

Dr. Smith Will Lead Temple's Pre-Spring Crusade

By Lori Grier
Post Staff Writer
In November, 1983, Rev. Gene E. Gilmore, pastor of Temple Chapel Baptist Church, preached for the 30th anniversary of Dr. Nelson H. Smith, Jr., pastor of New Pilgrim Baptist Church in Birmingham, Alabama.



Nelson Smith
.....Pastor of New Pilgrim

Beginning March 11-16 Dr. Smith will preach during the Pre-Spring Crusade at Temple Chapel Baptist Church, 900 September Lane.

"I'm trying to invite Charlotte and surrounding communities to hear this great preacher as he expounds on God's Word. He will be preaching on Monday night, March 11, at 7:30 p.m.," said Gilmore. Dr. Smith and his membership of more than 3,000 is in the process of building an elementary school, shopping center and Phase II of the New Pilgrim Towers. His purpose is to generate funds through the corporations within the church and to make jobs available for his members. His challenges is to see New Pilgrim develop her full potential and aspire for self-development and independence.

Rev. Smith looked at the plight of the elderly and the handicapped, in a land of plenty, living in substandard housing, unwanted, fearful of their lives and, yes, prisoners in their homes and said, "this is not right."

After many years of agonizing thoughts, planning, hard work, God's guiding hand and sustaining power, Ground Breaking Ceremonies for the New Pilgrim Towers, a 123-unit housing complex designed for the elderly and handicapped, was held on September 16, 1979, at 4 p.m. On October 30, 1980, the complex was completed with the first tenants moving in on November 1, 1980. Truly, this is one of the highlights of his 30 years of being in the grips of God at New Pilgrim.

At an early age, pastor Smith, no doubt, said in the

Union Baptist Church, Clanton, Ala.; Tabernacle Baptist Church, Beatrice, Ala.; Shiloh Baptist Church, Montevallo, Ala. and New Pilgrim for the past 30 years. The son of the late Nelson Henry Smith, Sr. and Lillie Almeta Smith was born in Brewton, Ala., on August 23, 1930. He was the third of five children. Smith received his education from Bethlehem Industrial Academy Elementary School, Monroeville, Ala.



Kathleen Spears, whose committed attitude has not gone unchecked by her supervisors, is viewing X-rays.

Spears Finds Registered Nurse Job Self-Fulfilling

By Loretta Mason
Post Staff Writer
Being a registered nurse is everything Kathleen Spears imagined it would be. It gives her the chance to help others as well as the self-fulfillment of working in a profession she loves. "I really like nursing," she exclaimed.

Her committed attitude to her job has not gone unchecked by her supervisors either. In the four years she has been working at Presbyterian Hospital, Mrs. Spears has been given more and more of the responsibilities of a head nurse.

On a routine day at the hospital, Mrs. Spears begins her 3 to 11 p.m. shift by making assignments - matching nurses with patients. She then listens to a taped report of the previous shifts. After she has checked the doctors' reports, Mrs. Spears makes her rounds to the patients, once by herself and once with the doctors. Winding up her day, Mrs. Spears gives a report of the unit where she works to her supervisor. "Of course," Mrs. Spears quickly adds, "we handle any emergencies as they arise."

It is those emergency situations that provides the challenge for Mrs. Spears. At these crucial times, she has to put all of her nursing skills and knowledge to work. "When a person cardiac arrests, I have to think and act fast, but most of all I have to remain calm."

Mrs. Spears attended Presbyterian Hospital's three-year nursing program. After her first year as a student, she was able to work in order to reduce her tuition fees. Her future plans include going back to school to earn her Bachelor of Science degree.

She and her husband, Paul, are the parents of Jason, who is two years old. They attend Ebenezer Baptist Church.



The North Carolina Nurses Association of the American Nurses Association (ANA) announced the endorsement of Susan Green for the U.S. Congress in the Ninth District. Joanne Lopata, Mecklenburg County coordinator for the Association's political action arm - Nurses' Coalition For Action In Politics (N-CAP) - recently presented Green a \$3,000 check at the Green campaign headquarters. Lopata and Ruthie M. Giles of Charlotte made the presentation on behalf of the Ninth District N-CAP and coordinator Irene Henline of Stateville. "Susan Green clearly supports the need to maintain quality health care for the American people," said Kathleen Montgomery, national chairperson of N-CAP, made up of registered nurses in the ANA and other nursing organizations.

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Beauty Talk

by Jean Ford



Protect Your Skin From Winter's Chill

Your skin needs special care to keep it looking beautiful every season of the year. And it needs extra pampering to protect it from winter weather, especially the extremes you experience as you move from the cold outside into dry, overheated interiors. These unhealthy contrasts can result in unpleasant dryness and the ashiness caused by dry cells on darker skin. Now, more than ever, be sure you take a few minutes every morning and night to take these four simple steps to lasting good looks.

your skin faster, helping your skin to repair itself from the ravages of winter weather. Finally, moisturize to protect your skin from the environment and to replenish your skin's moisture supply.

If your skin dries out in winter weather, make these changes in your routine. Try a creamy rinse-off or tissue-off cleanser instead of soap and water. Using a toner is still important. And be sure to energize with Avon's Momentum Cell Energizing Formula. It's essential! Laboratory tests prove that skin not only looks younger, it actually feels and acts younger in as little as 14 days! Finish with an even richer day and night moisturizer than you use the rest of the year. To protect the delicate skin around your eyes, use Nurtura Replenishing Eye Cream from Avon, both day and night.



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