

By James Cuthbertson

PREP



Chatter



James

And now for the semester grades that were omitted in last week's column due to space.

SOUTH MECKLENBURG - The Sabres' coach Herb Davis didn't return very much this year, but has managed to be competitive in several games.

Roman Phifer is going to be a great one before he leaves Sabre land. The Sabres only returned 2.9 points of experience. They have made the most of the talent they possess and except for some mental lapses could have a better record. **GRADE C.**

HARDING - The Rams were rated as one of the teams to beat in the conference.

With one of the taller teams in the league, they feature talented players like Leonard Faulcon, Donald Sibby, Brett Thompson and Ramone Hollit returning.

The Rams have not gotten on track. After losing 53-52 to Myers Park earlier in the season, the Rams lost 55-40 last week to the same team.

The Rams have more talent than they show. **GRADE D+.**

THE RANKINGS

1. **INDEPENDENCE** - The Patriots are alive and kicking. They could very well win a second conference championship. That is a credit to coach Dave Christenbury's skill as a motivator.

2. **MYERS PARK** - The Mustangs could be tough at season's end. They get more "vintage" with age.

3. **WEST CHARLOTTE** - The Lions keep tagging behind the front-runners, hoping for a slip-up.

4. **NORTH MECKLENBURG** - The Vikings play on heart and play very well. They could be a dark horse in the conference tournament.

5. **EAST MECKLENBURG** - With hot-shot Terry Conner, the Eagles are always ready to do battle.

6. **OLYMPIC** - A lot of talent on a team that sometimes gets lost along the way, but is, nevertheless, dangerous.

7. **GARINGER** - This is another team that could pose a problem for other foes in the Southwestern 4A Conference tournament.

8. **WEST MECKLENBURG** - The Indians with wins over West Caldwell, Olympic and South Mecklenburg in which they came from behind, have shown that someone is going to be sorry in the conference tourney.

9. **HARDING** - The Rams are another team in this well balanced league that could thwart someone's rise to the state tournament.

10. **SOUTH MECKLENBURG** - The Sabres, in the midst of rough times, hope to surprise some conference foes.

West Mecklenburg hot-shot Milton Moore is averaging 14.0 points per game after hitting 34 against North and 24 against Olympic last week.

Moore, a junior, is fast becoming one of the better players in the Southwestern 4A.

On the girls' front, Lisa Cole, Lisa Austin, Constance Watt and Shay Jones led the Rams to a big upset of Independence, 57-51.

With Independence leading 47-46, with 1:36 left, Cole hit a field goal to close the gap. Then Shay Jones and Tonya Williams stole the ball and the Rams hit seven of eight in the final 1:08 of play to leave the Patriots grounded off the unbeaten list.

A big game coming up Friday has Independence at North Mecklenburg. This game could have a bearing on who wins the conference championship.

Veronica Harris hit 18 points and four late free throws to lead the Trojans over West Charlotte by a narrow 59-58 margin.



Antonio Howard
.....Gangly 150 pounder

Antonio Howard Has Sure Ticket To Stardom

By James Cuthbertson
Post Sports Writer
Antonio Howard is a striking 6'1", 150 pounder who has an aura around him that indicates that he is a sure ticket to stardom one day.

The gangly youngster is presently averaging 10.0 points per game from his shooting guard position and is helping Olympic to rejuvenate from last year's 8-20 team that didn't make the playoffs.

"When we lost six or seven games in the middle of the season," he began, "we went back to the basics. We knew that we were pretty good so we practiced harder and played harder and worked on our free throws."

This is his seventh year playing basketball. At Kennedy in the ninth grade, he averaged 10 points per game. Last year he averaged 14.5 for the junior varsity which ended the season with a 17-3 record.

It is his hope and desire to play in college.

"The tournament at Rock Hill helped us by exposing us to better competition, but hurt us" by starting in on a losing binge that it was hard to come out of," he said.

Included in that losing binge was an 81-77 loss to

Louisville Male, a 78-64 loss to Rock Hill Northwestern, a 71-60 loss to Myers Park and an 87-85 triple overtime loss at North and a 67-73 loss to East.

The Trojans broke out of the slump with a 66-53 win over a South Mecklenburg team that Howard said had vastly improved over their showing in the Rock Hill tournament.

"The triple overtime at North was the second I have been in," he said. "We had one last year at Independence. We won 92-86."

The Trojans rarely win at Independence so maybe it's a good sign for the team that looks like it is a year away from being at the top of the conference.

Howard is one of the top juniors on this squad that also includes Donald Simmons, Reggie Wilson, Lamar Simond, Dwayne Glenn, Bobby Green and Jim Corry.

They join seniors Reggie Grier, Bobby Junior, Jeff Miller, Herman Springs and Gene Young.

"We are trying to get to the top of the conference, so we can have a home court advantage," he said.

His favorite player is Lorenzo Charles and Spud Webb on his favorite team, the North Carolina State Wolfpack.

