By Bob Johnson

PARTY FUN...After a body has worked 8 hard hours on its job for 5 whole days, it needs to rest and refresh itself.

Margaret Mobley found a very good way to refresh her body recently. She just happened to be one of the guests at a marvelous party sponsored by Charles and Pat Walters.

The Alpine Lodge Club House was used as the oasis for this, excuse me for being repititious, refreshing affair.

A host of their friends and relatives were invited, and according to the bartender, Ron Hartley, everybody must have shown, for they really kept him moving.

A cursory glance of the guests produced Freddy and Deborah



Bob Johnson

Williams, Eddie and Mary Howard, Byrd and Yvonne Jamieson, Shirley Wallace, Bonn Bell, Andy and Nancy Wallace, Andrew Gregory, Rick Hartley, James and Ruth Hill, Levoid Green, Eddie Bell Green, Dexter Snead, Lavon Welch, Elvie Snead and Carlton Johnson.

CLUB EVENT...The favorable end or result of an undertaking is what we consider success, and the 100 Club of Johnson C. Smith University has experienced a lot of that in the past.

Last Saturday night was a repeat performance for they sponsored a very triumphant affair at Charlotte's Park Center.

The occasion was their annual Smith-Livingstone basketball game which boasted a lot of excitement, probably the largest crowd ever , and some prizes to lucky ticket holders. B.W. Hampton of Charlotte was the winner of a new '77 Chevrolet Scooter. Marshall Smith of Charlotte won a tank of gas and Eugene Stitt of Charlotte won a 12 lb. country ham.

It is a good thing the fire marshal was off that night for even the standing room areas were overflowing with the bipartisan crowd, and the marshall frowns on that sort of thing. Anyway it added to the electrifying tremor felt throughout the game, and put more duckets in the till for the 100 Club.

Some of the people caught up in the fervor of it all were Mr. and Mrs. Jim Stitt, Mr. and Mrs. Danny Herron, Gussie Floyd, Barbara Floyd, Mr. and Mrs. Troy Bryant of Baltimore, Md., Mr. and Mrs. Charles Foster, Mr. and Mrs. Charlie Cox, Cynthia Lowes, Carolyn Craig, Mary King, Dorothy Swift, Hattie McIlwain, Mr. and Mrs. Henry Ferry, James McKee, Clarance Rickett, Harold Winston, Donald Grigsby, William Deavers, Jack Martin and Marvin Grigsby. The Coliseum is a larger place

MUSICAL TREAT...After such a thrill packed basketball game that kept the hearts of ardent fans palpitating. Everybody fled in many different directions to cool out for the remainder of the night.

Some of the crowd stopped when they reached the Excelsior Club on Beatties Ford Road, mainly to get an ear full of the musical aggregation, "The Reality Band" from Gastonia

The Reality Band really smoked as they played tunes ranging from "Shake your Booty" to "You Don't Have To Be A Star," and the guest boogied and dragged for awhile.

Some of the guests by the way included Mr. and Mrs. James Dodd, Roy Ezell, Mr. and Mrs. James Dixon, Chuck Collins, Mr. and Mrs. Albert Spaulding, Katie McCrorey, Eddie Battle. Melvin Simms, Constance Avery, Emma Sterling, Otis McClurkin, Calvin Caldwell, Frank Wright, Pearline Morrow, and Ray Gooding.

WEST COAST TRIP... The big football game of the year was held two weeks ago, in Pasadena, Calif.

I am quite sure that a number of Charlotteans

experienced the luxury of such a trip. Frank Taylor of the Apeco Company in Charlotte had the opportunity to make the trip, and according to brother Taylor he took full advantage of it, by having one heck of a time.

Frank, It's a good thing you bought a round

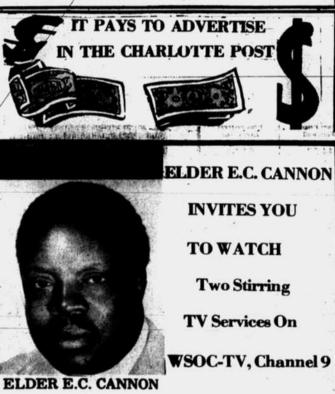
CLUB GATHERING...This is a very good time of year to have a party. The unusually cold weather outside, makes nestling in the warm inside that much more alluring.

Mr. and Mrs. Duke Chisholm found themselves in an alluring position recently. They were among the guest entertained by the Cupettes Social Club, at a smashing affair given at the home of Mr. and Mrs. T.C. Stinson.

Other people who enjoyed this party were Mr. and Mrs. William Stitt, Mr. and Mrs. Jesse McDaniel, Nellie Mae Gilliam, William Elliott, Vanessa Gilliam, Mr. and Mrs. June Gilliam, Mr. and Mrs. Johnny Jackson, Mr. and Mrs. Odell Walker, Mr. and Mrs. David Still Jr., Mr. and Mrs. Michael Stitt, Mr. and Mrs. David Pittman, Mr. and Mrs. Garfield Davis, Christine Osborne, Mr. and Mrs. Tom Sistaire.



