THINGS ONE LEARNS WHILE BEING CONFINED.....

Late middle age is that period when it takes you half as long to get tired and twice as long to rest.....

John Walton, backup quarterback for the Philadelphia Eagles for the past four NFL seasons, is the new head football coach at Elizabeth City State University. Walton, who was used sparingly, quit the Birds to return to his alma mater.

Bob Moorman, the congenial gentleman who is steering the CIAA to unsuspected heights, informs that tickets to the conference's popular basketball tournament in the Norfolk Scope next month are going fast. Bob also pointed out that motel and hotel rooms in the Norfolk area are going even

In case you are making plans to attend the spectacular event, you can purchase tickets locally from Eddie McGirt, athletic director at Johnson C. Smith University.

A boost to black college football will come with the upcoming NFL draft. Among the top first-round choices are runningback Larue Harrington of Norfolk State, 275pound tackle Elbert Grinnel of Winston-Salem State, and 275-pound tackle Vincent Pearsall of North Carolina Central.

Early indications are the NFL Scouts like what they have seen of Alfred Wring of Johnson C. Smith, 300-poound tackle Larry Timmon of Langston, 270-pound tackle Joe Gordon of Grambling, 285-pound tackle Gerald Ridge of Grambling and 265-pound guard Tyrone McGriff of Florida A&M.

Considering that S. C. State, Jackson State, J. C. Smith and Virginia Union all have a couple of prime prospects each, this is going to be a goodyear for black college football players.

Here is another call for North Carolina Mutual, Winston Mutual or other large black-owned companies. Take a serious look at the possibilities of sponsoring a black college "Game of the Week" over area television stations. It's a lucrative proposition that would provide the needed exposure to the colleges and universities and the sponsors could take advantage of the opportunity to build a better image for the black businessmen. They'd also make los of money.

Look what the ACC has done for Pilot Life! - and vice versa!

The way CIAA basketball teams are kicking each other around these days, this reporter is increasingly convinced that any team in the league is capable of coming up with a big game and knocking off a more

highly rated opponent. Have you given thought to the fact that we have long since learned to let some people talk without interruption; the conversation ends so much sooner.

Old-timers will be happy to learn that Larry Doby, who broke the lilly-white color barrier in the American Baseball League, is heading a new governor's council on physical fitness and sports in New Jersey.

Look for an announcement shortly that actor Lou Gossett will portray legendary pitcher Satchel Paige in a made-for-television movie. And, would you believe, that the great Muhammad Ali, who has thrown his enormous influence behind President Jimmy Carter, is being asked to tutor Chinese boxers next year?

A long guess here is that Wendell Tyler, the Los Angeles Rams' budding star, will become one of professional football's most exciting runningbacks....O. J. Simpson has an interesting article in a popular magazine....It's quite eye opening!

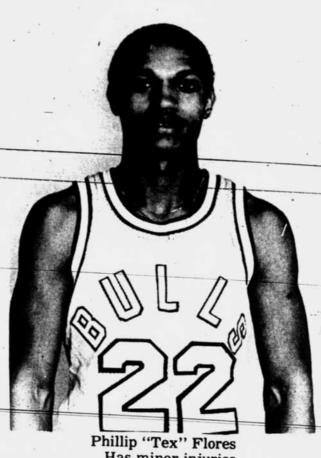
1979-80 Basketball

CHARLOTTE COLISEUM

Tuesday, January 22nd, 7:35 p.m.

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... Has minor injuries

## **Injured Golden Bulls** Challenge Winston-Salem

Special To The Post

Bob Moore's Golden Bulls and the Brayboy Madhouse Gang are packing up cars and buses and are headed full steam to Winston-Salem Friday night to visit Clarence "Big House" Gaines' Rams. It will be the first of two "showdown" meeting between the two schools favored to take the CIAA southern division title.

The game was originally scheduled for Saturday, January 26, but was moved to Friday, January 25, so that Buick Motors can present Clarence Gaines with the Paul Robeson Award for outstanding contributions to black athletics on Saturday.

Winston-Salem State started the season on fire after an opening loss. Injuries have begun taking their toll as Reggis Gaines' sore foot and Mike Robinson's back problems have cut the Ram scoring. A&T State narrowly missed an upset, but Bobby Vaughan's Elizabeth City State Vikings dealt the House a loss on his home

The Bulls, meanwhile, started shaky, losing three early season contests, but began to peak in mid-January with a 5-game winning streak that started with an 83-74 victory over Belmont Abbey.

"I've been looking to peak at the end of January with Winston-Salem in

#### Bike Rodeo

A Bike Rodeo will be held Saturday, January 26, from 9-11 a.m. at Foxcroft East Shopping Center at Fairview Road. The purpose of

the event, sponsored by Sharon Elementary School in conjunction with the Charlotte Police Department, is to promote bicycle safety and to prevent bicycle theft.

