

What's happening!

BUS TRIP...As most sports minded Charlotteans know, the annual CIAA BASKETBALL TOURNAMENT is coming up next week. February 23, 24 and 25 are the dates for this terrific round ball affair. Now, for those of you who don't relish in the idea of driving to Hampton, Virginia and back, there will be a bus leaving here at 3 a.m. Thursday morning. For more information call one of these numbers 392-6953 or 375-7095. Unfortunately the Golden Bulls' chances of being there are slim.

PRESIDENT ELECTED...At a very festive meeting recently, the Carolina Branch of the International Food Services Executives Association (IFSEA) installed **BILL HAYGOOD**, food specialist for Charlotte Mecklenburg Schools' Food Service, as its new president for 1978.



Bob Johnson

International Food Service Executives Association, is an educational and fraternal organization of food service owners and managers. This organization's main purpose is to keep its members well informed about new trends and laws that affect their everyday business.

The newest member of the organization is **Floyd Young**, Food Service Director of Gourmet Services at Johnson C. Smith University.

CLASS PARTY...The combined classes of '36 and '37 of Second Ward High School hosted their first gathering of the year in the form of a pre-Valentine's Day function. This fun filled evening was held at the Trojan Club on LaSalle Street and encompasses delicious food, roast beef, fried chicken, green beans, potato salad, iced tea, cherry tarts, and a mixed fruit bowl. Games of cards and bingo amidst the music of some popular artists, old and new, were played.

Included among the class members and guests were **Ray Booton**, **Washington Alexander**, **Robert Ray**, **Charles Withers**, **T.E. Spence**, **Edward Hargraves**, **Mamie Thompson**, **Rosetta Torrence**, **Ethel Platt**, **Ruby Mitchell**, **Ella Hargrave**, **Julia Sumpter**, **Gerson Stroud**, **Daisy Stroud**, **Sady Goines**, **Ambrose Goines**, **Jimmi Shadd**, **Willie Hall**, **Thomesina Johnson**, **Myrtle Worthing**, **Zoel Hargrave**, **Mr. and Mrs. John Cruse**, **Lloyd Mitchell**, **Mr. and Mrs. James Fulson**, **Harry Goines**, **Willie E. Shadd**, **Mr. and Mrs. Julian Stroud**, **Mr. and Mrs. Joe White**, **Turner Sumpter**, **M.S. Foster**, **Laura Booton**, **Arelia Hall**, **Mrs. T.E. Spence**, and **Sally Ray**.

2 IN 1 CELEBRATION...A wedding party and a birthday celebration were held together last Saturday night at the home of **Curt and Hattie Ardrey**, 2011 Quentin Place.

Honored guests at this joyous occasion were the newly weds **JAMES AND KATHEY ERVIN** along with Hattie's mother **MARCILLE KILGORE**, celebrating a birthday.

Hosting this convivium were **Mrs. Kilgore's** children **Hattie Ardrey**, **Hazeline Blacker**, **Bernita Mumford**, **Robin Kilgore** and **James Kenneth Ervin**. They influenced the mood and emotions of the guest from the time of Marcille's surprised expression until the last guest had gone, with an array of the latest tunes, joyous laughter, and witty conversation.

Included among the guests were **Willie Hart**, **Viola Garrett**, **Fannie Singletary**, **Lillie McKenzie**, **Stonewall Johnson**, **Jimnie "Sticky" Gilmore**, **Mr. and Mrs. Jimmy Funderburke**, **Myra Maxwell**, **Shirley Moore**, **Alphatene Spears**, **Maude Towns**, **Sally Bradley**, **Betty Dawson**, and **Carl Bennett**. Also **Viola Massey**, mother of the bride, **Michelle Massey**, sister of the bride, along with **Patricia Nelson** and **Ed Moore**, grandchildren to **MRS. MARCILLE KILGORE**.

To the newlyweds and **Mrs. Kilgore**, may the Bluebirds of happiness never let you out of their sight.

