

Local YWCA HPER Director Joins Dayton Rockettes

by Sherleen McKay
Post Staff Writer

Joy Holman, YWCA Director of Health, Physical Education and Recreation (HPER), has been selected to play with the Dayton Rockettes, a professional women's basketball team.

Joy resigned from the YWCA last week and departed Tuesday to go to Dayton, Ohio. Commenting on leaving, she said, "It's really nice here and I like what I'm doing, but I want to play ball."

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The Rockettes originated several years ago when coaches were sent out to different colleges to observe potential players, who were then sent to Columbus, Ohio to be seen in action by a scout from the National Scouts Association. A player's statistical record, point average, height, weak and strong points were also taken into consideration for selection.

This year the Women's Professional Basketball League consists of 18 players.

A Physical Education major and a 1978 graduate of Benedict College, 22-years-old Joy has been at the YWCA on Park Road for five months. Even though, she had no previous experience, she said, "I had the basic skills they were looking for."

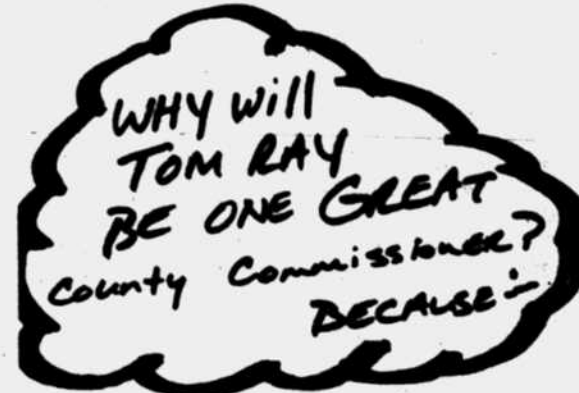
Joy teaches an exercise class with students ranging in age from over 50 all the way down to pre-school tumbling. Her other exercise classes consists of racketball, tennis and trim gym.

While at Benedict, Joy played on the basketball team which mostly played colleges in the surrounding region as well as Barber Scotia.

After graduating, she was unable to find a position in Columbia. Through her placement officer, she was referred to her present post in Charlotte.

"The 'Y' has bent over backwards to help me," Joy said. "My co-workers helped me out a lot and I'm grateful to them."

Joy said that working at the YWCA made it very convenient for her to keep in practice and that is how she spent most of her free time.



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Helped In Establishing:

- Legal Aid Society
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- Charlotte Housing Authority
- Mecklenburg Selective Services
- National Council of Christians and Jews

POLITICAL:

- Democratic Men's Club
- YDC

MS. HIGGINS BOND

Free lance illustrator

Watch For The Kings....

They Are Coming Soon!

by Susan Ellsworth
Post Staff Writer

Watch for the kings—they're coming soon!

Followers of black history, art appreciators and those who just want something interesting to do will be treated to a week-long art exhibit during mid-November that will feature eight "Great Kings of Africa," as depicted by noteworthy black artists.

These art works were commissioned by Anheuser-Busch, brewers of Budweiser beer, to commemorate famous black kings who have been ignored by historians.

Higgins Bond, the only woman artist and painter of two of the king's portraits will be in Charlotte the weekend the exhibit opens.

As a freelance illustrator, Ms. Bond, 26, declared the paintings of Mansa Musa, King of Mali and Akhenaton, Pharaoh of Egypt, among the most enjoyable works she has done.

While researching these two kings, Bond discovered that Akhenaton's face was slightly deformed.

"My challenge was to paint the deformity realistically and yet to make him attractive, haunting, and majestic as is characteristic of Egyptian art," Bond explained.

Akhenaton's city, Tell el Amarna has since degenerated to rubble.

"It was my task to envision the city alive again in all its splendor," Bond enthusiastically commented.

Higgins Bond lives with her husband and three year old son in Teaneck, New Jersey.

The paintings will be on display on the following dates, locations and times:

Nov. 12-Johnson C. Smith University, Student Union-12:00-7:00 p.m.

Nov. 13-Spirit Square, Afro-American Cultural Center-9:00-5:00 p.m.

Nov. 14-Spirit Square, Afro-American Cultural Center-9:00-5:00 p.m.

Nov. 14-"Happening", Spirit Square Entertainment Place-8:00-10:00 p.m.

Nov. 15-N.C.N.B. Lobby-9:00-4:00 p.m.

Nov. 15-UNCC Cone Center, John Paul Lucas Room, "Happening"-6:30-9:00 p.m.

Nov. 16-UNCC Cone Center, John Paul Lucas Room-10:00-5:00 p.m.

Nov. 17-CPCC, Taylor Building-10:00-5:00 p.m.

John Noel Will Serve

As Visiting Professor

CONCORD.—John V. Noel, Division Sales Manager for Avon Product Inc. of Newark, Del., will serve as a visiting professor at Barber-Scotia College, Thursday and Friday, Nov. 2-3.

Noel's visit to the campus is sponsored by the National Urban League's Black Executive Exchange Program (BEEP).

Noel will be lecturing to classes in the Center for Business and Economic Development during his stay at Barber-Scotia College.

BEEP, now in its tenth year, offers credit-bearing courses in various business and scientific disciplines during the Fall semester of 1978. Each week professional black men and women from across the country are sent to the schools participating in the BEEP program by their companies and government agencies to supplement academic theory with their on-the-job know-how and to serve as success models to participating students.

