

Sorority Plans Seminar For Multiple Birth Families

By Teresa Simmons
Post Staff Writer

A little over two years ago, Gloria Tindal was expecting a child. By the third month, she and her husband, Alonzo, noticed excessive poundage, which later prompted the suspicion of the doctor. The verdict: more than one baby would arrive in six months.

The doctor's prediction was correct. On July 2, 1994, two beautiful identical twin girls were to enter, and pleasantly alter the Tindals' lives.

As with any new sibling within a household, adjustments have to be made. In the case of twins, this goes double. "I needed someone to help me. Sometimes I was up 24 hours," Mrs. Tindal explained. "Brenda and Glenda are more independent now. We don't have to bottle feed them or change diapers. You do run into a lot of problems—especially with expenses."

This is one reason why Iota Chapter of Chi Eta Phi, Inc. Sorority (nursing sorority) has planned several seminars for various multiple birth families in Charlotte. Presently, there



Identical twins, Brenda and Glenda, pose with their mother, Gloria Tindal. Their father is Alonzo Tindal and they also have one sister, Sylvia, who is 16. (Photo By Teresa Simmons)

are seven families involved, but the sorority information will be dispersed to families with multiple births concerning

First in series

the joys and problems of having multiple births; financial and educational counseling; and interactions with other multiple birth families.

In addition to films, nutritional consulting and planned family gatherings, there will also be a program entitled *Twins on Parade* in April.

Adjusting to two new members of the family instead of one was not difficult for the Tindal twins' older sister, Sylvia. "Sylvia was eight years old when Brenda and Glenda were born. She enjoyed helping out and she has been a big help to us."

In the case of twins, there is still another problem to be faced, according to Mrs. Tindal. "When there is one child, there is less attention from people. But with identical twins, people seem to go crazy over them and that is everywhere you go. If a child grows up thinking he is too special and believing that he is better, I think that will ruin his personality. It is up to

the parents to have patience with them, not to favor one over the other; to work with them every day in the areas of their weaknesses and to make sure that the older child is included in caring for the twins—so that child is not left out. I also think it is important to let twins be individuals and not try to force them to act the same."

Mr. and Mrs. Tindal may have suspected their family would one day be graced with twins. His family has one set and her family (on her father's and mother's sides) has eight sets.

The joys of the twins are obvious. "When they were babies we would lay them apart, but they would always end up side by side. Sometimes they are jealous of each other but most of the time they play together fine. They'll hug each other, sing Michael Jackson songs together (just then they sang one of Michael's tunes in unison)

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The Charlotte Post

Job Finding Class Begins

The Human Resources Development Program of CPCC will sponsor a job finding class beginning February 27.

Areas to be covered include filling out job applications, proper responses to interview questions, dressing for work and job interview as well as behavior expected of employees while on the job. The class runs for two weeks and meets from noon to 4 p.m. daily.

The class fee is \$11 and will be waived for candidates who meet Charlotte Area Fund income guidelines. For more information on the class, contact Jeff Sechrist at 373-6969.

People needing assistance with the class fees should contact the Charlotte Area Fund at 372-3010.



Keonna Monique Cowan is a unique little lady. She was five years old February 21 but already she understands the importance of the Trinity in her life. She wanted an angle on her birthday cake and the words "Jesus Loves Me." She attends Victory Christian Center where she speaks in tongues and shouts according to her mother, Paulette Cowan. Little Miss Cowan also attends the First Assembly of God and Christ School. (Photo By Teresa Simmons)

Number 100

The kindergarten, first and second grade classes at Hidden Valley Elementary School have created a non-traditional method of visualizing the number 100.

Teachers, students and parents recently participated in an 100th Day Observance in conjunction with the school's math program.

Teachers at Hidden Valley came up with the 100th Day Observance as an avenue to getting students to think of concrete ideas for the number 100.

Some of the ideas students thought of were: How many footsteps make 100? and How many cookies make 100. Also 100 balloons were sent into the sky.

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Some try to soften the blow by offering extensive lines of credit, with an interest rate tied to the bank's "prime." Of course, you have to run up a huge balance on the card before you qualify for that "prime" rate.

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