


SHOP HARRIS-TEETER



Whole
Smoked Picnic..... Lb. 69¢
(Sliced... Lb. 79¢)



H-T
Or
Kingston 5 Lb. 99¢
Sugar.... Bag
Limit 1 With \$10.00 Or More Purchase Per Customer, Please



Washington State Extra Fancy Golden Or
Red Delicious Apples Lb. 49¢
Anjou Pears Lb. 39¢



U.S.D.A. Choice Western Beef "Bone-In"
Sirloin Steak Lb. \$2.69
Recipe Ingredient



Royal Buffet Supreme (Extra Lean)
Dubuque 4 Lb. \$6.99
Ham Can
Limit One Per Customer, Please!



2 Ltr. Non-Returnable Pepsi Light, Mtn. Dew, Pepsi Free,
Diet Pepsi Or Pepsi-Cola.. Btl. \$1.09

HarrisTeeter *Helpin' out in the kitchen.*
Look For Our Free Recipes & Meal Ideas Using This Week's Sale Items.

QUALITY MEATS

U.S.D.A. Choice Western Beef "Bone-In"
T-Bone Steak Lb. \$2.79
U.S.D.A. Choice Western Beef "Bone-In"
Porterhouse Steak Lb. \$2.89
Fresh "Never Frozen"
Whole Flounder Lb. 99¢
Home!
Little Sizzlers 12 Oz. 89¢

GREAT GROCERIES

Brawny Towels Roll 59¢
Vacuum Pak Reg., A.D.C. Or E.P.
Maxwell House Bag Coffee 16 Oz. \$1.99
Limit 1 With \$10.00 Or More Purchase Per Customer, Please
Wise
Ridge Potato Chips 7 Oz. 99¢
Regular Or Unsalted
Krispy Crackers 16 Oz. 69¢
Campbell's
Chicken Noodle Soup 3 10.75 Oz. 89¢
Castleberry's
Beef Stew 24 Oz. 99¢
Showboat
Pork & Beans 3 15 Oz. 99¢

PICK OF THE CROP

California
Sunkist Navel Oranges .. 5 For \$1.00
Carolina Grown
Sweet Potatoes Lb. 39¢
Fresh
Crispy Carrots 2 Lb. Bag 69¢
Fresh
Zucchini Squash Lb. 49¢

YOUR DAILY BREAD

H-T
Grain Bread 2 1.5 Lb. \$1.29
H-T
Garlic Bread 1 Lb. 69¢

DAIRY & FROZEN

Florida Gold (Dairy)
Orange Juice 64 Oz. \$1.09
Vernedale All Flavors
Ice Cream Half Gal. \$1.19

HEALTH & BEAUTY

Edge Shave Cream 7 Oz. \$1.49

THE DELI-BAKERY

Oven Roast
Turkey Breast Lb. \$2.99
Swiss Caraway Lb. \$2.69
Home!
Spiced Luncheon Loaf Lb. \$1.79
Colby Longhorn Cheese ... Lb. \$3.49
H-T Rye Bread Loaf 59¢
Neumans Breads Loaf \$1.29
Cup Cakes Ea. 25¢
Above Items Available In Stores With Deli/Bakery Only

CORK N' ALE SHOP

12 Oz. Cans Or Regular
Budweiser Light Beer 12 Pk. \$4.89
White, Red Or Rose
B & G Partager Wines 1.5 Ltr. \$3.99

CLIP THIS COUPON
N.C. FROZEN FOOD Month 1984
SHOPPING SPREE
3 - \$100. FROZEN FOOD CERTIFICATES
Harris-Teeter and the Frozen Food Council invite you to enter the 1984 March Shopping Spree Contest. To win one of the 3-\$100.00 Frozen Food Shopping Spree Certificates, mail this coupon with two and flaps, or cut our name (or facsimile) from any two different frozen food packages. Entries must be postmarked by March 31, 1984. Drawing will be held Friday, April 6, 1984. Mail coupon to Harris-Teeter Post Office Box 38128, Charlotte, NC 28238.
Name _____
Address _____
City, State _____ Phone _____

Prices in This Ad Effective Through Sunday, March 4, 1984 in Mecklenburg County Harris-Teeter Stores Only
We Reserve The Right To Limit Quantities
Seneca Shopping Center and Delta Roads, York and Yorkmont Roads, Belhaven Boulevard and McClure Circle, Coulwood Shopping Center, North Graham and Dertis Roads, Independence Boulevard and Idlewild Road, Independence Shopping Center, International Way and Providence Road, Providence Square Shopping Center, The Plaza and Milton Road, Hampshire Hills Shopping Center, Freedom Drive and Ashley Road, Freedom Drive Mall and Ansty Road, Eastland Mall, Carmel Rd. and Quail Hollow Road, Old Town Village, Sam Newell Road, Hwy. 81 and John Street-Douglas Shopping Center, Matthews, North Carolina, Central Avenue and The Plaza, South Boulevard and Polaster Drive, Sedgefield Center, Blaine & Fairview Roads, Sharon Shopping Center, 3 Sharon, Ansty and Randolph Roads, Cotswold Shopping Center, South Boulevard and Seneca Place and Quail Corner.