

In Charlotte Marathon

Textile Worker To Run

For Equal Rights Group

by Eileen Hanson
Special To The Post
Textile Worker to run Marathon for Equal Rights Group
Twenty-six miles is a short ride, but it's a long way to run. For Kenneth Rose, the challenge is part of everyday life. A textile worker at Meiwu U.S.A., Rose will compete in the Charlotte Marathon on Sat., Dec. 16, joining some 2,000 other runners in a 26-mile race through the streets of Charlotte. At age 35, Rose needs to finish the course in less than 3 hours 15 minutes to qualify for the famous Boston Marathon in April.
Rose looks on the challenge as more than another race. "I want to encourage other blacks to run. Right now there are very few black marathon runners in Charlotte," said Rose. He would like to start a Martin Luther King, Jr. Marathon some day.
He is also running to raise money for the Charlotte Equal Rights Council, a local umbrella organization concerned with equality and economic justice for minorities women and all working people. Sup-

porters will pledge an amount (10 cents and up) to the E. R. C. for each mile Rose runs.
Although busy with his job and union activities, Rose rarely misses an opportunity to run. He starts off the day with a 6-mile run from his home at 616 Peaceful Glen in Randlewood to the Meiwu plant in Arrowood Industrial Park. At lunch, he puts in another 4 miles, and later takes a 2-mile "break."
If you get up early on Saturday morning you'll find him running up I-77 to LaSalle Street, and then back down Statesville Ave. and through town for a 26-mile course. Each time he gets a little closer to his 3-hour goal.
"Running is a way of life for me," said Rose. "It's an outlet for every pressure that comes up at home and on the job."
Last year Rose ran his first marathon in 5 hours. His second was in Columbia, S.C. which he finished in 4 hours.
A union leader, Rose is also deeply involved in Local 1781 of the Amalgamated Clothing and Textile Workers Union (ACTWU). He is a recording secretary of the local, and chairman of the shop committee and chief steward at Meiwu. He recent-

ly led the negotiations for a successful new contract with the Japanese-owned firm.
"It took a one-day strike, but with 100 percent of the employees outside the plant, the company didn't take long to settle it," said Rose.
He also finds time for family and church activities. His wife, Erbie, a clerk at United Parcel Service, and 4 children - Sharon, Lavonia, Kimberly and Kenneth - will be out cheering for him on Dec. 16.
Mrs. Rose occasionally runs with her husband around the track, but not in the races. "He runs because he likes it," she said.
The family belongs to Our Lady of Consolation Catholic Church, where Rose sings in the choir.
When asked what advice he would give new runners, Rose cautioned them to stay relaxed and start at a slow pace. "You have to build up to it. Do stretching exercises before and after running don't go too fast, and don't be tight," said Rose. "As for myself, I'm still very young at it."
To make a pledge on Rose's marathon run, contact the Charlotte Equal Rights Council, P.O. Box 31594, Charlotte, N.C. 28231.



Ken Rose will run the 26-mile Marathon on December 16, raising money for the Equal Rights Council. (photo by Eileen Hanson).

...A Subscription to the Charlotte Post will keep you informed of the news in your community.

Preps Face Heavy Schedule

by Chase Vance
Post Sports Writer
The Southwestern 4A Conference gets in the full swing of things Friday when the teams open their conference schedule.
Rebuilding East, coached by Reggie Thompson, will visit tough Harding. The Rams of Coach Pete Campbell are a seasoned unit, although much of the talent of last year's club has graduated.
In a big Eastside battle, the Garinger Wildcats of Coach Doug Kistler visit the Independence Patriots. The Wildcats are weakened after the loss of Al Kelly, James Holland, and Fred Coleman but have found strength in Frank Johnson and Gene Dunn. The Patriots are strong with big center Derrick Dewalt and hot sophomore forward Eric Boyd.
The Myers Park Mustangs headed by guard Ted Dunn and Center Banje Tate travel to West Mecklenburg to play the lowly Indians who appear to be headed for another dismal campaign.
The rugged North Vikings who average 6-2 in height will ease on their road to top rival West Charlotte. The Lions, coached by Charlie McCullough, are the conference favorite. Scotty Williams, Eric Givens, and Ron Stanley, guards, and Robert Leak will lead the Vikings charge. The Lions have center Ron Stanley, guards Wendell Anthony



Derrick Dewalt ...Patriots Center and Eric Berry, and forwards Darryl Broome and Frank Henderson in their arsenal. They have the most depth of any team in the county.

The Olympic Trojans travel to arch rival South Mecklenburg in a big one. The Trojans have been getting fire out of 6-5 center Greg Ardu and 6-1 guard Ricky Stevenson. This is a big game for both teams. The Sabres have sophomore sensation John Edwards at forward, Da Kouri at guard and Bry McKnight at forward to off the Trojans charge.
Games on Tuesday will be South at East, Harding Independence, Garinger Myers Park, North at W and West Charlotte at Olypic.

SUPPORT OUR ADVERTISERS!

