

# What's Happening!

**BLESSED HAPPINESS...** Reflect upon your present blessings, of which every man has many: not on your past misfortunes of which all men have some.

One special blessing took place last Saturday afternoon, at three o'clock in the hallowed confinement of the Travelers Rest Baptist Church in Spartanburg, S.C.

A tender warm wedding ceremony for Metter Jean Collins and Charles Thompson Hodges, marking the beginning of their lives, as one, was held. As I watched these two beautiful people take those vows of marriage I couldn't help but think that two persons who have



Bob Johnson

chosen each other out of all the species with the design to be each other's mutual comfort and entertainment, have in that action, bound themselves to be good humored, affable, discreet, forgiving, patient and joyful, with respect to each other's frailties and perfections, to the end of their lives. Plus, when two persons have so good an opinion of each other as to come together for life, they will not differ in matters of importance, because they think of each other with respect, and in regard to all things of consideration that may affect them, they are prepared for mutual assistance and relief in such occurrences. For less occasions, they form no resolutions, but leave their minds unprepared.

Marriage is not a union merely between two creatures - it is a union between two

spirits, and the intention of that bond is to perfect the nature of both, by supplementing their deficiencies with the force of contrast, giving to each sex those excellencies in which it is naturally deficient; to the one, strength of character and firmness of moral will; to the other, sympathy, meekness, tenderness; and just so solemn and glorious as these ends are for which the union was intended. Just so terrible are the consequences if it is perverted and abused, for there is no earthly relationship which has so much power to ennoble an exalt. There are two rocks in this world of ours on which the soul must either anchor or be wrecked - the one is God and the other is the opposite sex.

There also is no earthly happiness exceeding that of a reciprocal satisfaction in the conjugal state.

Pauline Brewton was the directress for this nuptial affair that began last Friday night at the rehearsal held in the church, located in the rural southwest section of town.

Mrs. Brewton in her quest for excellence rehearsed the ceremony 3 or 4 times with and without music. However, when the rehearsal was over, a feast awaited the participants. The feast, which consisted of turkey, ham, candid yams, asparagus, green beans, hot biscuits and much more, was held in the basement of the church.

Curtis Ardrey was Charles' best man. He saw to it that the groom got to the church on time and made sure that he (the groom) didn't have to worry about any of the many trivialities. The matron of honor, who was Mrs. Lee M. Griffith, did the same thing for Metter.

Dorothy Dawkins and Ronnie Dawkins sang 8 solos that prefaced this fountain of beauty that no picture can really express.

The officiating ministers were Reverends Leon Wright and Dr. John D. Peterson. The organist was L. Beatrice Cleveland who also sang "The Lord's Prayer."

There were a multitude of friends and relatives that attended this heavenly union. Many of them from Charlotte, among the Charlotteans were Mr. and Mrs. L. C. Smith, Thomas Brown, Mr. and Mrs. Ronald Miller, Mr. and Mrs. Julius Lloyd, Joe Allison, Mr. and Mrs. Charley Cox and Duffie Hyatt.

Albert Nelson came in from Orlando, Florida, Mr. and Mrs. Bobby Rowe from Winston-Salem, N.C. and Dave Blevins from New York.

Charles Hodges from Winston-Salem, N.C. and Metter Collins from Spartanburg, S.C. will make their home in Charlotte after a brief honeymoon on an island off the coast of South Carolina.

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BUDS OF PROMISE

The Buds of Promise, a junior missionary society at Clinton Chapel AME Zion Church paid a special visit to Mrs. Gertrude Bank of Fannie Circle. Mrs. Banks, 96, is the church's oldest member. Among its 13 members, ages 5-13, the

Buds meet monthly for Bible study, crafts and projects that teach them mission work in their community. Mrs. Margaret Carothers supervises the Buds and Rev. Robert Penny is the minister at Clinton Chapel.

## Are Annual Physical

### Examinations A Necessity?

**Special To The Post**  
Despite failing to deliver on its promise to prevent illness, the annual physical examination persists as a favorite procedure of doctors and patients alike.

Medical investigators have found that people who have annual physical exams get sick at the same rate as those who don't have them.

