



MS. DELOIS RICKETT
...Installs telephones

DeLois Rickett Has

Unusual Occupation

by Susan Ellsworth
Post Staff Writer

"Everyday there's a new challenge with the many different people you meet!" exclaimed DeLois Rickett, 27, who has an unusual occupation for a woman—she's a telephone installer for the Charlotte Branch of Southern Bell.

Two years ago DeLois decided that she had become bored with her eight years of employment as a directory assistant and various types of clerks. She desired a change—a job that presented a challenge.

"I'm out doing a job that requires going up on rooftops, climbing telephone poles and carrying a ladder," De-

Lois explained, and continued, "I work in rain, hail and sleet."

The difficulties of her job don't dampen DeLois' spirit. "It's a hard job at first, it takes a lot of time to develop mechanical skills. It's hard, you have to stick with it," but I love it," beamed DeLois.

Is getting along with co-workers difficult for you because you're a woman, I asked.

"There's a fear of not being accepted, it takes time to grow on each other," replied DeLois.

Ms. Rickett is a native of Charlotte, single and wishes to continue as a telephone installer for at least ten more years.

Thanksgiving Day

Has Been For Dads

Traditionally, Thanksgiving Day has been for Dad. All those football games are right up his alley. But this year, TV-18 brings Mothers and children an alternative!

Kids, tune in at 2:30 p.m. for a movie special "Pinocchio in Outer Space." This animated feature tells the story of that delightful wooden puppet Pinocchio. This time, Pinocchio is looking for "Astro." This mysterious flying whale has been terrorizing the spacemen and Pinocchio learns from television that a big prize will be given for the capture of "Astro." Watch as Pinocchio goes for the prize.

Then at 4 p.m., see the Sid and Marty Krofft production of "Puff N Stuff." Jack Wild, Billie Hayes, Martha Raye and Mama Cass star in the delightful tale of a wee boy who discovers a talking boat. Follow his adventures to an

enchanted island.

The entire Thanksgiving afternoon will be hosted by the kids' favorite personality, Sonic Man. Join him as he brings Holiday greetings.

Thanksgiving night at 8:00 p.m., look back into a page of history as TV-18 brings you "The Plymouth Adventure." This film classic tells the story of the first Thanksgiving and the saga that surrounded it. Join Spencer Tracy, Gene Tierney, and Van Johnson as they unfold the tale.

Yes, Thanksgiving will be a special day for Mom and the kids.

Has your name been in the Charlotte Post lately? Keep us informed of what you are doing so that we can let your friends know by running it in Charlotte's fastest growing weekly.

HEW Tightening Its Standards For Funding Sterilizations

Health, Education, and Welfare Secretary Joseph A. Califano, Jr., issued regulations this week tightening its standards for funding sterilizations and assuring that funds are provided only when patients have given their voluntary and informed consent.

"These regulations are designed to respond to the concerns of many citizens, by strictly limiting the use of federal funds to sterilizations for individuals who knowingly and freely consent to them and prohibiting HEW funding of coerced and uninformed sterilizations or of sterilizations based on hasty decisions," Secretary Califano said.

"We will carefully monitor compliance with these regulations," Califano said. "We are instituting a bilingual education program to make certain they are understood."

The regulations, replacing rules published in 1974, make the following changes in standards that will govern and limit federal funding of sterilizations.

Only sterilizations that meet these standards can be funded with HEW funds: —An HEW-approved consent form, clearly and simply spelling out the nature and consequences of the operation in a language the patient understands, must be used. It will require certification by medical personnel that the patient has received, both in writing and orally, an explanation of the operation, advice about alternate forms of birth control, and assurances that no federal benefits will be lost if sterilization is refused.

—The waiting period between consent and sterilization must be at least 30 days except in cases of premature delivery and emergency abdominal surgery. Previous regulations required only a 72-hour waiting period. The wait is to allow for reflection and discussion with others, thereby reducing the possibility of hasty, uninformed decisions.

—To reduce the chances of sterilizations being chosen un-

der duress, a consent may not be obtained from anyone in labor of childbirth, under the influence of alcohol or other drugs, or seeking or obtaining an abortion.

—Interpreters must be provided where there are language barriers, and special arrangements must be made for handicapped individuals.

—Federal funding will not be available for hysterectomies performed for sterilization purposes. Patients undergoing hysterectomies for medical reasons must be advised orally and in writing that sterility will result, in order for the operation to be financed with HEW funds.

—A distinction between therapeutic (medically indicated) and non-therapeutic (family planning) sterilization is eliminated and safeguards are applied uniformly to all federally funded sterilizations.

—Federal funding will not be available for sterilizations for individuals institutionalized in correctional facilities, mental

hospitals or other rehabilitative facilities.

—The prohibition against using federal funds to pay for sterilizations of mentally incompetent individuals and those under 21 is continued.

