Hairy Tales About Beards

The beard has been called man's last bastion in the battle of the sexes.

Throughout history these male "facial hair fashions" have reflected the times.

During some periods beards have been regarded as a mark of full manhood and virility while at other times the clean shaven look has been "in."

Bare And Beard Tales

It is said that Alexander the Great introduced shaving into Greece during his

reign. The king ordered his 6 soldiers to shave because he feared their enemies might seize the men by their beards in battle. Julius Caesar and the men of his day were entirely beardless.

In fact and fiction beards have been cursed or credited for everything from strength, war and wisdom to weakness, taxes and ignorance.

Man has been so fascinated with beards that almost every conceivable style has been created.

The Flemish painter Sr. Anthony Vandyke painted so many aristocrats with a pointed beard that it became known as the "Vandyke" beard.

Ambrose Burnside, a Union general in the Civil Warm popularized "burnsides". The habit of



These beard styles have all been popular at various times in history: (1) Vandyke, (2) Austrian "Franz Josef", (3) French or Dutch "la mouche", (4) "neck warmer" or "chin curtain", (5) burnsides, (6) goatee, (7) Moorish, (8) Indian Sikh rolled beard

uates.

mow comprise as many as

30-35 percent of its grad-

Just as shaving habits

changed, so have shaving

tools. Early men used po-

lished flint and sharpened

clams' shell edges attempt-

ing to achieve a close

shave. Even today Polyne-

sian men finely grind

sharks' teeth seeking the

Shaving Comes of Age

bored a long time in finding

ways to improve the art of

shaving. Electric shavers

were introduced in the mid-

1930s but have enjoyed only

Modern science has la-

same objective.

shaving his chin and allowing whiskers to grow on the side of his face gave rise to the term. It later became "sideburns."

Barbering And Women's Lib

The trade of barbering goes back a long time, too. Razors have been found among the relics of the Bronze Age. In early days barbers were also surgeons.

(Perhaps as a sign of the progress of women's lib, a leading - long established barber college reports that for the first time in the school's history, women

country. Approximately 35 to 40 percent of the men who shave use electric razors. In Europe, where are much more common.

One reason for the limited success of electric razors was that, while they shaved more comfortably than using a blade, they didn't give as close a shave. Now that has been changed.

Electrics like the new Sunbeam SRX razor shave 'as close as you can get" through the use of microthing screens - only .0019 inches thin - and self-sharpening stainless steel blades

They retain comfort by using roller bars and electropolishing the screens for smooth action. The screens, also called combs, have holes to shave tough, stubby whiskers and slots for soft, flexible hairs.

There's also a trimmer for neat edges of sideburns, mustaches or even beards. The trimmer retracts when not in use for safety.

Electrics have long offered either cord or cordless shaving. The battery models have rechargeable batteries that give up to a week of comfortable, close shaving but the razor can run on a cord if the user forgets to charge it.

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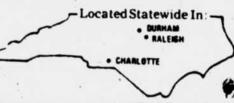


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Help Save Lives Through CPR

The Centralina Council of Governments is co-sponsoring a CPR (cardiopulmonary resuscitation) school in conjunction with the Greater Carolinas Chapter of the American Red Cross. The classes in the emergency rescue method will be held at One Charlottetown Center on Baxter Street, 4th floor. each month on Monday nights at 7 p.m. The course can be completed in four sessions

Myers Park **Baptist Church**

Sets "Messiah"

A "Do-It- Yourself performance of Handel's, "Messiah" will be held Sunday, December 21, beginning at 4 p.m. in the Sanctuary of the Myers Park Baptist Church, 1900 Queens Road: Charlotte. As part of the church's annual Hyacinth Series concert

CPR provides artificial circulation and breathing to a person whose heart and lungs have stopped functioning because of a heart attack, drowning or other cause. External cardiac compressions are administered manually and alternated with mouth-tomouth resuscitation in order to stimulate the natural functions of the heart and lungs.

The CPR course will be taught on a self-paced basis. Cost for the course is \$3.50 (includes workbooks and films). The fee is for materials, the instructors are all trained volunteers. - Anyone interested in

taking CPR should call the Red Cross at 376-1661, ext. 214, for more information or to register. Regularly scheduled CPR courses will also continue at the Greater Carolinas Chapter at 2425 Park Road in Charlotte

Action Center Has



schedule, the performance is open to the public without admission charge. Singers who have had

previous experience with the "Messiah" are invited to participate and must be present at 3:15 and provide their own music scores. An orchestra, similar to the one for which Handel scored the oratorio will accompany the chorus. Those wishing to sing solo parts in the performance must attend a short rehearsal on Friday, December 19, at the church. Soloists must make prior ar-rangements to attend the rehearsal by contacting James Berry, Minister of Music at the Myers Park Baptist Church (334/7232) by December 17.

The Sunday performance will begin with Handel's "Organ Concerto in F Major, Opus 4, Number 4" performed by Lauretta B. Short, church organist, followed by the audience performance of the Christmas

portion of the "Messiah." For additional specific details, contact Mr. Berry at the church, 334-7232.

Mistakes To

Avoid In Medical

Record Charting

RALEIGH · What to chart on a patient's medical record, what not to chart, and mistakes to avoid in medical record charting were the subject of workshops offered in early December by the North Carolina Nurses Association.

Patrice Solberg, Chapel Hill attorney who special-izes in health law, taught the workshops. scheduled for December 3 at Catawba Memorial Hospital AHEC classroom, Hickory; December 5 at Willis Building Auditorium in Greenville, and December 6 at Carrington Hall Auditorium, UNC-CH School of Nursing.

New Program

For Seniors

The Voluntary Action Center has a new program for people age 60 and older. The Retired Senior Volunteer Program (RSVP) offers people in their retirement years an opportunity to be active and productive in their communities by contributing their time and experience through volunteer work.

RSVP is available through a grant from Action, a federal agency for volunteer service. Though it is a national program, RSVP is operated locally through the Voluntary Action Center, a service of United Way.

Directed by Lisa Mar-tinez, RSVP finds volunteer assignments in the Charlotte area to match the skills of persons wanting to become senior volunteers. And the jobs available are as numerous and diverse as the volunteers themselves.

RSVP provides accident and liability insurance to its volunteers, will try to arrange transportation for volunteers if needed, and may provide a meal. For additional inform-

ation, call Lisa Martinez, 376-4706 or Better Vanderroest. 377-3787.

Christmas Spirit

The Christmas spirit is afloat and Barber-Scotia will present a form of it in song Sunday, December 14, at 6 p.m. Their Christmas Concert will be held in the college chapel. The college is located in Concord. Come one, come all, and hear a portion of Christmas

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