The Charlotte District Christian Education Department of the AME Zion Church recently held its 3rd Annual "Charlotte District Pageant" at the Grayson Recreation Center. Mrs. Gerri Wiley, national president of Las Amigas, Inc., served as Mistress of Ceremonies. The purpose of the pageant is to present all the many talented children, youth and adults on the district and to bring together all 19 churches on the district into one program. The theme for the pageant was "Excitement "76". This year's winner is Walter Moss, a member of Weeping Willow AME Zion Church. Walter is being shown here with Thomasina Byrd, last year's winner and a member of Clinton Chapel AME Zion Church, and Mrs. Annette L. Gary, coordinator for the pageant and District Director of Youth. Mrs. Gary is a member of Clinton Chapel AME Zion Church. The winner will receive an all expense paid trip to Washington, D.C. Miss L.B. McCullough is District Director of Christian Education and the Rev. L.C. Clark, presiding elder.



Saturday Night, January 22

1 A.M.

(After Midnight)

And

Sunday Morning, January 23

6 A.M.

(Before Day)

ELDER CANNON ALSO INVITES

His Many Members And Friends To Attend The Regular 11 a.m. Sunday Morning Services, At The

Cannon Cathedral Church Of God In Christ

200 Tuckaseegee Road Charlotte, N.C. 28208

ELDER CANNON asks all members of the cathedral who haven't been baptized to please be present and prepared to be baptized Sunday evening. "We'll be baptizing this Sunday evening come rain, sleet or snow," ELDER CANNON SAID.

OUR NEXT TV SERVICES CAN BE SEEN SATURDAY NIGHT, JANUARY 29 & SUNDAY MORNING, JANUARY 30

Cancer Tests Prevent Deaths

By Otto McClarrin

The American Cancer Society has begun a pilot testing program that could prevent many thousands of deaths a year in the USA. The test, designed to detect blood in solid body wastes - an early sign of cancers of the rectum and colon, is being made available free in the Washington, D.C. area to all persons over 21. The testing processes can be conduced entirely by mail, cancer society spokesmen said.

The disease kills half its victims, or about 50,000 persons a year nationally. However, seven out of 10 of these deaths could be prevented by early detection of the disease. Dr. LaSalle D. Leffall, national chairman of the effort, said.

Residents of Washington, D.C. - the site of the pilot testing program - can use a letter-sized testing kit with sealed paper "slides" to mail in samples of excretion for examination. The kits are available to local hospitals and clinics or may be requested by mail. If the pilot project in Washington is successful, it will be repeated in other cities.

Traces of blood too small to be visible in human waste can indicate illnesses other than cancer, but they indicate that cancer may be present and further testing is needed, Dr. Leffall said.

colon (large intestine) is "the single most common internal cancer (of both sexes) in the country," Dr. Leffal stated. Only breast cancer is more common among women and lung cancer among men, he continued.

The U.S. Postal Service has approved the mailing of waste samples. The test was described by Dr. Leffall as "simple, inexpensive, esthetically acceptable" and can be used by anyone. It also produces few "false positives" (erroneous results), he said.

Some Impacted Teeth

The best treatment for some impacted wisdom teeth may be no treatment, a dental surgeon reported recently to the American Dental Association. But benefits and disadvantages must be weighed in each case, Dr. John Lytle of the University of Southern California School of Dentistry told his colleagues.

Lytle, a dentist and physician, said patients benefiting from removal of impacted third molars are seen everyday in dental offices. Their retained embedded teeth must be removed to restore oral health.

"Frequently these teeth have been present for many years and physiologic changes have occurred which greatly complicate the required surgery," he said. Oldtime den-

Cancer of the rectum and tists were taught that embedded teeth should be left alone until they cause trouble.

Dr. Lytle said impacted teeth should not be removed: -When the surgical extraction will damage adjoining teeth or soft tissue and underlying bony structures. -- When a patient's general physical condition makes it difficult or impossible to withstand the

stress of surgical procedures. - When the tooth appears completely fused to the bone in an elderly person with no history of symptoms related to the unerupted tooth.

Health Condition Fingerprints may provide a

new clue to a common heart condition that can cause chest pain and irregular heart beats, a New York cardioloted during the sixth week Other-diseases have been finked to fingerprints. (NNPA). Subscribe to the Charlotte Post! Your support helps!

gist reported recently. Dr.

Mark Wartz, of the Mt. Sinai

Hospital, said the finding may

help doctors spot persons with the problem, called Mitral

Valve Prolapse, in which a heart valve fails to close pro-perly. This allows blood to

flow in the wrong direction.

Dr. Swartz said he and his

associates found that some

persons with the valve defect

had abnormally high numbers

of arching patterns in their

fingerprints. The heart is

formed during the third and

eighth week of pregnancy and

fingerprint patterns are initia-



WITH THIS AD

Expires Jan. 29, 1977 AINT YOUR CAR NOW!

3125 Monroe Rd.

Presidential Service



celebrating Sealy's 95th Anniversary with a very special offer...

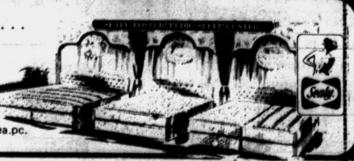
FORMER POSTUREPEDIC **COVER NOW ON THIS**



See the very best at every day value prices . . . SEALY POSTUREPEDIC

The Unique Back Support System promises no morn ing backache from sleeping on a too-soft mattress. Designed in cooperation with leading orthopedic

surgeons for firm support. From \$ QQ95 Twin Size





425 S. Tryon St 333-3751

5943 South Blvd.

525-3391