FASHION SHOW..."Down Through The Ages" was the theme used for the "Spring Affair" fashion extravaganza last Sunday night in the Charlotte room of the John Yancey Motor Inn.

The success of this show was accomplished through the efforts of **ERNEST MACKEY** of Ernest Ltd. Modeling Agency, along with **Jackie Grier** and **Ernest's** very attractive models.

The theme was garnered with fashions depicting styles from 1935 thru 1978, and was very apropos since the 30's and 40's fashions are returning for '78. The garments modeled were from **The Bad Man**, **Franklin-Simons**, **Lucille-Vogues**, **Fancy That**, **T Edwards**, **Penny Rich** and **ETC. Boutique**.

The lovely and soothing voice of the charming **Loretha Hodges** was perfect for such an occasion and to the enjoyment of **Margaret Sellers**, **Jeannette Gamble**, **Linda Kennedy**, **Mr. and Mrs. James Grier**, **Jacqueline Pettis**, **Mr. and Mrs. Clayton Culberson**, **Betty Sayles**, **Vickie Cohen**, **Corrine Price**, **Mr. and Mrs. John Blackwell**, **Emily Blackwell**, **Lena Thompson**, **Zelma Sullivan**, **Sarah Carrothers**, **Bellbenia Nance**, **Mr. and Mrs. Grady Sharps**, **Veola House**, **Rene Williams**, **Sharon Razor**, **Karen Cureton**, **Valeria Fee**, **K.M. Fee**, **Theresa Filmore**, **Delores Sayles**, **Jade Hodges**, **Sherrill Biddle** and **WSOC** newsman **Art Norman**.



LOVELY LOS BRAVOS

They are left to right, **Jane Hines**, **Hazel Doris McClure**, **Connie McGriff**, **Rosalind Lewis**, **Jeanette Alexander**, **Patricia Stinson**, **Nero** and **Gwendolyn Taylor**.

Los Bravos Sponsor "Ball"

By **Dianne Simpson**, Post Staff Writer
The Los Bravos Club, a social as well as civic organization, is extending its celebration of the card, candy and flowers-giving Valentine's Day by sponsoring its annual

Sweetheart's Ball. Saturday evening, February 18 at the Charlotte Civic Center marks the date and locale of this gala event.

There are 10 lovely contestants competing to be crowned Miss Sweetheart for 1978 as

beautiful **Ms. Gloria Taylor**, 1977 Los Bravos Sweetheart Queen, relinquishes her crown. Music for this event will be furnished by the Capital Recording Artists BRIEF ENCOUNTER.

The crowning will take place during intermission with **Randolph Houston** being Master of Ceremony. Those competing for the crown will go through a process of raising funds. These funds will be used to carry forth the numerous charity projects that are being sponsored by the club within the Charlotte-Mecklenburg County and the surrounding communities.

The one raising the most funds will be crowned queen. First and second place winners will receive cash prizes and all contestants will receive plaques as tokens of appreciation by the Los Bravos Club.

Mrs. Connor Quizzes Hill Members

Members of the Druid Hill Garden Club were quizzed by **Mrs. Minnie Connor**, chairperson of the program committee, on flowers in its

Garden Club

Sponsors

Grapefruit Ball

The home of **Mrs. Lois Scott** on 1615 Taylor Avenue was the scene of gaiety and sheer laughter as it housed the grapefruit party sponsored by the Washington Heights Garden Club.

Many games were played during the occasion. Inclusive of the games was Bingo with the winners consigned gifts and fruits. Fun was intensified as pictures were taken of the members and guests.

Members of the club attending the party were: **Mrs. Gertrude Williams**, **Mrs. Cora Gaither**, **Mrs. Maude Smalls**, **Mrs. Lillie M. Carter**, **Mrs. Ethel Choate**, **Mrs. Jessie Hamlin**, **Mrs. Lois Scott** and **Mrs. Viola Allison**.

