

Diabetes Claimed

300,000 Victims

by Susan Ellsworth
Post Staff Writer
(first in a series)

Diabetes claimed the lives of 300,000 victims last year. Millions more may die, and many victims are not aware they have the disease, according to statistics compiled by the Juvenile Diabetes Foundation.

Affecting more than ten million Americans, diabetes is increasing at a rate of 6 percent annually, disclosed researched reports.

A metabolic disorder, diabetes inhibits the body's ability to use insulin, which is needed to convert carbohydrates into energy.

An individual born today, living an average of 70 years has more than a one in five chance of contracting the disease, reports concluded.

There are two clinical types: Juvenile diabetes is the most severe form of the disease, said reports. It can appear at any age, although it is most common from infancy to the late 30s.

"A juvenile diabetic is anyone dependent upon insulin to stay alive," emphasized Mrs. Lucille Uzzell, a spokeswoman for the Juvenile Diabetes Foundation.

Maturity-onset diabetes usually begins later in life and is characterized by a slow progression of the disease and its complications.

Who is most vulnerable to diabetes?

Women are 50 percent more likely to have diabetes than men; non-whites 20 percent more likely than whites. Low income people (incomes under \$5,000 per year) are three times more likely to have it than middle income and upper income people. The chances of contracting diabetes increase for overweight people, revealed researched documents.

Diabetes is the third major chronic ailment of children, said the Foundation. Half of those victims die from kidney disease (a complication caused by the disease) within 25 years after diabetes has been diagnosed.

Symptoms, according to reports, can include increased thirst, frequent urination, weight loss despite increased appetite, itchy skin, cranky and irritable behavior, tired, drowsy or weakness often, blurry-eyed and slow healing of cuts or bruises.

"You don't have to be aware of all these symptoms to have diabetes," Mrs. Uzzell explained. "You just need to be suspicious enough to have some symptoms checked."

The only known treatment for diabetes at this time, according to the Foundation, is a combination of insulin therapy, diet and exercise.

(Next article in the series will discuss life expectancy and complications of diabetes.)



Norma Jean Rashid
Norma J. Rashid

Joins WRET-TV

Action News Team

Ft. Madison, Iowa native Norma Jean Rashid, 22, has joined WRET-TV's Action News team as reporter. She was formerly a morning anchor for WORD-AM Radio in Spartanburg, S.C.

Other experience has included positions as news director-morning drive anchor for WYCL-Radio, York, S.C. (1977-78) as well as news director-morning drive anchor and number-one rated afternoon drive air personality for KBKB radio, Ft. Madison, Iowa (1975-77).

A graduate of the University of Iowa, Ms. Rashid majored in broadcast journalism. While there, she achieved special recognition as producer-director of "George Gallup-A Documentary" aired on Iowa Public Broadcasting Network.

...12 Noon Tuesday is the deadline for placing your news items and photos in the Charlotte Post.

Carter Appoints

President Jimmy Carter appointed A. Maceo Walker Sr. along with five other persons as a member of the Small Business Conference Commission.

Mr. Walker, who is a graduate of Fisk University, is a member of the board of directors of the United Negro College Fund.

He was elected to the trustee board of Fisk University in 1962, to the board of trustees of Memphis State University Foundation in March of 1971 and to the board of trustees of Tennessee State University Foundation in July of 1973.



ALPHA KAPPA ALPHA SORORITY

The oldest Negro Sorority in America, the Alpha Lambda Omega Chapter of the Alpha Kappa Alpha Sorority Inc. celebrated its 50th anniversary Sunday with a luncheon and special presentation.

National president, Mrs. Barbara K. Phillips, the first North Carolinian to serve in that post, received a \$2,000 contribution from the sorority's local chapter in Charlotte.

Guests attending the celebration included

NAACP local chapter president, Alan Rousseau, and City Councilman Charlie Danally.

The Alpha Lambda Omega Chapter, a service-orientated organization also give support to the NAACP Legal Defense Fund. Donating to the NAACP at a convention held last summer was part of a national program conducted by the sorority.

(Photo by PEELER)

CMS Appoints Instructional

Coordinating Teachers

The Charlotte-Mecklenburg School System will appoint 89 instructional coordinating teachers to work directly in the areas and schools.

An instructional coordinating teacher will be assigned to each of the eight area offices and each of the 21 junior high schools. Sixty positions will be filled to serve elementary schools with one instructional coordinating teacher assigned to each of the larger elementary schools and smaller elementary schools sharing a coordinating teacher. These are ten-month positions to be paid on the teacher salary schedule.

These are not additional positions but will take the place of reading teachers, resource and helping teachers, etc. who will be reassigned and may apply for the new positions.

The area instructional coordinating teachers will work under the direction of the area superintendents and help coordinate all programs, kindergarten through twelfth grade. They will work closely with principals and instructional coordinating teachers in the schools and with the curriculum, human resources and pupil support departments.

Junior high and elementary instructional coordinating teachers will work under the direction of the principals and help diagnose curriculum needs, assist teachers in instruction, conduct workshops, interpret the schools' instructional program to parents and the general public, etc.