Guilford College Hosts All-Star Soccer Camps

Greensboro - The fourth annual North Carolina Youth Soccer Coaches Workshop, co-sponsored by All-Star Camps of Guilford College and the Greensboro Youth Soccer Association, is scheduled for February 4-5, at the Greensboro Marriott Hotel. The two-day program is open to all youth and high school coaches, and features an outstanding staff of college and professional coaches headed by former N.Y. Cosmos and Washington Diplomate coach Gordon Bradley.

Bradley, who coached the great Pele with the Cosmos, will be joined on the workshop staff by UNC head coach, Anson Dorrance, U.S. Naval Academy of South Carolina head coach Mark Berson, nationally recognized authority on athletic liability Dr. Herb Appenzeller of Guilford College, and U.S. Olympic team trainer Tom Bynum of North Carolina A&T State University.

The workshop, which has become one of the statewide highlights of the youth soccer year, offers sessions for both experienced and new youth coaches, with the format including numerous lectures, discussions, demonstrations and drills. A special program for Directors of youth soccer programs is scheduled, along with a Saturday evening Merchandise Show of soccer equipment.

Workshop brochures and information on C.C.E. renewal credit for teachers certification may be obtained by writing: Workshop, P. O. Box 19445, Greensboro, N.C. 27419.

Review Session

The University of North Carolina at Charlotte Office of Continuing Education and Extension will present a three-day review session entitled "Preparing for the SAT" on March 17, 24, and 31.

Classes will meet on Sundays from 8:30 a.m. to 4 p.m. on the UNCC campus.

Melvin Johnson Is One Of Sunbelt's Finest

By James Cuthbertson
Post Sports Writer
Number 00, Melvin Johnson, has proved to be the 49'ers ace in the hole for the 1983-84 season. The candidate for All-Sun Belt Conference honors is one of the top players in the league.

The senior forward hails from Miami, Florida, where he was a standout at Carol City High School.

He was a second team All-Sun Belt last year and was previously "Freshman of the Year" and "Sophomore of the Year."

Johnson has started in 95 of 103 games that he has played while a 49'er.

At the latest count Johnson had moved ahead of Phil Ward on the all-time scoring list and is a cinch to pass Kevin King at number five and Robert Earl Blue at number four before he graduates.

Cedric Maxwell's 1,824 may be a little harder to beat. Johnson would have

to average over 30 points per game to pass that mark and hope that the 49'ers make it to the finals of the Sun Belt Tournament.

The 49'ers have tough contests on the road with South Florida Saturday,

February 4, and Old Dominion Tuesday, February 7, on the road.

The 49'ers will be facing South Florida and former coach Les Rowe for the first time.

The game in Norfolk will

be a rematch of the 78-77 game won by UNCC over the Blue Beast in Charlotte in January.

The team needs both games to avoid a lower division standing at the season's end.

Pl'n Pay Shoes

Brown suede with cushioned insole. EEE width.

Tan suede boot has crepe sole.

Men's cotton dress socks... 1/2 off

Men's "checkers" wallet... \$3

Shop these Charlotte area stores...

1. 2048 N. Graham St. (Hutchinson Plaza)
2. 1224 Central Ave. (Central Square)
3. 1246 Albemarle Rd. (Lochman's Plaza)
4. 3121 Freedom Drive
5. 5033 South Blvd. (K-Mart Plaza)
6. Belmont Abbey Plaza (Fwy. 273, Belmont)
7. Matthews Plaza (Hwy. 74 & 51, Matthews)

...and Pl'n Pay stores everywhere.

Sale prices good thru Sun. MasterCard or Visa. Open evenings and open Sat. 1-9 pm.

Let Mr. Charles Spoil You With A Hot Cleansing Facial

Rejuvenate your skin from the winter's cold

with a Hot Cleansing Facial by

Mr. Charles, the skin Care and Hair

Design Genius of,

THE HOUSE OF CHARLES

The House of Charles uses the latest techniques and equipment for skin care designed to bring out a more radiant you. So spoil yourself with skin care and make-up by Mr. Charles. You'll be more beautiful for it!