...Sell Subscriptions For The ... Charlotte Post And Make Big Money!!! Call 376-0496



Skip Shipman ...Returns home Sheldon Shipman

Joins Blue Bears

Coaching Staff

SALISBURY-Livingstone College head basketball coach Fred Thomas has announced the appointment of Sheldon "Skip" Shipman as his full-time assistant coach.

Shipman, a standout performer at Salisbury High School, started at point guard on the 71-72 WNCCHA Champion and helped direct them to the title. He then earned a full-scholarship to the University of North Carolina at Charlotte.

A scrappy, tough defender, his quickness and poise on offense, earned him the designation as a key sixth starter and "Super Sub" for his numerous outstanding performances coming off the bench that helped Charlotte rise to national prominence under coaches Bill Foster and Lee Rose.

Shipman earned his Bachelor of Arts in Political Science and Religious studies in May 1976. He worked in the promotions department and as an analyst-consultant-announcer for WBTV in Charlotte before enrolling in the Hood Theological Seminary where he is pursuing his masters degree in Theology. Skip is married to the former Ann Tyson of Charlotte and resides at 924 West Monroe Street.

Coach Thomas feels that the addition of Shipman will help strengthen the teams defense as well as bring valuable experience from a winning program. Shipman will also be used as a scout and recruiter.

He is the son of Livingstone College President, Dr. F. George Shipman.

WANT RESULTS USE Post WANT ADS

Sears Automotive Center

Sale prices shown on this page good thru Sat., Dec. 23rd.

Wheel Alignment

We'll set caster/camber and toe, inspect front end and adjust steering. Includes air conditioned cars. Torsion bar adjustment when required.

Sears price **13⁹⁵**

Tune-up

We'll install points, condenser, rotor, air filter, PCV valve, Champion plugs. Set timing. Test cylinder balance, battery and starting system. Adjust carburetor-idle. Cleanout combustion chambers. Road test. Self-contained element air filter extra.

Most 4-cyl. **39⁸⁸**

Most 6-cyl. **44⁸⁸** Most 8-cyl. **49⁸⁸**

The above tune-up and alignment services not available in our Shelby store.

Brake job

We'll replace shoes or disc pads, brake fluid, brake springs and front oil seals. Turn and true drums or rotors. Rebuild cylinders or calipers. We'll also repack front bearings.

disc or drum **\$99**

Above service for most American-made cars. Not available in our Gastonia or Shelby stores.



\$28.28 to \$60.28 OFF

our Steel-Belted Radial tires in sets of 4

165-13 whitewall each and old tire **39⁸⁸** plus \$1.74 Federal Excise Tax each

Two steel belts and two strong radial plies combine to help keep tread flat on the road for traction, smooth handling, fuel efficiency. Great Sears values!

Sears Steel Belted Radial and old tire	also fits	Regular price ex. whitewall	Sale price each whitewall	plus F.E.T. each
165-13	AR78-13	\$46.95	39.88	\$1.74
175-13	BR78-13	\$53.95	44.88	\$1.96
185-14	ER78-14	\$63.95	53.88	\$2.27
195-14	FR78-14	\$68.95	57.88	\$2.47
205-14	GR78-14	\$72.95	61.88	\$2.69
215-14	HR78-14	\$79.95	67.88	\$2.91
165-15	6.00R-15	\$53.95	44.88	\$1.98
205-15	GR78-15	\$76.95	64.88	\$2.80
215-15	HR78-15	\$79.95	67.88	\$3.09
225-15	JR78-15	\$85.95	72.88	\$3.29
235-15	LR78-15	\$95.95	80.88	\$3.46

Mounting and rotation included

Ask about Sears credit plans

Bias-ply tire values

A78-13 blackwall and old tire **\$18** plus \$1.49 Federal Excise Tax

Sears Goodmans and old tire	Sears price blackwall	Federal Excise Tax
A78-13	\$18	1.49
B78-13	\$21	1.77
C78-14	\$28	1.93
E78-14	\$28	2.13
F78-14	\$29	2.26
G78-14	\$31	2.42
H78-14	\$33	2.58
H78-15	\$33	2.65

Save on Superwide XSS 70 the raised white letter tire

A70-13 RWL ea. and old tire **31²⁵** plus \$1.73 Federal Excise Tax

Superwide XSS 70 RWL and old tire	Regular price blackwall	Sale price blackwall	plus F.E.T.
A70-13	\$37.00	31.25	\$1.73
E70-14	\$43.00	36.50	\$2.42
F70-14	\$47.00	39.75	\$2.57
G70-14	\$48.00	40.75	\$2.71
G70-15	\$49.00	41.50	\$2.82
H70-15	\$52.00	44.00	\$2.96

\$23 to \$32 off sets of 4. save on singles, too. Four polyester plies.

Sears
SEARS, ROEBUCK AND CO.

Where America shops for Christmas Gifts.

Satisfaction Guaranteed or Your Money Back

CHARLOTTE DOWNTOWN
ROCK HILL MALL, S.C.

CHARLOTTE SOUTHPARK
CONCORD-KANNAPOLIS

SPARTANBURG S.C.
HICKORY VALLEY HILLS MALL

GASTONIA DOWNTOWN
GREENVILLE S.C.

SHELBY DOWNTOWN

All Stores Open Every Night . . . Monday thru Saturday