

African Restaurant Provides Delicious Food, Good Music

By Teresa Burns
Post Staff Writer
Look around and see how many African restaurants we have. It can safely be said, practically none. So Michael Shaw and his younger brother, James, conjured up a recipe to solve this dilemma in Charlotte.



MICHAEL SHAW, LEFT EMBRACES
... Younger brother James

With a pound of ambition and a dash of jazz music, the two have whipped up The Jazz Gourmet Society. Michael serves as the master chef while James spins his lazy to rocking jazz collection of over 3,000 albums.

Each Sunday from 5-10 p.m. at the Myers Park Bar, 1000 South Kings Dr. (next door to the Mill at Kings Dr. and Morehead St.), patrons are invited to dine on delicacies. Various menus were obtained by Michael during his three-year stay in Africa. During this time he was involved professionally in multi-national marketing, selling foods such as rice, wheat, flour, corn, etc. to African countries.

From his travels in Nigeria, Liberia and Ghana he learned to prepare various African delicacies he describes as "spicy, very exciting and captivating."

"One can eat as much as they like from all of the foods shown on the menu," Michael announced. All of this for \$10.

There is Bird of Delight which is young virgin chicken thighs, barbecued in seasoned cury sauce,

flavored with green peppers and spring onions.
Or try the seafood palaver-tender morsels of shrimp, deep sea red snapper, bay scallops and back-fin crabmeat sauteed in tomatoe and garlic flavored mushroom sauce, paprika and a secret third world dicbo seasoning.

Spirits, cocktails, liquers, wines, champagnes, salads and desserts of fresh fruit in season will be served also.

It is important to make reservations. "In this way," Micheal explained, "I'll know how much food to prepare." Michael's new position with Gourmet Services continues to enhance

his gourmet professionalism.
Games will be offered and even a full feature of color video tapes of Michael's travels in Africa will be shown. Eventually business forums will be integrated into the jazz gourmet society as well.

As you taste those tender morsels of African dishes, another form of blackness will be dispersed in the background. James, a mild mannered insurance agent during the day turns into super jazz man during the Jazz Gourmet.

He has been collecting jazz since age 12 and his treasure now numbers between 3,000-5,000. For

just a hint of what to expect here are some of James' tunes: Hugh Masakela, Lee Morgan, Art Blakey, Jazz Crusaders, Nancy Wilson, Nina Simone, a special blend of spiritual music and more.
The brothers, both graduates from Johnson C. Smith University, are concerned with not only the physical but the mental health of their customers. The meals, which contain no pork or beef, and the music are combined to complete one unique and spiritual evening.
Up to 100 people can be seated at the Jazz Gourmet Society. Please call by Friday for advance reservations. Contact the Shaws at 704-333-7656.

James Robinson To Play Pro Basketball In Europe

By Nancy Anderson
Post Staff Writer
Basketball camp can prove to be a productive and rewarding experience for students during the long days of summer vacation.

For James Darrell Robinson, a 17-year-old Charlottean, it granted him the opportunity to play professional basketball.

The Earle Village Recreational Center sponsored a one-week basketball camp this summer so

Hypnosis Clinics Scheduled

Hundreds of Charlotte area residents have stopped smoking or lost weight with the help of hypnosis clinics offered by the American Lung Association of North Carolina, Metrolina Region.
On Tuesday, September 15, at 9:30 a.m. weight control clinic and 12 noon stop smoking clinic will be offered in the Community Room, at Freedom Mall, 3205 Freedom Drive. That same evening at 6 p.m. weight control clinic and 8:30 p.m. stop smoking clinic will be offered in the Oaks Chapel, at Huntersville Hospital on Highway 115.

On Wednesday, September 16, at 10 a.m. weight control clinic and 12 noon stop smoking clinic will be offered in the Auditorium, SouthPark Mall, Sharon and Fairview Roads. That same evening at 5:30 p.m. weight control clinic and a 7:30 p.m. stop smoking clinic will be offered in the Community Room, at Eastland Mall, 5471 Central Avenue.

Participants are offered the \$35 fee back after the first of three hypnotic inductions, if they feel hypnosis will not work for them. The fee for full-time students with proper I.D. or women who can verify pregnancy is only \$20. To register for any of the clinics, call the Lung Association at 537-5776.

The clinics will be conducted by James H. Hoke, president of Self Psych, Inc., which has offered the same clinics for American Lung Association Affiliates in 74 cities in 11 states.

Recent Study
A recent study showed 37 percent of family members surveyed believed in yoga and meditation as good health practices. Among young adults, the figure was 46 percent.

that young people would have an enriching way to spend summer hours and yet, still have fun.

Karen Byers, director of the recreational center, contributed timeless amounts of effort into producing a successful camp. "This year's camp gave me the chance to observe a variety of kids of different ages and backgrounds and detect what really makes them tick," she informed.

"Darrell was exceptional. He is extremely mature for his age, responsible, disciplined, and possesses an eagerness to learn," she continued.

Robinson, a 1981 graduate of East Mecklenburg High School, is the son of Mrs. Ernestine Robinson. Unlike most potential professional athletes, Robinson never played high school basketball. A very rare and unusual quality to possess. "I have never played high school basketball, but I've played in various summer and winter leagues, affiliated with the center," he confirmed.

During high school, Robinson directed his athletic ability toward track and field. A member of the East Meck varsity squad for three years, he gained high respect from teammates as co-captain, and also from head coach Larry McAfee.

"Darrell is a super kid," McAfee stated. "He's dedicated, hard working and I have all high regards for him as an individual."

If anyone deserves success, Darrell does," he concluded.

Coch Payne, former

player with the professional league, and present director of athletics at Belmont Abbey College, appeared as special guest to the center in which he conducted a thorough observation of an abundance of talented kids. Payne emits a different player each year to tryout for the European squad. "This year they wanted a kid that was 18 years of age or younger with the desire and willingness to play," Payne commented.

Formerly a player for Wake Forest University, and coach for Clemson University and East Carolina University, Payne admitted to trying to discourage Robinson. "I tried to discourage him as much as possible because it's difficult for a young kid to suddenly have to readjust to a strange country whose culture and language is entirely dissimilar. James, being the mature individual that he is, demonstrated that he could handle the pressure."

According to Payne, Robinson will leave for Granola, France, on a two month trial basis tryout. Granola is 80 miles outside of Switzerland, 100 miles from Paris and has a population of 300,000. "I'm looking forward to it, replied Robinson. "I'll have the chance to meet new people, experience new things and also expand my knowledge on basketball."

If eliminated, Robinson plans are to return to Charlotte and attend CPCC. "I'm not sure if I'll be eligible for college ball, but if not, I'll continue to play in the winter league."



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