

Early Pregnancy Classes Set

Early pregnancy classes for everyone in the first half of pregnancy who lives in the Charlotte area will begin on the first Tuesday of each month (except on holidays) and will continue on consecutive Tuesdays, from 7:30-10 p.m. at the Albermarle Center.

The three classes will be led by certified childbirth educators and a certified La Leche League leader, with opportunities for discussion and questions. Couples are encouraged to come to class together if possible and to dress comfortably because the classes will be informal.

During the first two sessions, the following topics will be discussed: The nutritional needs of mother and fetus, fetal growth and development, emotional and physical changes of pregnancy, effect of pregnancy on marital relationship, how sex is affected by pregnancy, myths about pregnancy, motherhood and fatherhood, and how to feel and look better during pregnancy.

The third class will discuss breast-feeding and will be for both the couple who has already decided to breastfeed and the couple who is undecided.

A fourth class may be added at no further cost. The first two classes cost \$10 and the whole series is \$15 which is tax deductible.

To enroll, you may ask your physician or call Alice Caldwell at 373-1978. The Albermarle Center is located on 4822 Albermarle Road, Suite G30 (2 blocks off East Independence Blvd and side entrance nearest E. Independence Blvd).

Santa's Bag

Santa's Bag, a mini-shopping center for kids 12 and under, will be open four days this year - November 30 and December 1-3. There'll be a variety of handmade Christmas gift items priced from 25 cents to \$20 with elves to help the young shoppers. No moms or dads will be allowed to go

along. But, there will be coffee and more handmade items to keep them occupied while the children shop and visit Santa Claus.

Santa's Bag is located at 1017 E. Morehead Street.



ERIC ALSTON LISTENS INTENTLY TO
...Community development specialist Lee Mason

New Black Organization

Dedicated To Serving Veterans

by Sherleen McKay
Post Staff Writer
The National Black Veterans Organization, a nonprofit tax-exempt leadership organization is dedicated to serving the interest of veterans and their families by serving as an advocate for all veterans, particularly black veterans. NBVO was founded in reaction to a leadership vacuum caused by years of neglect from institutions which failed to encourage black leadership, according to Eric Alston, community affairs person for NBVO.

NBVO advocates the improvement of the quality of life for veterans and their families. In their efforts to provide progressive avenues to achieve some relief of the growing unemployment facing veterans and youthful family members, NBVO is developing and operating a wide range of programs and service activities.

NBVO is presently operating manpower, economic development, recycling, weatherization, veterans service and related programs for veterans, youths and disadvantaged unemployed workers in Washington, D.C. and Los Angeles, California. These programs are being financed

through contributions and federal and local government grants and contracts totalling more than \$1 million a year.

NBVO receives contributions from veterans, individuals and groups, who express concern and interest for NBVO organizational policies on a Contributing-Supporter status. There are no annual membership dues. Recently the Board agreed on a policy that makes all veterans members of this organization. The decision not to charge a membership fee or annual dues was largely an economic one. Larger numbers of minority veterans under 24 years of age could not afford to pay fees or dues, as more than 30 percent of this particular age group

are currently unemployed.

NBVO has instituted an outreach, job development, job

counseling and placement service to directly impact upon the soaring increase of unemployed among Vietnam-era veterans. To date NBVO has contacted 1,600 and placed 268 veterans in jobs. The program goals are: to contact and counsel 1,500 unemployed Vietnam-era veterans within the greater Washington, D.C. areas; to interview 500 unemployed Vietnam-era veterans and place them in unsubsidized jobs in the private sector; and to develop, create and assist in the creation of 200 additional jobs.

Freedom Mall

Sears Opens New Surplus Store Here

Sears, Roebuck and Company announced last week that it will open a new Surplus Store November 15, 1978, at 3205 Freedom Drive in the Freedom Mall Shopping Center.

The 25,000 square-foot facility will offer first quality surplus and discontinued merchandise at reduced prices, Store Manager Donald R. Long said.

"In addition, we will offer some selected items that have been reconditioned or slightly damaged." "These items will be appropriately identified and priced accordingly."

Mr. Long stressed, however, that Sears policy of satisfaction guaranteed or your money back will apply also to merchandise bought at the surplus store.

Unlike Sears' conventional stores, this will be a self-service facility with shoppers taking purchases to check-out lanes at the front of the store.

"Since what we get will depend on what is available in surplus, no item will be found on a regular basis," Mr. Long said. "However, new shipments will arrive almost daily. And we believe the changing assortment of merchandise at this store will appeal to shoppers looking for both good value and good variety."

The store will be open 10 a.m. through 9 p.m., Monday through Saturday and on Sunday from 1 p.m. until 6 p.m.

There are at least four things you should think about when buying storm windows—the frame finish, corner joints, sash tracks and weatherstripping, and hardware quality.

A plain aluminum finish will oxidize, reducing ease of operation and will be less attractive. An anodized or baked enamel finish is better, suggest NCSU agricultural extension specialists.

Mr. Long, a native of Rocky Mount, North Carolina, formerly served as Operating Man-

ager for Sears Surplus Stores in the Southern Territory. Jerry D. Thurma, Assistant

Manager, previously was Division Manager at the Sears Southpark store.

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