After evaluation of the evidence, many experts are urging that routine annual exams be scrapped.

A seven-year study of more than 10,000 members of California's Kaiser Foundation health plan found no difference in the rate of time lost from work, chronic illness or death between those who received annual physicals and those who didn't.

Getting an annual physical actually can give a person a dangerous false sense of security, causing him to ignore symptoms indicating a life-threatening disease, some experts say. The exam can even miss diagnosing a serious illness.

A University of Pennsylvania study of 350 people who died after receiving annual physicals found that even among those examined less than six months before they died, 40 percent of the exams failed to turn up the illness that killed the patient.

Last year, an independent analysis done by a task force of the Canadian medical profession at the government's request concluded that "the annual checkup," as practiced for several decades in North America, should be abandoned.

"We consider that the routine general annual checkup is nonspecific and casts a searching net far too broadly, particularly in the adult, is inefficient and, at times, is potentially harmful."

Such findings rarely impress the doctors who give annual exams, and they often warn that something awful could befall their

patients if they skip their annual checkups.

Such a reaction occurred this year when the American Cancer Society announced that it was revising its traditional support of yearly cancer checkups for adults.

Pap smears to detect cervical cancer are one of the few tests of proven value for patients without symptoms, the society said, but it added that after getting two pap smears a year apart, women ages 20-40 need to be tested only every three years unless they fall into certain groups running a high risk of cervical cancer.

Because studies show that a detectable disease state would incubate 8-30 years before becoming cervical cancer, the society reasoned that a three year interval between tests still would catch the disease when it was 100 percent curable.

Reaction from the doctors who perform the annual tests was both swift and vehement. "The report

is terrible," the president of the American College of Obstetricians and Gynecologists (ACOG) said. "I fear that it is going to have a very detrimental effect on the health of American women."

The American Cancer Society had estimated a savings of \$1 billion by having fewer tests. Dr. Lester Breslow, dean of the School of Public Health at the University of California at Los Angeles, said that the Cancer Society's three year recommendation is conservative, and that five year intervals between pap smears wouldn't be unreasonable. "Instead of expending all this energy debating whether they should have the test every year or every three years let's worry about these women who aren't getting any tests at all," he said.

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## At Ranson Jr. High Town Meeting Planned

### On Hazardous Waste

Mecklenburg will be among seven counties hosting town meetings on hazardous and low-level radioactive wastes held throughout the state in late January.

These meetings will be sponsored by a task force appointed last year by Gov. Jim Hunt to study problems of waste management in North Carolina.

Ranson Junior High School will host the 7 p.m. Wednesday, January 21, meeting for Mecklenburg County.

The school is located at 5850 Statesville Road, near the intersection of I-85 and I-77.

Task force members will give a slide presentation, brief information session, answer questions and receive public comments.

Hunt called managing hazardous waste a priority. He pointed out North Carolina presently ranks fourth in national production of low-level wastes and 11th in the production of hazardous wastes.

Dr. Bernard Greenberg, chairman of the task force and dean of the UNC School of Public Health said town meetings are vital to his group's efforts.

"If we are to develop a system for safely managing our potentially dangerous wastes in North Carolina," he said, "we'll need the cooperation and involvement of almost everyone in the state."

Proposals include the following:  
Encouraging private enterprise to develop state waste treatment facilities.

The Council of State should have authority to condemn land and require sites for waste management facilities if needed.

Waste management systems should emphasize prevention, volume reduction and recovery of usable wastes. Hazardous waste landfills should be used only when there is no other alternative.

Industrial Revenue Bonds should be made available to construct hazardous and low-level radioactive waste facilities.

A Governor's Waste Management Board could be created to oversee operations and advise the governor on policy issues.

Local governments should be authorized to set up fees, surcharges or taxes to cover the cost they might incur from the location of waste management facilities in their area.

The state should have the right to override local zoning ordinances in citing a waste management facility if that facility is essential to the health, safety and welfare of the state's people.

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### TRICHOLOGY CORNER



Mr. Charles, R.B.

QUESTION: I have skin that gets hard and chafed, but grease makes it sticky and dirty. Please help!

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