



Walter Tucker  
...M&F Bank President

**Democrats**

**Deposit Money**

**In Black Bank**

Officials of the North Carolina Democratic Party recently placed a sizeable deposit with the Black-owned and operated Mechanics and Farmers Bank in Raleigh.

Making the deposit were Party Chairman Betty McCain and Dr. E.B. Turner, first Vice-Chairman of the State Democratic Party and Chairman of the Robeson County Executive Committee. "We are happy to share our resources with the Mechanics and Farmers Bank," said Mrs. McCain. "We are proud of its standing within the financial community and of the tradition of honest, hard work which the success of the bank illustrates," the Party Chairman continued.

Dr. Turner, who is a leader of the Democratic Black Caucus, expressed satisfaction with the "growing partnership and mutual trust between the Democratic Party and the institutions of our black people."

**We Have Become**

**A Nation Of**

**Gardeners**

In the last few years we have become a nation of gardeners. Almost everyone these days is growing something in the back yard besides crabgrass. Tomatoes, beans, and every other conceivable vegetable are being grown in the largest gardening boom since the victory gardens of World War II.

For some of us, however, our culinary delights are not limited to what we have cultivated but also extend to those plants that can be foraged in the woods.

But let the eater beware! Some plants can be very dangerous either from mis-identification or harvesting a plant at the wrong time of the year when it might be toxic.

In North Carolina and throughout the South, the young tender leaves and stems of the pokeweed are widely served, after thoroughly boiling them twice, and are safe in the spring. But by late summer when the berries form, pokeweed consumption can be fatal if uncooked berries and mature leaves are eaten in quantity, especially by small children. Severe stomach and liver pain and blurred vision are not uncommon results of eating pokeweed at this time of year.

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# FRESHNESS & NUTRITION

... those items are important to you and important to us! IT is a BIG responsibility preparing meals for a family that are wholesome and nutritious. When you shop WINN-DIXIE you can be assured that you will find only top quality produce and meats offered for sale. What you serve your family is important to you and WINN-DIXIE. We want you to know that we are working to help YOU live better for less.

## TRIMMED BY THE BEEF PEOPLE

W-D BRAND U.S. CHOICE IS TRIMMED OF EXCESS BONE AND FAT BEFORE IT IS WEIGHED SO YOU GET MORE MEAT YOU CAN ENJOY AT THE BEST POSSIBLE PRICE.

### HARVEST FRESH

**JUMBO WESTERN CANTALOPES**  
EACH **59¢**

- HARVEST FRESH SWEET WESTERN **PLUMS** . . . . . LB. **39¢**
- HARVEST FRESH FIRM HEADS OF GREEN **CABBAGE** . . . . . LB. **13¢**
- HARVEST FRESH **CUCUMBERS** . 6 FOR **59¢**
- HARVEST FRESH FANCY ROMAINE **LETTUCE** . . . . . HEAD **29¢**
- HARVEST FRESH SWEET CALIFORNIA **ORANGES** . . . 4 LBS. **\$1.00**
- DONALD DUCK **ORANGE JUICE** 2 QTS. **89¢**
- HARVEST FRESH SWEET WESTERN **NECTARINES** . . . LB. **49¢**
- HARVEST FRESH TART WESTERN **LEMONS** . . . . . 11 FOR **89¢**
- HARVEST FRESH SWEET YELLOW **ONIONS** . . . . . 3 LB. BAG **79¢**
- HARVEST FRESH **CARROTS** . . . . . 2 LB. BAG **49¢**



**CUT UP FRYERS** . . . LB. **49¢**

LIMIT 4 OF CUSTOMER'S CHOICE, PLEASE

HOLLY FARMS U.S. GRADE A

## WHOLE FRYERS

- HOLLY FARMS U.S. GRADE A FRYER BREAST OR **THIGHS** . . . . . LB. **89¢**
- HOLLY FARMS U.S. GRADE A FRYER LEGS OR **COMB-PACK** . . . . . LB. **89¢**
- HOLLY FARMS U.S. GRADE A **FRYER WINGS** . . . LB. **59¢**
- PALMETTO FARM **PIMEN. CHEESE** . . 1 LB. CUP **\$1.19**
- W-D BRAND U.S. CHOICE **BONELESS STEAK** **RIB EYE** . . . . . LB. **\$2.99**
- W-D BRAND U.S. CHOICE **SIRLOIN STEAK** . . . LB. **\$1.89**
- W-D BRAND U.S. CHOICE **T-BONE STEAK** . . . LB. **\$1.99**
- JENNIE-O WHITE & DARK TURKEY **PAN ROAST** . . . 2 LB. SIZE **\$2.49**
- CELLO WRAPPED FILLETS OF TURBOT OR **FLOUNDER** . . . . . LB. **\$1.59**



