The Pre-Teen Cotilition,
sponsored by the Beta sponsored by the Beta,
Omicron Sigma, Sigma
Gamma Rho Sorority, Inc. Gamma Rho Sorority, Inc.
will be presented Friday,
Maren March 26, at 7 p.m. at the
Belk Top of the Fashions for this "Fashions for this
furnished cotillion" will be furnished
Charlotte.
Chariote.
Amanda Davis, TV per sonality, will commentate All proceeds from this affair will benefit the John-
son C. Smith Barber Scotia Scholarship Fund
Chairpersons for this gala event include: War-
rena Hankinson, Adelaide Hunt and Dr. Mildred B.
Davis. Davis.
Ger serves as Basileus of the sorority. The following young ladies will be pre-
sented at the Pre-Teen Cotillion along with five
others featured in the others featured in the
March 18 issue of The Post.

Agnes Eugene
Agnes
daughter Agnes, daughter
Moses Eugene Burro is a student of Nation's
Ford Elementary Schol Agnes is a member of the
YMCA and the St. Mark Methodist Church.
Agnes enjoys dancing
singing bike riding, skat singing bike riding, skat-
ing and singing. Her
aspiration aspiration
-
teacher.

## Sponsor NGonggang

Free-Seminar
WomanReach, Inc. entitled "Changing Sex Roles-Women and Men in Trassition for two week
sessions, Wednesdays, April 14 and 21, 7:30-9:30
p.m. at 1009 East Blvd Dr. Janice Stroud, UNCC Sociod the serfessor, will topic of traditional roles of women and men in our
society and how these roles are changing. Changing sex roles permit more
flexibility and allow women and men to become
more fully human. Men and women are invited to come and share in a dia
logue with each other. For more details. cal $334-3614$ weekdays, 10 a.m.
to 4 p.m. Cocktail Sip The "La Petite" social Cocktail Sip Sunday, March 28, at the Money $5-9 \mathrm{p}$
$\$ 2.00$
 Dr. Deborah A. Scott, M.D Vomiting and diar-
rhea in children are fre quently signs of an illness called gastroenterites.
While While some gastroen-
terites may be caused by bacteria, most are due to viruses or "flure"
If a child loses a lot of If a child loses a lot of
fluid through vomiting and through vomiting and diarrhea, he may
show signs of dehydra.
tion or fluid loss. These tion or fluid looss. These
signs include decresed signs include decreased
urination, dry mouth, sunken eyes, foppiness, or a sunken soft spot on a baby's head. If any of these signs are present,
you should bring the child to a doctor, immediately.
Treatment for uncom-
plicated vomiting or plicated vomiting or
diarrhea consists stopping all milk and food and feeding the child clear liquids
(apple juice, Coke, etc.) (apple juice, Coke, etc.)
for 24 , hours. If symp tons persist, see your $\underset{\text { doctor. }}{\substack{\text { Subn }}}$

Submitted by
Dr. Deborah
Scott, M.D.,
1012 Kings Drive
Kings Drin
Suite 505

Right now,everybody could use some. And with the new IRA and Tax Saver Certificates at NCNB, there are more ways than ever to save on your taxes.

What s more,our people TAX DEDUCTION. have been trained to help you


 ways that will work best in your particular situation.
UPTO Forexample,say you want
to open an IRAbut dont have a to open an IRA but dont have TAX FREEINIEREST. big amount of cashon hand.
 , min Mitchemsitisi
 for as little as $\$ 100$.

Then we can helpyou set up automatic deductions from working or from your checking or savings account. For all the details on tax relief at NCNB,come see us. Soon. At the bank that wants to be
the best bank in the neighborhood.


Senator Walker Urges:
"Get Involved You Can Make A Difference"

| pecial To The Post | s | what they hear from the | tered Republican. "On. a |
| :---: | :---: | :---: | :---: |
|  | use did |  | key issue affecting them |
| orth Carolina Democratic | position on this issue that | The Democratic Chair- | they stood tog |
| rty. Monday urged peo- | Carolinians. | $\begin{aligned} & \text { it that } \\ & \text { irmers } \end{aligned}$ | things happen. |
| matters of governmental policy that concern you | "I believe it's because many voices were heard. and Congressmen of both | voicing their objectives came from both major parties. Two were Demo- | ad The P |

As an example. he point-
You And Your Company Can Profit When You Call Fran Farrer-Bradley, T.J. Massey or Carole Gaither The
Post Account Executives Call Today! 376-0496 YiLN play BAG
LDIXIU BINGO


BONE-IN CHUCK STEAK . . . . LB. ${ }^{\text {s }} 1.38$
Southern Pride


598

LIMIT 1 WITH 10.00 OR MOR

WESSON , \$59