The school system is also filling vacancies for transportation specialists. By reassigning four transportation specialists, filling one vacancy and adding five new positions, the system will have a transportation specialist in each of the ten high schools.

The transportation specialist assists the principal in carrying out a safe and efficient transportation program; recruiting, screening and selecting drivers; bus routing; inspecting buses, etc. These positions are being advertised in the schools this week. The CMS Office may be contacted

for additional information.

Queens College

To Host Youth

Programs

The nationwide youth programs will present a regional program May 25 and 26 at Queens College Charlotte, North Carolina.

This program of audition and competition in the performing arts will involve young people from 5 to 25. The Little Miss Program is from 5 to 12.

In vocal, dance, baton, acrobatic, instrumental and variety. Super stars are age 13 through 18 both male and female; same categories. Top model jr. ages 14 through 17, and Sr. division 18 through 25. Youth Country Music for male and female age 8 through 18, 19 through 25.

Clinton Chapel Has Served

Area For Six Generations

By Susan Ellsworth
Post Staff Writer

For six generations, black people have come together to worship at the Clinton Chapel AME Zion Church.

Founded in 1864, the 115 year old Clinton Chapel is the oldest black church in Charlotte.

This Methodist church was first located in the Mint Street area on land donated by Mrs. Annie North. Various religious denominations had roots in the Clinton Chapel.

Named after Bishop J.J. Clinton, the church was organized by Rev. E.H. Hill who served as its first pastor.

During the Civil War the Clinton Chapel was considered "a major place of worship for all black people in Charlotte," according to Rev. Morgan Tann, the church's present pastor.

The Clinton Chapel moved to another location on South Mint Street under the direction of Rev. K. Melvin Taylor after Duke Power Company purchased the land the church was then located on in the 1950s.

Rev. Taylor supervised the church's second relocation in 1966 to its present home on Rozzells Ferry Road.

Succeeding Rev. Taylor in

1968, Rev. Morgan Tann became pastor of Clinton Chapel AME Zion Church.

Through his leadership and efforts the church's mortgage was paid in full two years ago.

Associate ministers of the Clinton Chapel are the

Reverends Alice Johnson, Mayo Rich and William Wilson Sr.

The church will hold a celebration this summer to commemorate its 115th anniversary.

Simpson Is Livingstone speaker

Carole Simpson NBC News Correspondent, was guest speaker at the all college assembly for Livingstone College in the Varick Auditorium on Friday Morning.

Miss Simpson's vast experience in covering the news angle of social problems is from a different perspective than most others. She has coolly handled touchy and potentially volatile subjects as minority problems, a fair deal for the elderly riots, and problems in housing, education and welfare. She talked about these subjects with candor and insight.

A 1962 graduate of the University of Michigan School of Journalism, Miss Simpson had once been denied admission to North Western University in Evanston, Ill., because of her color and sex. She later returned in 1971 and served as a faculty member in

the school of journalism until 1974. The first woman to enter the live news broadcasting world in Chicago, she has also taught and lectured as an expert in domestic affairs as well as journalism.

"People issues" are what Miss Simpson stated keeps her motivated "because I live with these problems everyday." She urged the audience to continue to set goals that are reasonable and obtainable but never become complacent and satisfied as there is never a guarantee on success. She stated "I am continuously striving to be recognized as an outstanding reporter who happened to be a lady, not just categorized as a lady reporter." "We live with the fact that we are black, we have made strides but we can not use inexperience or discrimination as a crutch or the advances of the sixties will be reversed."

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- KEN BLACKWELDER EASTLAND AREA 5908 ALBEMARLE CHARLOTTE PH. 548-6832 MON-FRI 7:30AM TO 6:00PM SAT. 8AM TO 5:00PM
- FRANK McKENNEY, MGR. STARMOUNT SOUTH BLVD. AT PINEVILLE CHARLOTTE PH. 525-0491 MON-FRI 7:30AM TO 6:00PM SAT. 8AM TO 5:00PM
- ORVIS LAYMAN, MGR. FREEDOM VILLAGE 1531 LEWELL ST. CHARLOTTE PH. 392-2143 MON-FRI 8:00AM TO 6:00PM SAT. 8AM TO 5:00PM
- OLIVER PETTUS, MGR. THE CENTER 1300 WEST MCKINNON ST. PH. 373-4220 MON-FRI 7:30AM TO 6:00PM SAT. 8AM TO 5:00AM

Community Development

Let Us Hear From You

The Mayor and City Council will hold a public hearing to solicit your comments and suggestions on its proposed Community Development Application. The application will be submitted to other units of regional and state government (A-95) and then on to the Federal Department of Housing and Urban Development.

Monday, February 26, 1979

10:00 p.m.

Public Hearing Room, 3rd Floor, City Hall, 200 East Trade Street

If you want to talk at the hearing please notify the Office of the City Clerk, City Hall, telephone 374-2247, by noon the day of the hearing. Please put whatever you have to say in writing so it can be actually considered. If you can't make it, please contact the Director of Community Development, Department of Community Development, 213 Dowell Street, Charlotte, 28204.

Come On Out. We're Listening.