Califano said, "The new standards will take effect in 90 days. They will apply to all sterilization procedures paid for by Medicaid and family planning programs funded by HEW, as well as to sterilizations performed on facilities operated by the Public Health Service and the Indian Health Service."

HEW-funded sterilizations account for about 10 percent of all sterilizations performed in this nation. The Department paid for some 100,000 sterilizations in 1975.

"It is my hope that the spirit of these regulations will be adopted by all who would perform or recommend sterilizations that are not paid for by HEW, so that no person will be denied the ability to

receive or father a child, if she or he is uninformed or makes a hasty decision," Califano said.

Purchase Turkey With

Eye Towards Servings

How many servings can you get from a turkey?

When buying turkeys 12 pounds and under, allow 3/4 to 1 pound per person, say specialists with the North Carolina Agricultural Extension Service.

For medium or heavy turkeys over 12 pounds, allow 1/2 to 3/4 pound per serving. Correct cooking and carving can also increase the number of servings.

APPLIANCE LIFE
Before you replace an old appliance that needs repair, consider its life-span and decide whether it's cheaper to spend money for the cost of repairs or buy a new one. Here's a life-span list for

some common household appliances from NCSU agricultural extension specialists:

Sewing machine, 23 years; upright vacuum cleaner, 17 years; gas or electric range, 16 years; refrigerator, 16 years; toaster, 15 years; freezer, 15 years; tank vacuum cleaner, 15 years; clothes dryer, 14 years; automatic washer, 11 years; television set, 10 years; wringer-spinny washer, 10 years.

DOLLAR VALUE
The services of today's housewife are worth over \$17,352 a year. The salary figure is based on a number of research studies by the Council of Family Life Institute.

A&P Wishes You A Happy Thanksgiving

SHOP AHEAD! A&P WILL BE CLOSED THANKSGIVING DAY! OPEN REGULAR HOURS ON FRIDAY, NOV. 24

U.S.D.A. INSPECTED GRADE "A"

YOUNG TURKEYS

10 TO 16 LBS. YOUNG TURKEYS LB. 78¢

18 LBS. AND UP LIMIT ONE PLEASE

68¢

BAKING HENS

U.S.D.A. GRADE A

69¢

BUTTERBALL TURKEYS

SWIFT'S YOUNG

88¢

BUTTER BASTED YOUNG TURKEYS

CONVENIENT POP-UP TIMER IN EVERY PKG.—A&P

78¢

SMOKED HAMS

A&P QUALITY TENDER FULLY COOKED

98¢

COUNTRY HAMS

HANCOCK BRAND

\$1.59

RIB ROAST

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF

\$1.99

TURKEY BREAST

U.S.D.A. INSPECTED GRADE "A" SELF BASTING

\$1.28

SLICED BACON

MARKET STYLE

\$1.19

PEPSI COLA

DIET PEPSI, PEPSI LIGHT, MOUNTAIN DEW OR

\$1.69

MILLER LITE BEER

CTN. OF 6 12 OZ. ONLY

\$1.69

TURKEY

U.S.D.A. INSPECTED GRADE "A" FRESH PORK

49¢

PORK CHOPS

QUARTER LOIN—SLICED

\$1.38

SPARE RIBS

FRESH PORK

\$1.38

BEEF LIVER

SLICED

78¢

THANKSGIVING FAVORITES

A&P CONFECTIONERS 10X SUGAR	1 1/2 BROWN SUGAR 2 PKGS.	69¢	MARTINDALE SWEET POTATOES	29 OZ. CAN	59¢
PIERCE MANDARIN ORANGES	11 OZ. CAN	39¢	MT. OLIVE KOSHER DILL STRIPS	24 OZ. JAR	79¢
TOWNE COOKBOOK CHERRIES	13 1/2 OZ. JAR	59¢	MT. OLIVE SWEET SALAD CUBES	12 OZ. JAR	59¢
ANN PAGE MIXED VEGETABLES 3	16 OZ. CANS	\$1.00	A&P DESSERT TOPPING SMOOTH WHIP	2 1/2 OZ. PKG.	49¢
VERY YOUNG SMALL LE SUEUR PEAS	17 OZ. CAN	39¢	STOVE TOP—CHICKEN RICE, CORN BREAD, PORK STUFFING MIX	8 OZ. PKG.	69¢
ANN PAGE APPLE SAUCE 3	16 OZ. CANS	\$1.00	STOVE TOP—CHICKEN TWIN STUFFING MIX	12 OZ. PKG.	\$1.39
ANN PAGE FRENCH STYLE OR CUT GREEN BEANS 3	15 1/2 OZ. CANS	\$1.00	ANN PAGE SMALL STUFFED OLIVES	5 1/2 OZ. JAR	79¢
ANN PAGE WHOLE KERNEL GOLD CORN	3 1/2 OZ. CANS	\$1.00	A&P HEAVY DUTY ALUMINUM FOIL	37 1/2 SQ. FT. ROLL	69¢
A&P QUALITY INSTANT RICE	28 OZ. PKG.	99¢	DIXIE SERENITY HOT CUPS	12 OZ. PKG.	59¢