Any child who wishes may bring his bike to the rodeo to be registered by police. School resource officers from Baker Bureau will also have on hand the police crime prevention van to show films on bike

mind," noted Coach Moore. "I was also concerned with peaking too early and burning out before the CIAA and NAIA tournaments."

The Bulls have likewise been affected by injuries as Ronnie Thompson missed 3 games, Roosevelt McGruder one, and Sonny Proctor and Phil Flores have been playing with minor injuries.

"The little sprains and bruises will clear before Friday," promised assistant Steve Joyner. "A big game ahead is always a great cure for minor ailments.

Reggie Gaines has been the Rams' big gun, averaging a remarkable 31 points an outing while hauling in the lion's share of rebounds along with Robinson. The Bulls are a balanced ball club with Proctor, Flores, Oliver and McGruder averaging double figures with Melvin Kilgore, Frank Reid and Ronnie Thompson providing plenty of additional fire power.

Game time is 8 p.m. at the Winston-Salem Coli-

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### For Handicapped Citizens Mecklenburg Athletes Will Shoot Baskets

During the month of January thousands of young basketball players Fellowship; throughout Mecklenburg School; Salvation Army County will be shooting baskets for handicapped Boy's Club-Milton Road; citizens of the area. In a parts of the Southern state-wide fundraising ef-Youth, East Mecklenburg, fort the Easter Seal Society Steele Creek, Winterfield, has launched its third an-CYAC, Eastern and Optinual Basketball Shoot-Out mist Leagues; Charlotte to benefit the physically Latin; Providence Day; disabled. Norm Sloan from Country Day; St. Pat's N.C. State, the honorary chairman of the Shoot-Out, has invited the state-wide winner to sit on his Wolfpack bench at the N.C. State - UNC game on February 20.

The Shoot-Out offers basketball players 18 years old and under an opportunity to compete for hundreds of prizes - including trophies and T-Shirts, sponsored by Wendy's Hamburger. Other prizes include chances to sit on Davidson and UNC benches and free basketball clinics provided by former "All-Ameri-cans" Bryand Adrian and Dick DeVenzio.

The following centers in Mecklenburg County are participating: Charlotte

U. S. CHOICE

ters; Charlotte Christian mel Academy; and Coven-Day; Carolina Christian ant Presbyterian. Valleydale

The Easter Seal Society provides orthopedic equipment, camping and recreational opportunities, hearing tests, transportation and other important services to the handicapped. A wheelchair for a

Park and Recreation Cen- School; St. Gabriel's; Car- pointment for an elderly woman, and a session at Camp Easter for a handicapped man were some of the services purchased for local residents last year.

Basketball players interested in participating in the Basketball Shoot-Outfor Easter Seals should contact their coaches for information or the regional four-year old girl, trans- Easter Seal office in portation to a doctor's ap- Charlotte.

#### J.C. Smith Hosts S.C. State Swimmer Saturday

If you ask coach Charley Cox "what is the greatest show in town," he's quickly tell you that it can be found any place his Johnson C. Smith University swimmers are performing.

Just so happens, Cox will be able to demonstrate his point when he sends his Aqua Bulls against S.C. State, Saturday afternoon in the Dr. Jack S. Brayboy gymnasium on the Smith campus

The meet gets underway at 1 o'clock, and, when it has run its 13-event course. Cox believes his swimmers will have evened their season record at 2-2 and, at the

same time, gotten even will be Kenneth Hawkins, with the Bulldogs for the earlier whipping they handed the Bulls in Orangeburg, S.C. "You might say that

we're out to get revenge,' Cox stated Tuesday afternoon while pointing out that "We would like to have more spectators at our events. I believe once the fans have seen us, they will come back again and again.

Leading the Aqua Bulls

who was voted to the Black National All-American squad last year. Cox has high praise for the Washington, D.C. native who is a top swimmer in the individual medley. Hawkins is also a standout member of the 400-yard medley relay

According to Cox, the moxt excellent show in town this weekend is free of all charges.

and the 400-yard free style

relay teams

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All Flavors

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Just Right For Barbecue Limit 2

Soup Cans Del Monte

Sauce

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C.SOUP.

Saltines Lb. Box

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Shurfine Whole Kernel Corn **Green Giant** 

Sugar Peas

Thrift King

**Oranges** 

Cans For **1**00

Shurfresh Margarine

Quarters

16 Oz. Pepsi Cola Bottles

71/2 oz.

Delta Towels Jumbo \$

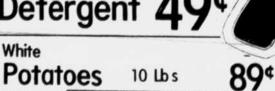
Dinner



Macaroni Cheese

Kraft

**Bottle** Dish Washing Detergent



Yellow 49¢ Onions 3 lb. Bag Temple \$700

Cabbage Fresh Green

Tickets Available From: Charlotte Coliseum; Athlete's Foot, Charlottetown; UNCC Athletic Dept.

UNCC VS. SOUTH ALABAMA