

Black Women's Caucus Is Not Strictly Political

By Karen Parker
Post Staff Writer
The Black Women's Caucus was created in 1974 primarily as a political organization to encourage voter registration in the black communities of Mecklenburg County.

does not think 'black or white' politics. We seek human politics, those politicians who are concerned about the total community." She explained the organization also works with the Health Center, assists with bloodmobiles, and other community services. "We have assisted with high school competency test workshops across the city," Mrs. Talley added. Since the initiation of these workshops, statistics prove black high school students have improved their test scores considerably. Not only does the Black Women's Caucus support high school programs, but they work with local colleges as well. The organization is presently involved with the Afro-American Arts Center at UNC-Charlotte and its presentations about the Afro-American woman's past and present lifestyles.

Today, Black Women's Caucus is not strictly a political establishment, but one with varied ideals. However, when the Caucus endorses a political candidate, Mrs. Talley revealed, "the organization

preparation for parenthood course, designed to help parents-to-be prepare for the birth and care of their child, will be offered by the Greater Carolinas Chapter of the American Red Cross.

Preparation For Parenthood Course Set

A "Preparation For Parenthood" course, designed to help parents-to-be prepare for the birth and care of their child, will be offered by the Greater Carolinas Chapter of the American Red Cross.

Several committees have been formed within the People Can Fight Depression

People Can Fight Depression

People can fight depression, according to an industrial counselor. "Depression is probably the most widespread emotional problem that people have," says Charles A. Shaw, pastoral counselor for R. J. Reynolds Industries, Inc.

Shaw says the condition is characterized by feelings of hopelessness, worthlessness and negative thoughts about oneself. It can range from mild, "the blues," to severe, and can even lead to suicide - the 10th leading cause of death in the United States. Shaw says positive thinking and realistic expectations about life can help bring you out of the dumps.

The course provides information on labor and delivery, exercises, nutrition, and caring for your baby. A "class reunion" is held after the baby is born.

The Red Cross "Preparation For Parenthood" course consists of seven two-hour sessions. The course meets on February 7, 9, 14 & 16 from 7-9 p.m. Mary Carmichael will be the instructor. The course will also be held in March, meeting on the same Monday and Wednesday nights, from 7-9 p.m. Dot Heaslip will be the instructor.

The classes meet at the Red Cross, 2425 Park Rd. The cost is \$10 per couple. To enroll in the course, call the Red Cross, 376-1661 - Monday through Friday, from 9 a.m. - 5 p.m.

49ers Are Steadily Improving

By James Cuthbertson
Post Sports Writer
The UNCC 49ers have been steadily improving and part of the reason is the improved play of guard Irvin Williamson.

At an earlier contest in Norfolk, the Blue Beast dominated the 49ers with the strong inside play of 6'10", 225-pound senior center Mark West. The game will be at 7:35 p.m. in the Coliseum.

He led his team to fourth place in the 1980 state tournament. Williamson will have to be in top form for the 49ers who prepare for a tough week with games at Metro Conference member Southern Mississippi and at home against conference member Old Dominion.

Saturday at 8:30 p.m. in Hattiesburg, Mississippi, the 49ers will tangle the Golden Eagles. Head coach M. K. Turk returned only one starter to this team but they are still ranked in the middle of the pack of the tough Metro Conference behind such powers as Louisville, Virginia Tech and Memphis State and ahead of Tulane, Florida State and Cincinnati.

With a winning percentage of about .600, they are a formidable opponent. They are led by Curtis Green, a 6'1" junior guard and Larry Boyd, a 6'3" senior guard.

On Thursday, February 10, the Old Dominion Blue Beast comes to town. Are you planning on purchasing component sets, cassette decks, VCRs, stereo speakers and other accessories. Well, join us at McCrory YMCA for a workshop that will provide you with information on how to select the best audio and/or video equipment to meet your needs.

Workshop dates are February 15 and 17 from 10-11:30 a.m.

Black Women's Caucus to pay close attention to the several situations that arise. Some of these committees are Political Action, Education, Publicity, Membership, Issues and Policy and Voter Registration.

The Black Women's Caucus which is open to any woman at least 18 years old, uses a large portion of its income to support the Afro-American Culture Center, the United Negro College Fund, the Legal Defense Fund and provides scholarships through the McCrory YMCA.

Every fourth Sunday this group of about 60 active women meets at the Greenville Center, 1330 Spring Street, to implement ways they can improve society. Mrs. Talley noted the Black Women's Caucus concentrates heavily on the youth of Mecklenburg County. "We believe in the youth, and want to educate them about teenage problems such as pregnancy," she expressed.

Mrs. Talley and other members of Black Women's Caucus do not want their services to benefit only Mecklenburg County. Therefore, they are working to set up Caucuses in other counties. "All it takes is a group of women sincerely saying 'I care and I am willing to give my time,'" Mrs. Talley cited.



Rita Brown, president, and Salimah Majeed, vice president, load the car with toys enroute to the Christmas Bureau where they were distributed.

MABSW To Host Meeting In Charlotte

Completing the year 1982 with an Afro-American Cultural Center Celebration luncheon in November and a Christmas Toy Collection in December, the Metrolina Association of Black Social Workers are eagerly anticipating the upcoming activities in 1983. At the last North Carolina State Steering Committee of the Association of Black Social Workers it was decided that the 1983 State Conference of Black Social Workers would meet in Charlotte.

Plans for this conference and other activities will be discussed at the next meeting, Friday, February 4, at 11:30 a.m. at Quality Inn.

NAACP Leadership Conference

The NAACP's Annual Youth Leadership Conference will be held in Raleigh February 26th. The theme for this year's conference is "Stop, Look and Listen: Your Future Depends On It." The Hilton Inn on Hillsborough Street will be Conference Headquarters. Officers of the youth council and college chap-

ters are encouraged to attend the training conference. Coordinators for the conference advise all who are unable to attend to send a list of current youth officers to Dianne Small; State Youth Advisor; 3211 Delamonte Drive, Greensboro, NC 27406. Each officer is asked to bring 10 memberships to the conference.

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Evening Service 8:00 P.M. Speaker: Mother I.R. Moore of Richmond, VA
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