

Alcohol, Coffee, Saccharin

# Scientists Studying Links Between Diet And Cancer

By Lee Hinnant  
Special To The Post  
CHAPEL HILL - As more links are found between diet and cancer, researchers at the University of North Carolina at Chapel Hill and elsewhere are trying to identify those links and determine the specific health risks.

"It's pretty clear that diet is related to cancer," said Dr. Robert Sandler, an instructor in the UNC-CH schools of Medicine and Public Health. Sandler has been studying patterns of digestive cancers among groups of people, trying to identify those who have high risk and the reason for that risk.

He and other researchers, including a number of nationally known experts in cancer research, will discuss the ties between diet and cancer at a symposium here October 22-23, sponsored by the UNC-CH Clinical Cancer Education Program and Cancer Research Center.

Among the symposium topics will be alcohol, coffee and saccharin, all substances that have come under increasing scrutiny from cancer researchers.

or gin, which have fewer extra compounds than Scotch or red wine.

Sandler said that because of the research limitations, there is no scientific consensus on how alcohol causes cancer.

"If alcohol really promotes cancer," he said, "it's hard to decide how it does that."

"There are so many other problems with alcohol...I would recommend moderation," Sandler said. "There is some evidence that moderate alcohol consumption is good for your heart."

Sandler said coffee and its possible risks are getting publicity, largely due to a 1981 article in the "New England Journal of Medicine," which told of a study showing a strong association between coffee drinking and pancreatic cancer. Pancreatic cancer is a particularly dangerous type and was associated with coffee drinking regardless of the patient's use of tobacco, alcohol or tea. The study also found a significant dose-response relationship among coffee drinkers.

Based on the study's

findings, one of its authors said he would stop drinking coffee.

However, Sandler said, "I think most people would not see this as demonstrated evidence that coffee causes cancer."

Studies such as the one on coffee take a group of cancer patients, ask them a barrage of different questions, then try to compare them with healthy people by asking them the same things. Sandler said much of the difficulty comes from trying to find the group for comparison. He said certain types of people were missing from the control group in the coffee study.

He compared this type of research to going fishing.

"The thing about going fishing," Sandler said, "is there's a good chance you might catch something. It is important to confirm this finding in other studies."

Sandler said another study linked decaffeinated coffee to cancer. There was no distinction between coffees in the "New England Journal of Medicine" article.



COMMUNION CELEBRANT - Theological Student Yves Eugene Joseph, 28, of Montrious Theological Seminary, Haiti, passes THE CUP to young parishioner at St. Michael and All Angels Episcopal Church last Sunday. The divinity student, house guest of Mr. and Mrs. Sidney Smith of 1510 Kay Street in Oaklawn Park residential section, was assisting church rector Father Joe Coulter following the morning service at which he was guest speaker. Divinity student Joseph will visit Raleigh, Greensboro, Chapel Hill

and the Migrant Worker Camp at Newton Grove while in North Carolina while he does further study on his thesis on "Church History" in preparation for his Ordination in December of January. When he returns from a visit in Columbia, S.C. Joseph will work as an interpreter for the Mecklenburg County Health Department's Haitian Refugee Screening Clinic to be held October 20 and 27 at the county's facilities on Billingsley Road.

## Mrs. Beatrice Bennett Is Lay Council Speaker

Mrs. Beatrice F. Bennett, popular Charlotte-Mecklenburg teacher, was the dynamic speaker for the 10th Anniversary Lay Council celebration last Sunday at Bynum Chapel AME Zion Church in Kings Mountain.

Speaking on the subject, "Working Together in Unity," Mrs. Bennett gave the audience four forces to think about: Leadership, Fellowship, Friendship and Love. She charged the audience to "remember that if these four forces are adequately utilized with continuous movement toward the right direction; growth, development, and experience in the highest magnitude will be achieved."

Mrs. Bennett is totally committed to the four most important areas of her life: family, church, community and education. She is married to her childhood sweetheart, James W. Bennett, also a teacher in the Charlotte-Mecklenburg schools. They are the parents of four lovely children: Mrs. Cynthia B. Thompson, teacher, Charlotte-Mecklenburg schools; Jimmy, Insurance Supervisor with the Claims Department of Allstate Insurance, Roanoke, Va.; and Broderick, an engineer with the Vulcan Company of Charlotte.

Having been the immediate past president of



Mrs. Beatrice Bennett Dynamic Speaker the Lay Council at Gethsemane, Mrs. Bennett is also a deaconess, class leader and assistant Sunday School teacher. She is also faithful to her home church, Womble Chapel in Lilesville where her late father, the Rev. A. W. Frye, served Zion for many years.

William Orr is president of the Lay Council at Bynum Chapel AME Zion Church in Kings Mountain. The Charlotte District Choir provided music for the occasion.

## Registered Nurses To Meet In Greensboro

Special To The Post  
More than 500 registered nurses will meet in Greensboro October 21-23 to discuss nursing's role in health care in North Carolina by the year 2000.

At the annual convention of the North Carolina Nurses Association, programs will focus on social, political, and economic changes projected for the

next two decades, how these forces will shape nursing, and how nursing, in turn, can shape health care.

Veronica M. Driscoll, R.N., Ed.D., of Albany, N.Y., will give the keynote address on "Nursing 2000: Shaping the Future." Dr. Driscoll is a writer and lecturer and former executive director of the New York State Nurses' Association.

The Association's House of Delegates will hold its annual meeting on Saturday, October 23. This voting body is composed of elected representatives of 33 district associations. Delegates take positions on current professional and health care issues.

A convention feature will be 50 exhibits of health care facilities.

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