You'll Do Better With A&P's FROZEN FOOD FEATURES

A&P REGULAR PIE SHELLS 2	2 CT. PKGS.	89¢	BREYER'S ICE CREAM	1/2 GAL. CTR.	\$1.69
A&P DESSERT TOPPING HANDI-WHIP	13 1/2 OZ. BOWL	69¢	TROPIC ISLE COCONUT	8 OZ. PKG.	39¢
MRS. PAUL'S SWEET POTATOES	28 OZ. PKG.	89¢	GREAT FOR THANKSGIVING—PLUMP RED RIFE CRANBERRIES	LIMIT 2 BAGS, PLEASE	39¢
ANN PAGE FRESH CRANBERRIES	1-LB. BAG	39¢	FLORIDA GROWN SWEET & JUICY ORANGES POTATOES	U.S. #1 RUSSET	99¢
ANN PAGE BUTTERMILK BISCUITS	10 CT. 8 OZ. CANS	69¢	GOLDEN SWEET POTATOES	4 LBS.	\$1.00
"Sorrento" Beautifully Decorated Cookware From Italy—At Fantastic Savings!	THIS WEEK'S FEATURED ITEM!		DECORATIVE & TASTY FRESH & GREEN PARSLEY	LARGE BUNCH	19¢
5qt. Dutch Oven	WITH COVER	\$1.49	FRESH COLLARD GREENS	LB.	39¢
			FRESH RED ROME APPLES	3 LBS.	\$1.00
			COUNTRY STAND SHOW WHITE MUSHROOMS	1-0Z. BOX	79¢
			FRESH CRISP GREEN PEPPERS	4 FOR ONLY	\$1.00
			CUCUMBERS		

You'll Do Better With A&P's BAKERY BUYS

JANE PARKER BAKE 'N SERVE FLAKY ROLLS

• CLOVERLEAF ROLLS • TWIN ROLLS

3 \$1.00

JANE PARKER DELICIOUS PUMPKIN PIE

OR SWEET POTATO MINCE MEAT

99¢

JANE PARKER FRUIT CAKE

• 3 LB. PKG. \$5.99 • 5 LB. PKG. \$8.99 • 3 LB. TIN \$8.79

\$3.49

1 1/2 LB. PKG.

A&P COUPON

PLAIN • SELF-RISING • UNBLEACHED

PILLSBURY FLOUR

SAVE 30¢

5 LB. BAG 59¢

LIMIT ONE WITH COUPON AND ADDITIONAL \$7.99 ORDER

A&P COUPON

ANN PAGE

MAYONNAISE

SAVE 21¢

68¢

LIMIT ONE WITH COUPON AND ADDITIONAL \$7.99 ORDER

A&P COUPON

CONTAINS RICH BRAZILIAN INSTANTS

EIGHT-O'CLOCK INSTANT COFFEE

10 OZ. JAR

\$3.49

LIMIT ONE WITH COUPON AND ADDITIONAL \$7.99 ORDER

1979 Sunbird

STOCK #121

NEW 1979 SUNBIRD COUPE

4-cylinder engine, power steering, power brakes, am/fm radio, white sidewall tires, bodyside moldings, sport mirrors.

SALE PRICE **\$4,199⁸⁵**

79 GMC

NEW 1979 GMC 1/2 TON 4WD PICKUP

STOCK NO. 531

SALE PRICE **\$6,199**

BARRIER & BECK

PONTIAC-GMC TRUCKS

5141 E. INDEPENDENCE BLVD.
536-1234
DEALER

YOU CAN WIN UP TO \$1000! PLAY \$1000 CASH CARDS!

2226,440 112,381

12 WAYS TO WIN

FREE TICKETS AND COLLECTOR CARD

CASH CARD	PRIZES
\$1000	1000
\$500	500
\$250	250
\$100	100
\$50	50
\$25	25
\$10	10
\$5	5
\$2	2
\$1	1

3000 CHART EFFECTIVE NOVEMBER 12, 1978

EIGHT O'CLOCK COFFEE

3 LB. BAG \$5.89

1 LB. BAG \$1.99

YELLOW CLING GREER PEACHES 2 \$1.00

25 OZ. CANS

A&P SWEET MILK OR BUTTERMILK BISCUITS 6 10 CT. 8 OZ. CANS 69¢

"Sorrento" Beautifully Decorated Cookware From Italy—At Fantastic Savings!

THIS WEEK'S FEATURED ITEM!

WEEK 7

5qt. Dutch Oven WITH COVER \$1.49

NO OTHER PURCHASE REQUIRED