

DENTAL

HINTS

Brought To The Community
by Spurgeon W. Webber
D.D.S.



Dr. S. Webber

Most people worry more about dieting and ways to lose weight, to stay thin or become more attractive, than they worry about dental needs. If you get right down to real values— attractiveness if you want to put it that way— what could be less attractive (less romantic) than a person who cannot smile... or one who does smile displaying teeth badly in need of dental care? Thin or heavy, a person like this turns off people around him-her!

It is estimated that 98 percent of all Americans need some form of professional dental care, but only about 45 percent seek and ultimately complete their dental needs. Why? Two of the most-often reasons mentioned are fear; fear of the pain they may experience and fear that, when the dental care is completed, the dentist will present them with a sky-high bill without forewarning, detail or explanation.

For example, a large number of should-be patients fear mostly the injection of a local anesthetic into the gums, or extraction or extensive drilling procedures. Granted, injections anywhere in the body cannot be considered pleasing experiences, but consider how dental care was given in the early days and you may come to appreciate more fully the ease of living in today's world of progress.

Before the advent of effective dental anesthetics, drilling was usually done with little effort expended by the dentist to lessen the pain. Extractions were accomplished with instruments that would seem, by today's standards, to resemble equipment from a Dark Ages torture chamber. One of these was called "the turn-key."

Using this cumbersome device, and a twisting-turning process, a tooth was removed by exerting great power-of-pull, until there was no alternative but to come out. If the patient was lucky, he may have been given some kind of alcoholic beverage in sufficient amount to take the edge off the pain, but all too often the work was done cold-turkey! So, before putting off dental care you need, arm yourself with knowledge— "read-up" on it— and it will help you to appreciate the relatively painless professional care of today.

As to fear of a surprisingly high bill, any dentist is happy to give cost estimates after an examination, before your treatment begins, in fact, he would rather. He will want you to thoroughly understand your needs, and the reasons, before you ever start. He'll also want to explain the danger-risks of putting-off work that may be classified as "urgent" in your case.

Cutting Car Costs

Is Good Resolution

How does cutting car costs sound as a No. 1 resolution for 1979. It will probably sound good to most auto owners who are still counting the increases from last year and facing the certainty of more this year.

Start with the purchase cost. This is the largest expense of all, whether you consider the annual depreciation of the vehicle or monthly payments, point out N. C. Agricultural Extension Service economists. Consider buying a less expensive new car or a used car.

Other fixed costs include property tax and insurance. Property taxes and part of your auto insurance may go down each year as your car declines in value.

If the car is three or four years old, you might consider dropping collision or comprehensive coverage. But consider it carefully. Determine if your car is depreciated in value to the point that you are

willing to risk having to absorb the cost of any loss that might occur.

Some car costs vary according to how you drive, how much you drive and how well you take care of your car. Keeping up with regular maintenance schedules pays off. Check your owner's manual for frequency of oil changes and other up-keep.

You can do some maintenance yourself, but it is wise to know the limits of your skill. Most adults should be able to check the oil and water levels and check on some other items under the hood. Periodically, all hoses need to be replaced. You can feel when they are soft and cracked.

Use an air gauge to check tires. Tires wear out too soon if they aren't properly inflated. Proper balancing and rotating the tires can also help tires last longer.

When you buy tires, get the best quality you can afford.

Atlantic Gathers 30 RIAA

Gold And Platinum Awards

During 1978, Atlantic recording artists were awarded a total of 30 gold and platinum records by the RIAA. The announcement was made this week by Senior Vice President General Manager Dave Glew, who noted that this achievement is an excellent indicator of the current healthy state of the Atlantic Records family, with 1978 being the company's most successful year ever. "A dozen major artists spear-headed unprecedented sales patterns throughout the year, with the quintuple-platinum successes of Foreigner's "DOUBLE VISION" and The Rolling Stones' "SOME GIRLS" leading the way. In addition, a great number of our other artists showed substantial and impressive gains in their overall sales base."

Those albums certified platinum by the RIAA during 1978

Peaches & Herb

Will Headline

Soul Train

Soul Train this weekend, with Brass Construction, Peaches and Herb, and Captain Sky, will produce a stimulating hour of entertainment.

The innovative Brass Construction will play "Get Up" and "One To One." Classy, earthy, sweet and spicy, Peaches and Herb will sing "Shake Your Groove Thing" and "Reunited." Six-foot, six-inch Captain Sky will complete the show with "Wonder Worm."

In two years, the group's three albums have earned two gold and one platinum record. Its newest, "Brass Construction IV," is on its way to being another hit.

Peaches and Herb, making a comeback with a new Peaches, have recently released a new album, "2 HOT," in which they excitingly blend disco, pop, and rhythm and blues.

Captain Sky is a creative conceptualist. His "Wonder Worm" is a deviation from his earlier ballads and jazz.

Read the Charlotte Post each week.



Roberta Flack
...Going great

include: Foreigner's "DOUBLE VISION," The Rolling Stones' "SOME GIRLS," ABBA's "GREATEST HITS" and "ABBA: THE ALBUM," "TORMATO" by Yes, and Chic's "CEST CHIC." In addition, two 1978 releases, "ELAN" by Firefall and the Blues Brothers' "BRIEFCASE FULL OF BLUES," were officially certified platinum in the first week of January, 1979. Gold LP certification was awarded to:

"LEIF GARRETT," Roberta Flack's "BLUE LIGHTS IN THE BASEMENT," "ABBA: THE ALBUM," "CHIC," AWB's "WARMER COMMUNICATIONS," "...AND THEN THERE WERE THREE" by Genesis, the Trammps' "DISCO INFERN-O," "SOME GIRLS" from the Rolling Stones, Foreigner's "DOUBLE VISION," Yes' "TORMATO," "ELAN" by Firefall, Leif Garrett's "FEEL THE NEED," Chic's "CEST CHIC," and the Blues Brothers' "BRIEFCASE FULL OF BLUES."

On the singles side, Chic's "LE FREAK" became Atlantic's first RIAA platinum single, with gold certification awarded to Chic's "DANCE, DANCE, DANCE," Roberta Flack's "THE CLOSER I GET TO YOU" (with Donny Hathaway), "MISS YOU" by The Rolling Stones, ABBA's "TAKE A CHANCE ON ME," Foreigner's "HOT BLOODED" and "DOUBLE VISION," and Chic's "LE FREAK."

"Whether You Rent Or
Whether You Buy, You
Pay For The Place You
Occupy!"

CBS

1432 E. 7th St.

Charlotte, N.C. 28204

372-1340

BUY

SELL

EXCHANGE



FISH SPECIALS



Mixed Moons _____ 6 for \$1.00
Ass't. Swordtails _____ 3 for \$1.00
Guppies _____ 10 for \$1.00
Neons _____ 5 for \$1.00
Comets _____ 4 for \$1.00

Tiger Barbs _____ 2 for \$1.00
Mollies _____ 4 for \$1.00
Velvet Swords _____ 2 for \$1.00
Fancy Guppy _____ \$1.50 Pair
Zebras _____ 4 for \$1.00



TROPIC PETS

3400 WILKINSON BLVD. (In front of Family Dollar Store) Phone 392-5731
• OPEN DAILY 10-6, Fri., 10-8, Sun., 1-6 (Closed Wed.)