

## Alternative School Registration

Applications for Charlotte-Mecklenburg alternative schools will be accepted from February 15 - March 16.

Application forms may be obtained at any public school. Completed forms should be sent to the Pupil Assignment Office, Charlotte-Mecklenburg Schools, P.O. Box 149, Charlotte, N.C. 28230 post-marked by March 16.

Alternative schools include Irwin Avenue Open (K-5), Piedmont Open Middle (6-9), Myers Park Traditional (K-6) and Elizabeth Tradition (K-6).

The open schools are those that offer the student an atmosphere of a less structured classroom. The individual student works on his own will, or self-motivation. The traditional schools, however, are more formalized than those that are conventional. The classroom work is more structured.

Some 2,190 students are enrolled in the four alternative schools this year. Those currently enrolled will have the option of remaining in the program. New students will be selected by lottery according to space available and racial ratios in each school.

For further information concerning the Alternative School Registration, you can contact Ann Brandt, 332-5114 or Clyde Pope, 372-8620 at EXT. 234.

## Saturday Travel

### By Air Will

### Be Cheaper

By Don Huskey  
Post Staff Writer

Saturday travel by air will be cheaper for groups of 20 or more in the near future, if the Civil Aeronautics Board approves a plan by Eastern Airlines to offer a low cost one day fare to New York, Washington, and Philadelphia.

E.J. Bennett, Eastern manager of passenger sales at Douglas Airport said that the request was prompted by light passenger loads on Saturdays. "We have a substantially reduced number of passengers on Saturdays because we serve a business market, and most business people tend to be home with their families," Bennett continued.

The one-day group 20 plan from Charlotte to Washington or Philadelphia is \$60 round-trip and for a trip to New York group members would pay \$70. By contrast, the regular roundtrip coach fare to these cities is \$102, and \$142 respectively. The group may fly to its selected city on Saturday morning and return on an Eastern flight departing before 11:59 the same day.

"This fare is designed to help groups of all kinds from universities, schools, and special interest groups. Groups can take advantage of the wealth of educational experience offered in cities like New York, Washington and Philadelphia," said Bennett.

Eastern plans to offer low fare rates from March 4 to December 15, 1978, if the plan is approved.

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**GOODWILL INDUSTRIES DRIVE**-Louise Mills, seated, accepts a bag containing household items from (left to right) Boy Scout

## Scouts Scout For Goodwill

By Don Huskey  
Post Staff Writer

On last Saturday, nearly 2000 Boy Scouts and Cub Scouts from all over Mecklen-

### Killian Named Training Supervisor

District Five Chief Francis L. Killian, 48, has been appointed Fire Training Supervisor for the Charlotte Fire Department. The appointment which was made by Chief John E. Lee, is effective immediately. Killian replaces R.L. Blackwelder who was recently named Assistant Chief for Operations.

Killian joined the Department in 1959 and was promoted to the rank of Captain in 1971. He became a Training Officer in 1972 and was promoted to his present rank in 1977. As Training Supervisor Killian will be responsible for directing all training operations for the department at the Fire Training Academy on

### Missouri Needs Black Teachers

Are you a black college graduate with the need for maybe a lifetime job with fantastic rewards and would be willing to relocate? Are you the kind of person who has a deep most understanding, concern and respect for the problems and potential of rural low income students? Then southeast Missouri is the place for consideration.

A coalition of four black parent and student organizations from three school districts are soliciting black educators and administrators to apply for positions at all levels and in all subject areas in the

burg County handed out paper bags to their neighbors, asking them to fill them with household items for Goodwill Industries.

Gene Kobel, district executive for the Mecklenburg County Boy Scouts said, "This year will be the 11th Annual Good Turn for Goodwill Drive in Charlotte. This project helps those persons with handicaps to receive employment and training through Goodwill Industries."

