise; it arises, in the first place, from the enjoyment of one's self) and in the next, from the friendship and conversation of a few select companions; it loves shade and solitude, and naturally haunts groves and fountains, fields and meadows; in short, it feels everything it wants within itself, and receives no addition from multitud of witnesses and spectators.

Until we speak on other things happening in our community be good to yourselves and ROCK EASY!



PUPPETEER Susan Goins and Pattie Roberts, of the Mecklenburg County Health Department, used puppets to get Dental Health Care message across to 4 and 5 year old kindergarten students at Friendship Baptist Church during Childrens Dental Health Week. Project was sponsored by the Charlotte Medical, Dental and Pharmaceutical Society.

Here Sunday

Local Medical Society Plans

High Blood Pressure Seminar

by James Peeler
Post Feature Writer

The Charlotte Medical, Dental and Pharmaceutical Society, as part of its annual and continuing public services program, will sponsor a High Blood Pressure-Hypertension Seminar at the Mother House of Prayer for All People on Beatties Ford Road this Sunday, March 21, at 1 p.m. following the morning service. The seminar will include a panel discussion on various aspects of the effects of High Blood Pressure on other organs of the body, a question and answer period, and a screening, (actual blood pressure check for persons desiring to have one) by nurses in the House of Prayer congregation.

Dr. Tolly A. Kennon, D.D.S., Chairman of the society's Public Relations Committee, says "Uncontrolled high blood pressure-hypertension is a major national public health problem. It is the primary cause of 60,000 deaths each year and a contributing factor in the 1,500,000 heart attacks and strokes that occur each year in the United States. An estimated 23 million Amer-

icans, or about 15 percent of the adult population, have high blood pressure."

He continues, "The prevalence rates of high blood pressure rise steadily with advancing age and, in every age group, the prevalence is higher for blacks than for whites. Among American blacks, not only is the prevalence about twice as high as that among whites; it is also more severe and occurs at an earlier age. High blood pressure afflicts not only the elderly, but also the young and middle-aged adults in their most productive years."

Dr. Kennon concluded, "Although detection is simple and painless, and drug therapy is practical and effective, the great majority of hypertensives are not receiving satisfactory treatment. Half of the estimated 23 million Americans with high blood pressure don't even know they have it; of those who know, only half are being treated; and of those being treated, only half again have their blood pressure controlled within normal limits."

The most recent Public Service project sponsored by the Charlotte Medical, Dental and Pharmaceutical Society was a

Puppet Show during Children's Dental Health Week at Friendship Baptist Church. Mrs. Susan Goins and Mrs. Pattie Roberts, Dental Assistants at the Mecklenburg County Health Department, performed splendidly for 26 four and five-year olds in the Primary Department class of teacher Donna Davidson.

Puppeteer Goins and Roberts were introduced by Theola Singletary, Chairside Assistant of Dr. Spurgeon Webber, and the Sesame Street type show was attended and enjoyed also by Friendship Day Care Center Director Mary S. McGill.

Officers of the 30-member Charlotte Medical, Dental, and Pharmaceutical Society are Dr. Telease Foster, President; Dr. Kenneth Chambers, Vice President; Dr. J. Matthew Murphy, Secretary; and Dr. C. Warren Williams, Treasurer.

Has your name been in the Charlotte Post lately? Keep us informed of what you are doing so that we can let your friends know by running it in Charlotte's fastest growing weekly Newspaper.

WBT To Sponsor Volleyball Marathon

WBT and WBTV are sponsoring a Volleyball Marathon for Easter Seals on March 19 and 20. There will be 24 hours of exciting volleyball games at Eastland Mall from 6 p.m. on Friday to 6 p.m. on Saturday. DJ's from WBT Radio and WBTV personalities will be there and even play part of the time with the teams.

Everyone will be playing - school groups, church groups, or just a group of friends who like to play volleyball. Each team member needs to have sponsors for every minute his team plays. The money raised will be used to help handicapped children and adults. A trophy will be awarded to the individual team winning

the most games, and the individual team raising the most money. The top ten individuals raising the most money will be awarded prizes.

All age groups are getting together for fun and to help raise money for Easter Seals. If anyone is interested in having their team participate please call: 333-4770.

Is Inver House really Soft as a Kiss?



Sip. Kiss. Compare.

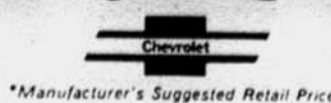
Go ahead. Sip some Inver House Scotch. Very pleasant. Then kiss someone. Even nicer. And - compare. Inver House Scotch passes the test every time. Because it's distilled, blended and aged gently in Airdrie, Scotland until it is Soft as a Kiss. So find a friend and try it.



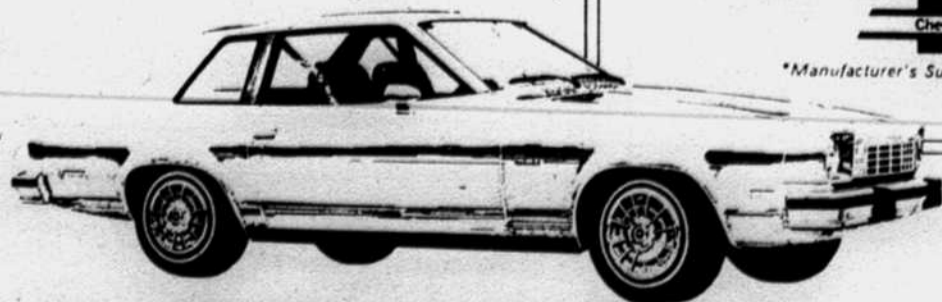
2⁷⁵ Pt.
5²⁰ 4/5 Qt.
12⁰⁰ 1/2 Gal.

Chevrolet celebrates America's 200 years.

1976 SALE
The first
\$200.*
worth of options on this car
for only
\$19.76



*Manufacturer's Suggested Retail Price



MONZA

VEGA



Have you seen our elegant new Monza Towne Coupe and our European-inspired Monza 2 + 2?

With standard features like front disc brakes, torque arm rear suspension, and quiet hydraulic valve lifters on our Dura-Built 2.3 Litre engine, these cars are some of the best values you'll find any year. But right now they're even more so.



The 1976 Vegas are really built to take it.

With standard features like High Energy Ignition, new Delco Freedom battery that never needs water and our Dura-Built 140-cubic-inch engine, they're designed to last. (Ask your Chevy dealer about our Vega and Monza Dura-Built engine guarantee.) You also get a tough, corrosion-resistant body and a refined disc/drum brake system. And during our 1976 sale, you can get even more.