

Total Service For Elderly

Mecklenburg County Hot Meals Program Cares

By Susan Ellsworth
Post Staff Writer

For elderly people unable to totally care for themselves, a volunteer could save their lives.

By delivering food and medicine to the elderly, and offering companionship through a visit, the volunteer has the potential to fulfill a need in the community.

The Mecklenburg County Hot Meals Program at 14 sites ranging from Pineville to Davidson supplies a nutrition program for the elderly.

Volunteers are needed at all sites to help serve meals at high rises and churches and bring meals to the elderly unable to get there.

Among the 2,000 meals served daily, 500 are home-delivered according to Melba von Sprecken, nutrition program director.

For some elderly people their only contact with the outside world may be through a volunteer.

People are needed to take these senior citizens shopping, have their prescriptions filled or simply visit and talk.

Teaching crafts and providing live entertainment



Voluntary Action Center

377-3787

are also in demand.

During the 11 a.m.-1 p.m. lunch hours there is a crucial need for volunteers. Mrs. von Sprecken explained.

Site locations are as

follows:

- Pineville Baptist Church
- Strawn Apartments
- Charlottetown Terrace
- Park Terrace
- Edwin Towers
- Simpson-Gillespie

- Methodist Church
- Johnson Memorial Church
- Gethsemane AME
- Zion Church
- Moore's Sanctuary
- Plaza Methodist Church
- Grier Heights Presbyterian Church

- Davidson Community Center
- Southside Homes
- Potential volunteers are requested to apply at the Voluntary Action Center or at the Hot Lunch Program, at 374-2400 or 374-3081.

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"The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? Psalms 27:1. Odessa Clyburn Clark, born about 80 years ago in South Carolina, doesn't know her exact age. She has many fond memories - most

stemming from her six children. And then there remains the pangs of being an orphan before she became of school age. Through both the beauty and trials of life Mrs. Clark has realized that there is one light in her life that will never cease - the light is the Lord. (Photo by Teresa Burns)

Small Business Workshop Planned

The Charlotte Business Development Center is sponsoring through Central Piedmont Community College Continuing Education Department, a three session workshop entitled Small Business Tax Responsibilities and Liabilities for minority business owners in Mecklenburg, Gaston and Union Counties.

three nights on September 23, 24 and 25 from 6:30-9 p.m. at CPCC on the square. The workshop will be conducted by a Certified Public Accountant (CPA) and will cover tax obligations connected with operating a small business. Emphasis will be placed on payroll tax responsibilities...the basics of preparing payroll tax returns, how to withhold and make de-

posits of payroll taxes, etc. There will be a nominal registration charge of \$5 which is payable the first night of class. For more information or to register, please contact Cathy Mellwain at 332-8578 Monday through Friday, 9 a.m. to 5 p.m. Space is limited, so register as soon as possible.

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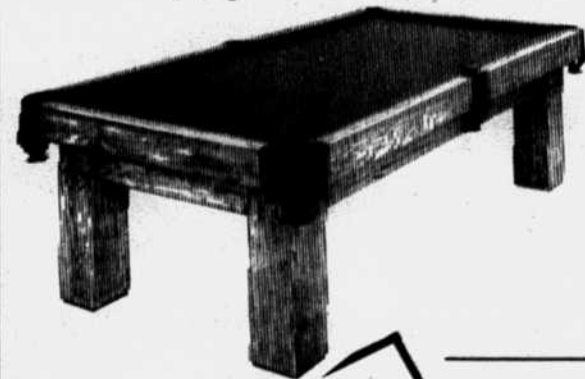


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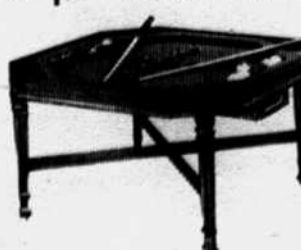
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