Colleen Barnes

...West Charlotte

Bonita Byers

Let raw potatoes stand in

cold water for a half hour

before frying to improve

the crispness of french

...Garinger

Raw Potatoes

Cotillion Ball

Set For March 29

By Teresa Burns Post Staff Writer

The Charlotte Alumnae Chapter of Delta Sigma Theta Sorority, Inc. is proud to announce that their 16th Annual Cotillion Ball will be held at 9 p.m. Saturday, March 29 at Park Center.

The Cotillion represents one facet of the sorority's commitment to community improvement. The cotillion inspires the excellence of finer womanhood and high ideals of the youth. Even the activities leading up to the Cotillion help to accomplish various objectives. Objectives such as academic success, personal growth, cultural awareness and spiritual development among the participants are encouraged. Activities such as Career Day, the Charm Clinic and the Luncheon Fashion Show helped to manifest a sense of achievement and pride.

Proceeds from the Cotillion will be forwarded to scholarships, the United Negro College Fund, and Legal Defense

· Each week a few of the participants will be featured. This week seven of the high school senior participants will be pietured. They are Collen Barnes of 2430 Twinsfield Dr. Her parents are Mr. and Mrs. John Barnes. Ms. Barnes attends West Charlotte; Bonita Byers is a Garinger High student. Her parents are Mr. and Mrs. Alexander Byers of 1812 Madison Ave.; Sylvia Bittle, daughter of Mrs. Yvonne Bittle, is an East Mecklenburg student. She resides at 501 Baldwin Ave.; Kammey Cousar of 1509 Chelveston Dr. is the daughter of Mr. and Mrs. Robert Cousar. This participant attends South Mecklenburg; Karen Cooper, a student at North Mecklenburg, resides at 4332 Meridian Dr. She is the daughter of Mrs. Gloria Mumford and Donnel Cooper of 709 Glasgow Rd.; Janice Cherry of 617 Grandin Rd., a South Mecklenburg student, is the daughter of Mrs. Jean P. Cherry and William Cherry of 1013 Anderson St.

Macrame Class

On Wednesday, April 2, there will be an "Adult Macrame Class Organiz-Meeting' to be held at the Methodist Home Recreation Center, located at-3200 Shamrock Drive,

The registration fee is \$5. This event is co-sponsored by Central Piedmont Community College. Classes will be held on Wednesday nights from 6 p.m. until 9 p.m.

Keep your out-of-town friends informed on what's happening in Charlotte by sending them a copy of the Charlotte Post each week.





Mr. Charles R.B.

QUESTION: I have a severe case of acme or oily bumps on my face, what can I do to help?

ANSWER: - Without seeing it, it may run all the way from simple acme to neuro-dermatitis. The best treatment is not to use oil cleansing cream or soap, but to use an all nature hypoallergenic cleanser like deep pore liquid cleanser and medicated night cream. These will soften and lotion out the skin while protecting from any germs before infecting. These can be purchased at our cosmetic counter. For further consultation, our skin specialist may



The House of Charles When You Care **Enough To Look Your Very Best**



Sylvia Bittle .East Mecklenburg



Kammey Cousar ...South Mecklenburg



Karen Cooper .. North Mecklenburg

Exercise Class

On March 13, there will be a "Ladies Exercise Class Organizational Meeting", to be held at the Methodist Home Recreation Center, located at 3200 Shamrock Drive.

The registration is \$3.25. This event is co-sponsored by Central Piedmont Community College.



Janice Cherry ...South Mecklenburg

Buying Meat

When buying meat products, consider the amount of lean meat in a cut, as well as the price per pound. A relatively high-priced cut with little or no waste may provide more meat for your money than a lowpriced cut with a great deal of bone, gristle, or fat.

Hotline Office Answers Ouestions On Gas Pricing

North Carolina consumers who suspect a seroffice. vice station is overcharging for gasoline should call a special office that has 1-800-424-9246 been set up by the federal

Department of Energy. The Department of Energy's hotline office will answer questions on gasoline pricing and will refer any complaint of possible gasoline pricing violations to the appropriate DOE

regional enforcement

Citizens may call this office by dialing toll-free:

Federal regulations limit the maximum per gallon markup a station may charge customers for a gallon of gasoline. The maximum price varies from station to station and is dependent upon a number of factors which in-

clude acquisition cost of the

To comply with the federal regulations, ser-

post the maximum ceiling price or prominently display a sign certifying that they are in compliance with the federal regulations.

vice station operators must If You Want To Know What's Happening In The Black Community.

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