W-D BRAND U.S. CHOICE **LEAN BONELESS STEW** . . . . . LB. **\$1.09**



W-D BRAND EXTRA LEAN **GROUND BEEF** . . . . . LB. **\$1.09**

**HORMEL CURE 81 HAM**  
3-4 LB. AVG. **\$2.29**

W-D BRAND U.S. GRADE A **BAKING HEN**  
4-8 LB. AVG. **59¢**

**DAIRY BUYS**  
SUPERBRAND **SOUR CREAM**  
1 LB. CUP **59¢**

- W-D BRAND PICKLES OR SLICED **COOKED HAM** . . . 12 OZ. PKG. **\$2.19**
- MEATY PORK FEET, TAILS OR **NECKBONES** . . . . . LB. **39¢**
- SUNNYLAND REGULAR OR BEEF **SMO. SAUSAGE** . . . 22 OZ. PKG. **\$1.99**
- OSCAR MAYER WIENERS OR **FRANKS** . . . . . 1 LB. PKG. **\$1.29**
- OSCAR MAYER ALL VARIETIES SLICED **BOLOGNA** . . . . . 12 OZ. PKG. **\$1.09**
- ARMOUR'S TURKEY NECKS, HINDQUARTERS OR **DRUMSTICKS** . . . . . LB. **49¢**
- ARMOUR'S **HOT DOGS** . . . . . 12 OZ. PKG. **79¢**
- W-D BRAND ALL VARIETIES **FRANKS** . . . . . 1 LB. PKG. **\$1.09**
- W-D BRAND ALL VARIETIES SLICED **BOLOGNA** . . . . . 1 LB. PKG. **\$1.09**

HARVEST FRESH **U.S. NO. 1 WHITE POTATOES**  
20 LB. V.V. BAG . . . **\$1.89**

HICKORY SWEET **SLICED BACON**  
1 LB. PKG. **\$1.19**

W-D BRAND U.S. CHOICE **BONELESS CHUCK ROAST**  
LB. **99¢**

**FROZEN FOOD**  
SUPERBRAND **SANDWICHES**  
CT. PKG. **1288¢**

**Astor FRUIT COCKTAIL**  
16 OZ. CANS **\$1.50**

**WHITE ARROW BLEACH**  
GAL. JUG **46¢**

**KRAFT 1000 ISLAND SALAD DRESSING**  
16 OZ. BOTTLE **88¢**

- SUPERBRAND WHIP **TOPPING** . . . . . 13 OZ. CUP **59¢**
- NATURAL SUN REGULAR OR PINK **LEMONADE** . . . 6 OZ. CANS **99¢**
- DIXIE HOME CHICKEN OR TURKEY **POT PIES** . . . . . 5 PKGS. **\$1.00**
- DIXIANA **BABY LIMAS** . . . 24 OZ. PKG. **89¢**
- DIXIANA BLACKEYE **PEAS** . . . . . 24 OZ. PKG. **79¢**
- DIXIANA TINY WHOLE **POTATOES** . . . . . 24 OZ. PKG. **69¢**
- PET RITZ CHOCOLATE, COCONUT OR LEMON **CREAM PIES** . . . 2 PKGS. **\$1.00**
- TASTE-O-SEA BATTER DIPPED **FISH & CHIPS** . . 16 OZ. SIZE **99¢**
- TASTE-O-SEA BATTER DIPPED **FISH PORTIONS** 12 OZ. SIZE **99¢**

LIMIT 2 WITH \$7.50 OR MORE FOOD ORDER  
**BOUNTY WHITE/DECORATED OR ASSORTED PAPER TOWELS**  
LARGE 100 SQ. FT. ROLLS **\$1.29**

- TROPICANNA **ORANGE JUICE** . . 64 OZ. SIZE **79¢**
- DIXIE HOME **TEA BAGS** . . . . . 100 CT. PKG. **\$1.49**
- THRIFTY MAID HOT DOG **CHILI SAUCE** . . 4 10 1/2 OZ. CANS **\$1.00**
- THRIFTY MAID **CORNED BEEF** . . . 12 OZ. CAN **89¢**
- BLUE BAY PINK **SALMON** . . . . . 7 1/2 OZ. CAN **88¢**
- THRIFTY MAID SLICED, TID BITS OR CRUSHED **PINEAPPLE** . . . 2 20 OZ. CANS **\$1.00**
- THRIFTY MAID **TOM. JUICE** . . . 2 46 OZ. CANS **\$1.00**
- DEEP SOUTH SMOOTH OR CRUNCHY **P'NUT BUTTER** . . 28 OZ. JAR **\$1.19**

**FRISKIES ASSORTED DOG AND CAT FOODS**  
15 OZ. CANS **\$1.50**

FIELD TRIAL **DOG RATION** . . . 80 LB. BAG **\$6.99**- SHOWER TO SHOWER BODY **POWDER** . . . . . 8 OZ. SIZE **\$1.28**
- DIAL VERY DRY ROLL ON **DEODORANT** . . . 1.5 OZ. SIZE **99¢**
- SUNSHINE KRISPY **SALTINES** . . . . . 16 OZ. PKG. **59¢**

**PEPSI**  
64 64 OZ. BOTTLE **79¢**

**COZY KITCHEN**  
\* GERMAN CHOCOLATE  
\* LEMON OR \* FRENCH COCONUT CAKES  
24 OZ. SIZE **99¢**

THRIFTY MAID **TOMATOES**  
\* WHOLE KERNEL OR CREAM STYLE **GOLDEN CORN**  
16 OZ. CANS **\$1.49**

HUNT'S **TOMATO KETCHUP**  
32 OZ. BOTTLE **79¢**

**CHEK DRINKS**  
28 OZ. BTL. **\$1.50**

ASSORTED FLAVORS RESEALABLE BOTTLES **CHEK DRINKS**  
28 OZ. BTL. **\$1.50**