


Harris-Teeter's Savings Let You Enjoy The Best For Less



Grade "A" **Holly Farms Whole Fryers** . Lb. **47¢**
(Limit 3 Per Customer, Please)
 In Store Recipe Ingredient
 Cut Up Fryers...Lb. 59¢ Country Cut Up...Lb. 69¢



Decorator, Designer Or Assorted **Bounty Towels Jumbo Roll** ...Ea. **58¢**
(Limit 2 With \$10.00 Or More Purchase Per Customer, Please)



Golden Ripe Bananas 3 **99¢**
In Store Menu Item
 Lbs.

U.S.D.A. Choice Quality Trimmed Beef "Full Cut"
Round Steak Lb. **\$1.98**
In Store Menu Item
 London Broil Boneless...Lb. \$1.98

Whole Bean **Compass Gold Coffee** 1 Lb. Bag **\$1.69**

Red, Blue Or Green **California Plums** Lb. **49¢**

Harris Teeter *Helpin' out in the kitchen*

Look For Our Free Recipes & Meal Ideas Using This Week's Sale Items.

QUALITY MEATS

Dinner Bell **Meat Wieners** 12 Oz. **99¢**
In Store Menu Item
 Boneless Halves **Cure 81 Hormel Ham** Lb. **\$2.99**
In Store Menu Item
 H-T **Sliced Bacon** 12 Oz. **\$1.19**
 Carl Buddig Assorted **Chipped Meats** 2.5 Oz. **49¢**
 Fresh **Ground Round** Lb. **\$1.89**
 U.S.D.A. Choice Quality Trimmed Beef Bone-In **Chuck Steak Or Roast** Lb. **\$1.19**

GREAT GROCERIES

1 Ltr. Returnable Tab, Mello Yello, Sprite, Diet Coke Or **Coca-Cola** 6 Pk. **\$2.29**
Plus Dep.
Nabisco Chips Ahoy 19 Oz. **\$1.79**
Wesson Oil 48 Oz. **\$1.69**
 Plain Or Self-Rising **Martha White Flour** 5 Lbs. **68¢**
 24 Ct. Small, 18 Ct. Medium Or 12 Ct. Large
Luvs Diapers 30c OFF Pkg. **\$2.65**
Lucky Leaf Applesauce 33 Oz. **99¢**
Lipton Tea Bags 24 Ct. **\$1.19**
 Generic

PICK OF THE CROP

New Crop **Red Potatoes** 4 Lbs. **\$1.00**
In Store Menu Item
 Carolina Crown **Green Beans** Lb. **49¢**
In Store Menu Item
 New Crop Cape **Granny Smith Apples** Lb. **69¢**
 Carolina Crown **Green Onions** 3 Bunches **89¢**
In Store Menu Item

IN THE ICE BOX

Frozen Cheese Cannelloni, Zucchini Lasagna, Beef & Pork Cannelloni, Salisbury Steak, Fish Florentine Or Meatball Stew
Lean Cuisine Entrees 9 To 11 Oz. **\$1.79**
 Pet-Ritz **Pie Shells** 2 Ct. **59¢**
In Store Menu Item
 All Flavors **Biltmore Ice Cream** Qt. Pail **\$2.99**
In Store Menu Item
 Verniedale **Whipped Topping** 8 Oz. **99¢**
 Frozen **Dufany Florets Or Broccoli Spears** 10 Oz. **\$1.19**

THE DELI-BAKERY

Oscar Mayer Bologna Lb. **\$1.99**
Yellow American Cheese .. Lb. **\$2.79**
White American Cheese ... Lb. **\$2.99**
Chopped Ham Lb. **\$1.99**
Pepper Cheese Lb. **\$2.99**
Kosher Style Cole Slaw ... Lb. **69¢**
Tuna Salad Lb. **\$2.29**

Above Items Available In Stores With Deli/Bakery Only

FROM OUR DAIRY

Bikini **Corn Oil Margarine** 1 Lb. Pkgs. **\$1.09**
 H-T **Orange Juice** 64 Oz. **99¢**
 H-T Or Bikini **Cottage Cheese** 24 Oz. **99¢**
 All Flavors **Hunter Jungle Juice** Gal. **89¢**
 (8 Oz. 49¢)
Breakstone Sour Cream 16 Oz. **99¢**
In Store Menu Item

HEALTH & BEAUTY

X Moisture Or X Protection **Soft Sense Lotion** 6 Oz. **\$1.19**
Scope Mouthwash 30 Oz. **\$2.59**

CORK N' ALE SHOP

12 Oz. Cans **Coors Light Beer** 12 Pk. **\$4.99**
 Burgundy, Rose, Chablis, Emerald, Rhine Or Rhinecastle
Paul Masson Wines 1.5 Ltr. **\$2.99**

YOUR DAILY BREAD

H-T **Grain Bread** 1 1/2 Lb. Loaf **59¢**
 H-T **Garlic Bread** 1 Lb. Loaf **89¢**
 Earth Grain Cinnamon Raisin **Coffee Cake** Lb. **\$1.69**
 Country Hearth **100% Whole Wheat Bread** 1 Lb. Loaf **99¢**

Prices In This Ad Effective Through Sunday, July 31, 1983 In Mecklenburg County Harris-Teeter Stores Only

We Reserve The Right To Limit Quantities

We Gladly Redeem Federal Food Stamps

Seneca Shopping Center and Delta Rds., York and Yorkmont Roads, Belhaven Blvd. and McClure Circle, Coulwood Shopping Center, N. Graham and Derita Roads, Independence Blvd. and Idlewild Road, Independence Shopping Center, International

Way and Providence Road, Providence Square Shopping Center, The Plaza and Milton Road, Hampshire Hills Shopping Center, Freedom Drive and Asheley Rd., Freedom Drive Mall, Central Avenue and Amity Road, Eastland Mall, Carmel

Rd. and Quail Hollow Rd., Olde Town Village, Sam Newell Rd., Hwy.51 and John Street-Depot Shopping Center, Matthews, North Carolina, Central Ave. and The Plaza, South Blvd. and Poindexter Dr., Sedgefield Center, Sharon & Fair-

view Rds., Sharon Shopping Center, S. Sharon Amity and Randolph Rds., Cotswold Shopping Center, South Blvd. and Seneca Place.