

Check Out These Prices & You'll

"Check Out" SAVINGS



U.S.D.A. Choice Quality Trimmed Beef Bone-In
Sirloin Steak Lb. **\$2.69**

In-Store Menu Item



JFG Mayonnaise 32 Oz. **68¢**

Limit 1 With \$10.00 Or More Purchase Per Customer, Please

In-Store Menu Item



Fresh & Crisp
Iceberg Lettuce.. Head **59¢**

In-Store Menu Item

Holly Farms
Mixed Fryer Parts Lb. **38¢**

In-Store Recipe Ingredient

Chunk Light In Oil, Or Water
Star Kist Tuna 6.5 Oz. **58¢**

In-Store Menu Item

U.S.D.A. Choice Quality Trimmed Beef Bone-In
Chuck Steak or Roast Lb. **99¢**

Limit 2 Of Your Choice Per Customer, Please

Harris Teeter *Helpin' out in the kitchen.*

Look For Our Free Recipes & Meal Ideas Using This Week's Sale Items.

QUALITY MEATS

U.S.D.A. Choice Quality Trimmed
Whole Lamb Legs Lb. **\$1.99**

Halves Lb. \$1.99 Sirloin Chops Lb. \$2.99
Ground Fresh Daily
Authentic Ground Chuck Lb. **\$1.69**

Dinner Bell
Meat Wieners 12 Oz. **99¢**

Assorted Varieties
Land-O-Frost Chipped Meats 2.5 Oz. **49¢**

Chipped Meats... 4 Oz. 79¢
Hormel Black Label
Sliced Bacon Lb. **\$1.99**

Thick Sliced
Dinner Bell Beef Bologna Lb. **\$1.49**

GREAT GROCERIES

27¢ OFF
Joy Liquid Detergent 32 Oz. **\$1.49**

Buttermilk, Buttermilk & Chives, Creamy Italian, Cucumber
Kraft Dressing 8 Oz. **69¢**

Plain Or Hickory Smoke
Kraft BBQ Sauce 28 Oz. **\$1.25**

1 Ltr. Returnable Tab, Sprite, Diet Coke, Mello Yello, Dr Pepper Or
Coca-Cola 6 Pk. **\$1.99**

Plus Dep.

Nabisco Oreo Cookies 19 Oz. **\$1.79**

White Or Assorted
Waldorf Bath Tissue 4 Pk. **79¢**

Luck's Pinto Beans 15 Oz. **39¢**

PICK OF THE CROP

California Nectarines Lb. **59¢**

Medium
Yellow Onions 3 Lb. Bag **99¢**

Cape
Granny Smith Apples Lb. **69¢**

Florida Avocados Ea. **59¢**

IN THE ICE BOX

All Flavors
Sealtest Ice Cream Half Gal. **\$1.89**

Frozen
Banquet Fried Chicken 2 Lbs. **\$2.19**

White & Wild Rice, Baby Limas, Broccoli W/Cheese, White Corn, Broccoli Spears, Niblet Corn
Green Giant Frozen Vegetables 10 Oz. **89¢**

Regular Or More Pulp
Minute Maid Frozen Orange Juice 12 Oz. **89¢**

All Varieties
Totino's Pizza 10.1 To 10.85 Oz. **99¢**

THE DELI-BAKERY

Smoked Turkey Breast Lb. **\$3.59**

Dutch Edam Loaf Lb. **\$4.19**

Mozzarella Cheese Lb. **\$2.99**

Olive Loaf Lb. **\$3.59**

Kosher Style Potato Salad Lb. **69¢**

Chicken Salad Lb. **\$2.59**

H-T Onion Rolls Doz. **\$1.19**

Above Items Available In Stores With Deli/Bakery Only

FROM OUR DAIRY

H-T
Medium White Eggs Doz. **55¢**

Single Wrap
Kraft Cheese Food 16 Oz. **\$1.99**

Minute Maid Orange Juice 64 Oz. **\$1.19**

H-T Or Bilkni
Cottage Cheese 24 Oz. **99¢**

Hunter Apple Juice 64 Oz. **89¢**

HEALTH & BEAUTY

35¢ OFF
Aqua Fresh Toothpaste 8.2 Oz. **\$1.57**

Listerine Mouthwash 18 Oz. **\$1.89**

CORK N' ALE SHOP

12 Oz. Cans
Stroh's Beer 6 Pk. **\$2.39**

Burgundy, Hearty Burgundy, Rhine, Chablis Blanc, Pink Chablis, Vin Rose Or Red Rose
Gallo Wines 1.5 Ltr. **\$3.29**

YOUR DAILY BREAD

H-T
Homestyle Bread 2 1/2 Lb. Loaves **99¢**

H-T
Whole Wheat Bread 1 Lb. Loaf **59¢**

Earth Grain Apple Danish 6 Ct. **\$1.49**

H-T
Brown & Serve Rolls 3 Pkgs. **\$1.19**

Prices In This Ad Effective Through Sunday, Aug. 21, 1983 In Mecklenburg County Harris-Teeter Stores Only
We Reserve The Right To Limit Quantities
We Gladly Redeem Federal Food Stamps

Seneca Shopping Center and Delta Rds., York and Yorkmont Roads, Belhaven Blvd. and McClure Circle, Coulwood Shopping Center, N. Graham and Derita Roads, Independence Blvd. and Idlewild Road, Independence Shopping Center, International Way and Providence Road, Providence Square Shopping Center, The Plaza and Milton Road, Hampshire Hills Shopping Center, Freedom Drive and Asheley Rd., Freedom Drive Mall, Central Avenue and Amity Road, Eastland Mall, Carmel Rd. and Quail Hollow Rd., Olde Town Village, Sam Newell Rd., Hwy. 51 and John Street-Depot Shopping Center, Matthews, North Carolina, Central Ave. and The Plaza, South Blvd. and Poindexter Dr., Sedgefield Center, Sharon & Fairview Rds., Sharon Shopping Center, S. Sharon Amity and Randolph Rds., Cotswold Shopping Center, South Blvd. and Seneca Place.