Guests at the party were: **Mrs. Maggie Jones**, **Mrs. Wilhemina Mitchell**, **Mrs. Willie McClain**, **Mrs. Ella Wee Rurie**, **Mrs. Edna Hall**, **Mrs. Myrtle Sloan**, **Mrs. Luteshia Cureton**, **Mrs. Mattie Butler**, **Mrs. Linnie Moore**, **John Carter**, **Mrs. Fannie Glover**, **Mrs. Julia Pharr**, **Ernest Williams**, **Mrs. Mary Earl**, **Mrs. Elizabeth Neal**, **Mrs. Annie Mae Black**, **Mrs. Mary Hinten** and **Mrs. Ida Ruth Withers**.

NEW BLOOD TEST
A research technique for which the Nobel Prize in medicine was awarded last year has been used experimentally to improve the ability of a standard blood test to detect prostate cancer, a common malignant tumor in men.

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Happiness Through Health Cigarettes Classified As

More Addictive Than Heroin?

By **Otto McClarrin**
Cigarette smoking is more addictive than heroin, according to **Dr. Robert Dupont**, director of the National Institute of Drug Abuse.

In fact, he says cigarette smoking is so addictive that two-thirds of all people who have ever smoked cigarettes are still addicted and smoking every day. That's a higher rate of addiction than heroin or alcohol or barbiturates or any other drug, he says.

Cigarette smoking is addictive; not just habituating as smokers have always been assured in the past. The distinction is crucial. It means that to quit, a smoker not only has to break a habit, but must also overcome withdrawal symptoms that propel him back to smoking unless he is powerfully motivated to stop.

Joseph A. Califano, Jr., Secretary of Health, Education and Welfare, recently announced a major initiative aimed at discouraging Americans from smoking. In a memorandum to all HEW employees, he stated, in part:

"The enormous toll of death and disability related to the smoking of tobacco products has established it as the leading preventable cause of death in the United States today. In 1977 alone, over 300,000 people died prematurely from cancer, heart disease, and lung disease attributable to smoking. Scientific evidence now indicates definitively that smoking is even more harmful than we thought it was 14 years ago when the Surgeon General's Report on Smoking and Health was issued."

Califano's new policy for HEW employees prohibits smoking in all HEW conference rooms, auditoriums, classrooms, libraries, eleva-

tors and shuttle vehicles. And to the extent that it is possible, efforts will be made to assign smokers and nonsmokers to separate and physically distinct work places.

Cigarette smoking is addictive. But that doesn't mean that it's hopeless. Smokers can quit. One-third of them have stopped. But tobacco use should be treated "as an addictive disorder," advises **Dr. Dupont**. The kind of therapies effective in alcoholism and drug abuse - primarily self-help groups with close supportive relationships on a one-to-one basis - can work for those who really want to shake the hold smoking has on their lives.

NEW SPECIAL USE FOR ASPIRIN

The chances of getting blood clots, one of the most common complications of surgery, can be greatly reduced by moderate doses of aspirin, a new study indicates. The Harvard Medical School showed that after hip surgery, men who took four aspirin tablets a day had only a third as many cases as expected of dislodged blood clots floating through their veins.

"This is the first rigorous, scientific documentation that aspirin does provide protection against the development of blood clots in a high risk group of patients," **Dr. William H. Harris**, who directed the study, said.

Such clots frequently form in the veins of surgery patients who are over age 40. They can be fatal if they lodge in the lungs, and about 47,000 people die from this in the United States each year.

However, the study showed that the aspirin treatment works only for men. Among women, the risk remains the same, whether or not they took aspirin. The doctors could not explain this difference. Doctors elsewhere are trying to find out whether aspirin also prevents the formation of blood clots in arteries. These clots can lead to heart attacks and strokes.

CANCER WARNING
Cancer-causing agents can be formed in charcoal broiled food, the director of the National Cancer Institute said recently.

"It is safer to broil food or to poach food than to charcoal broil it," **Dr. Arthur C. Upton** said recently. "We have evidence that in broiling food we form the cancer-producing substances in the process of cooking."

He stated further that "We think at least two kinds of substances are formed in broiling. One is related to the tar that one gets in the cigarette smoke condensate. Cooking, the charring of the surface of the food, produces this tar fraction."

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