At Avon, Noel directs the activities of 3,500 representatives with combined annual sales in excess of \$8 million.

A business administration graduate of Widner College, Noel also studied at Hampton Institute and earned his M.B.A. degree at Widner College.

WINTER DRYNESS

Winter is a dry time in most houses.

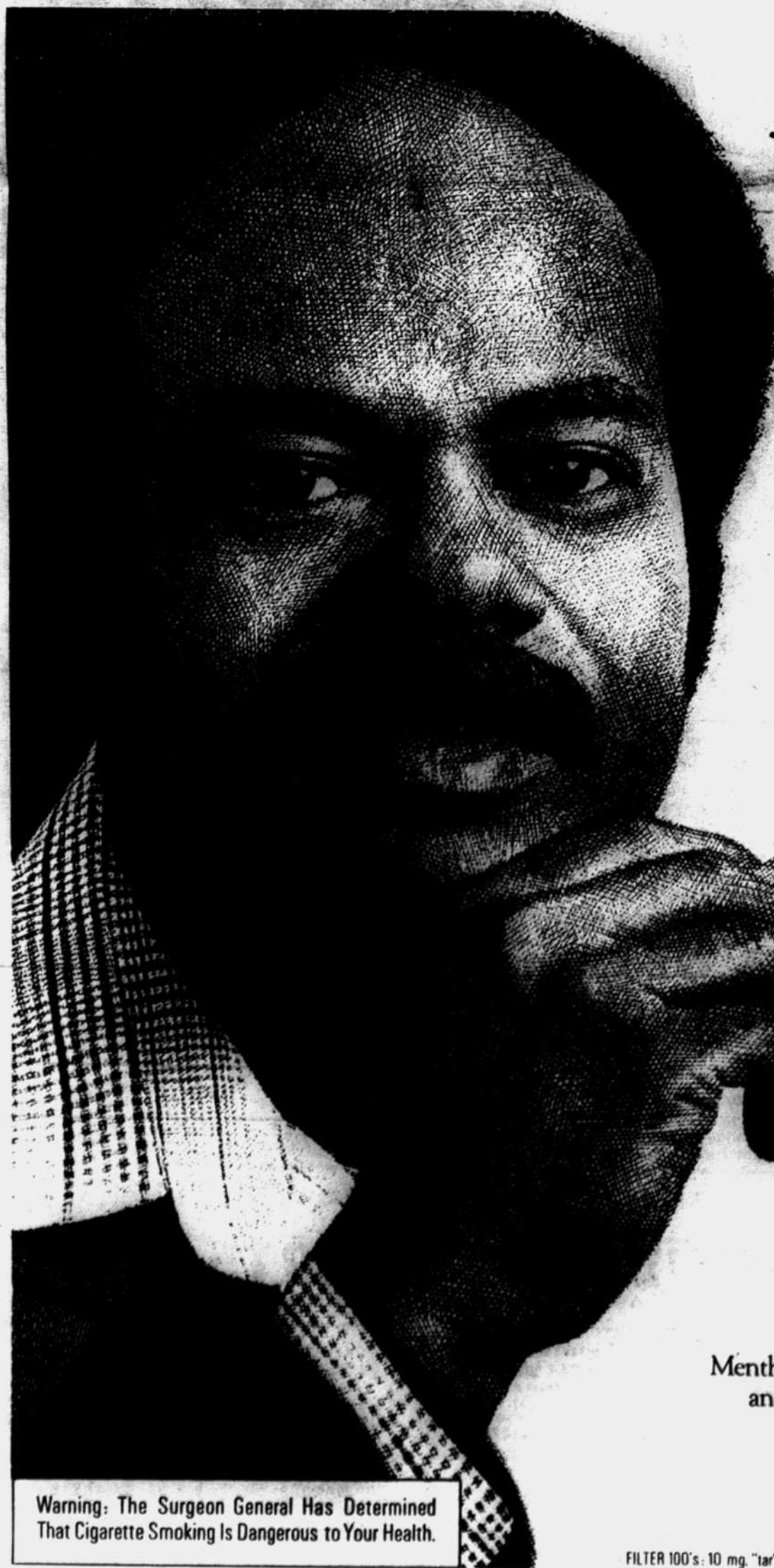
You feel it when your nose and throat dry out and become sore and you can catch a cold from it, according to agricultural extension specialists at North Carolina State University.



MAXWELL

DEMOCRAT
FOR
CONGRESS

Paid for by committee to
Elect Maxwell



'For me, a big issue in smoking is taste.'

"Low tar is one thing, but taste is still a big issue. Ever since the stories started about high tar, I started looking for a low-tar cigarette that was high in taste."

"Easier said than done."

"I tried a lot of low tars. And what they were really low in was taste. Then I tried Vantage."

"Vantage has all the taste of the cigarette I used to smoke, with about half the tar."

"With my old high tar brand I always smoked for taste. Now with low-tar Vantage, I still do."

Alex Harris

Alex Harris
Philadelphia, Pennsylvania



Menthol, Regular,
and Vantage 100's

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

FILTER 100's: 10 mg. "tar", 0.8 mg. nicotine, FILTER, MENTHOL: 11 mg. "tar", 0.8 mg. nicotine, av. per cigarette, FTC Report MAY '78.