Mr. Charles, M.B. Dept. of Trichology

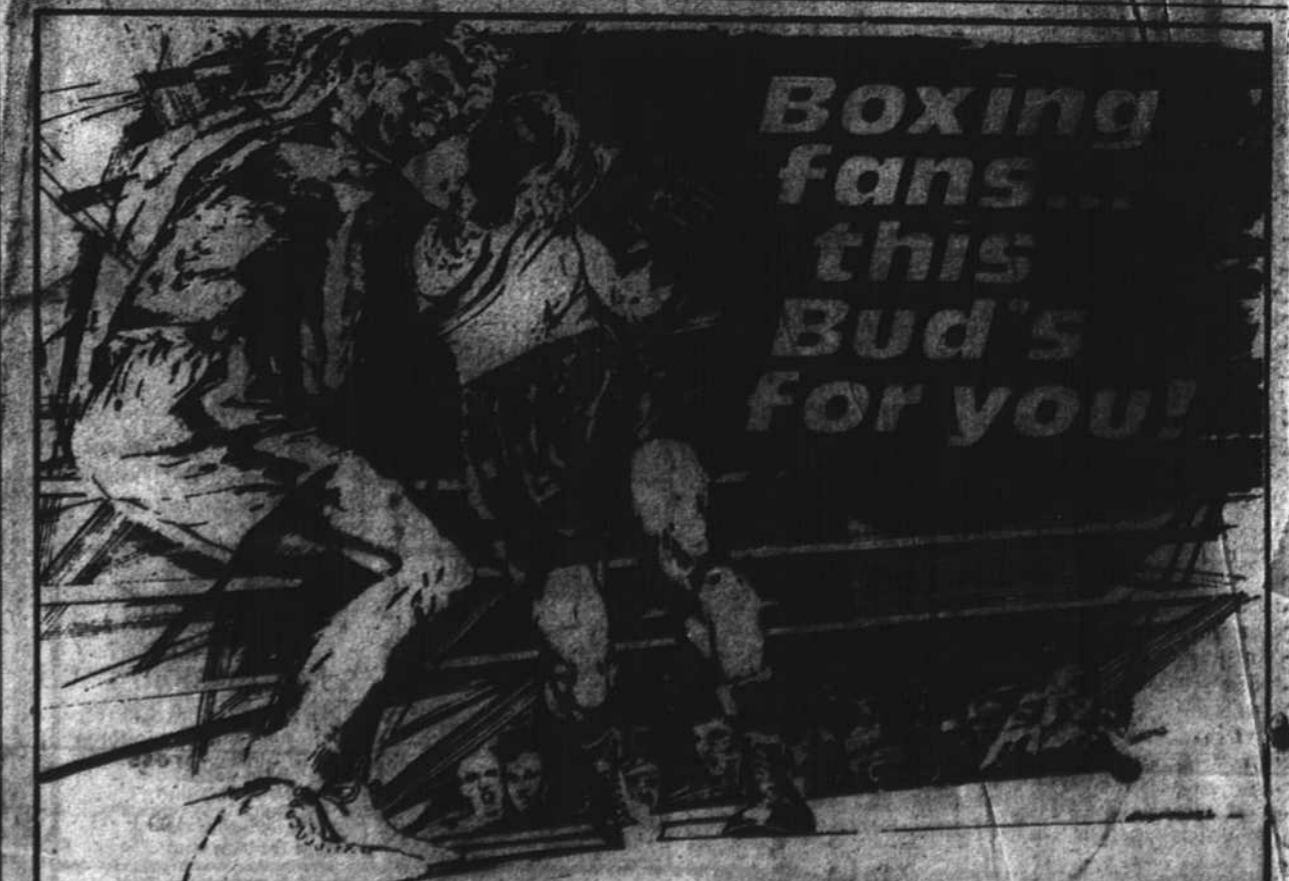
THE HOUSE OF CHARLES AND SALONS

2311 Lasalle Street
Charlotte N.C. 28216
394-0608



When You Care Enough To Look Your Very Best

Start your exciting 52 weeks of The Charlotte Post. It contains news about your community and list special events and happenings for the entire family. Call the Circulation Department, 375-0496, to start your subscription this week.



BEALER WHOLESALE And WEST MECKLENBURG OPTIMIST CLUB Proudly Presents

52nd Annual Budweiser Carolina's GOLDEN GLOVES CHAMPIONSHIPS

SEMI-FINAL BOUTS - FRIDAY, FEB. 10th - 7:30 P.M.
FINAL CHAMPIONSHIP BOUTS - SATURDAY, FEB. 11th - 7:30 P.M.

PARK CENTER, CHARLOTTE

TICKET INFORMATION . . . TICKET OUTLETS

RESERVED SEATS • E.C. SULLIVAN 371-8522
CHARLOTTE COLISEUM • 372-3600
BOX SEATS • T.W. MATTOX • 393-8544 or 8798

ANY NORTHWESTERN BANK
CHARLOTTE COLISEUM
PARK CENTER

RING OF BEERS BUDWEISER-BUSCH, INC. • ST. LOUIS

CHARLOTTE SEAFOOD MARKET

"The Best Dressed Fish in Town"

SPECIALS

Large Croaker \$1.59 lb.	Mullets 89¢ lb.
Whole Flounder 99¢ lb.	Large Spots \$1.59 lb.
Dressed Catfish \$1.95 lb.	Large Pan Trout \$1.39 lb.
Bay Scallops \$3.99 lb.	Brim \$1.79 lb.

MUCH, MUCH MORE
Hours Mon - Sat 1:00 - 7:00
328 East Blvd 333-1009

Advertisement for subscriptions.

Sell Subscriptions For ...
THE CHARLOTTE POST

And Make Big Money!
Call 376-0496