The annual drive is a community event involving civic groups, business, and the general public. The Charlotte Jaycees will be providing people and transportation to move the bags from over 20 locations to Goodwill's main facility on Freedom Drive. According to Marshall Sealey, Chairman of the project for the Jaycees, "Our members look forward to participating each year. This is our way of improving the quality of life in Charlotte."

On Saturday, February 18, the bags will be collected by the scouts and taken to fire stations in the area which will serve as central collection points.

To obtain a description of the schools and the area; a list of openings available at the present time; application forms for each school and a list of requirements for a Missouri teaching certificate, you can write to the Coalition for Black Teachers, Box 524, Hayti, Missouri, 63851.

Keep your out-of-town friends informed on what's happening in Charlotte by sending them a copy of the Charlotte Post each week. The cost is only \$10 per year.



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## Doctors Ripping You Off?

By Therman E. Evans, M.D.  
Special To The Post

A recent U.S. Dept. of Health, Education and Welfare survey of this nation's doctors showed that, on the average, too many of them - white and black - do not give their patients medical counseling and advice.

The survey, compiled from information provided by the doctors themselves, shows a total of 645 million visits to doctors' offices from May, 1973, to April 1974.

Females' visit accounted for three out of five, or 60 percent. The average person made three visits, and 40 percent of all visits were of general and family practitioners.

Examples of the kinds of complaints that brought people to doctors: throat soreness coughing, a cold, fever, allergic skin reaction, and weight gain.

Of all the problems that brought patients to doctors' office, 80 percent were considered not serious by the doc-

tors themselves. That is, eight out of 10 people who visited the doctor's office would have gotten better even if they had stayed at home.

The treatments given to patients included one of, or a combination of, the following: lab tests, referral to another physician, psychiatric assistance, drug therapy, medical counseling and advice of these treatments.

Medical counseling and advice is most important in helping individuals assume more responsibility for maintaining their own health.

A good question here is: During how many of the visits did doctors give medical counseling and advice?

The survey results indicate that doctors either don't have, don't make, or don't take the time to give people medical and health information.

For example, the second most commonly cited patient's principal problem was throat soreness. The sore throat brought more than 20 million people to doctors' offices.

Through doctors, 89 percent of the time considered it not serious, or only slightly so, they treated it with drugs 81 percent of the time and gave medical counseling and advice only 10 percent of the time.

Similar statistical disparities between symptoms diagnosed as not serious and the prescribing of costly drug therapy exist, the survey revealed, in doctors dealing with the cold. Colds rank seventh among the 20 most common health complaints, coughing, fever, 11th; allergic skin reaction, 12th, and weight gain, 15th.

Since black people suffer most from serious and not so serious medical and health problems, they logically need medical counseling and advice most, but receive it less.

Instead, drugs are given along with the frequently heard statement: "Trust me and do what I say. I know what's best for you. I am the doctor."

What is the result? Ignorance results because individuals feel no need to learn how to maintain a healthy functioning body since "the doctor" has a medicine for all

their sicknesses. And ignorant of how to maintain a healthy functioning body, the individual is dependent on the medical system.

Doctors and other professionals in the medical system have not been inclined to educate lay people about disease and health, thus fostering ignorance. The ignorance fosters dependence which fosters further ignorance.

Don't be afraid to ask questions of your doctor. It is your body that's being worked on, it is your money being spent and it is your right to know what's happening.

If your physician refuses to clearly explain things to you, select another one.



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February is Black History Month, a time for a proud people to celebrate their heritage and honor those persons whose lives were dedicated to the attainment of human and civil rights. People like Dr. Martin Luther King Jr. and Hubert H. Humphrey.

They were partners in the interracial struggle - and each man retained his humanity through difficult and demanding times.

Speaking selflessly, Senator Humphrey has a special place at North Carolina Mutual. He helped us make history when, as Vice President, he delivered the dedicatory address at the opening of our new Home Office building in 1966.

Our lives were enriched by their presence and we would do well to pause this month and rededicate ourselves to the premise that their dreams live on.

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