Duke Clinic Deals With Chronic Pain

Special To The Post Durham - One reason people may have chronic pain is that they have exhausted the chemical systems in their bodies that produce "pain hormones," according to Dr. Blaine Nashold, a neurosurgeon at Duke University Medical Center.

"The chemistry of pain is a recent discovery," Nashold said. "The body has a system of substances called pain hormones. Probably what happens is that the body signals 'I am in pain,' this hormone is released and the pain is reduced. In some people the pain hormones may simply up after a while."

Scientists are trying to reproduce the pain hormones in laboratories. Nashold theorized that the reason pain therapies such as electrical stimulation and accupuncture work is by activating pain hor-

Special Symphony

A special symphony concert for older adults is scheduled for Tuesday, May 1, at 2 p.m. at Ovens Auditorium. This concert is being provided without charge to individuals over 60 within the Metrolina area.

This is being sponsored by the Charlotte Symphony Orchestra in concert with the Charlotte-Mecklenburg Council on Aging in recognition of May as Older Americans Month. Call 332-6136 to make your reservations.

Station Relocates

The Atando Contract Station, presently located at 3300 North Graham Street, has relocated to 4012 North Graham Street, Postmaster Walter E. Crowe announced.

There will be no disruption of service provided to postal customers. The move is being made to centralize the facility to better serve the Atando business community.

According to Nashold, chronic pain, on which the medical center's pain clinic concentrates its efforts, is the most difficult to treat.

"We are looking at other elements -- society, the mind, culture, present and past experience--to deal with the person's life that extends beyond the hospi-

One of the first attempts to relieve chronic pain was by cutting nerves associated with it.

"Doctors would cut the nerve to the leg or spinal cord to relieve pain," Nashold said. "This was the development of the surgical answer, but the problem was that pain might return in three or four months."

Electrical stimulation is frequently used now instead of surgery to curb pain. Electrodes implanted in the body are activated by pacemakers under the patient's control using a small transmitter. The implants are tiny and some of the transmitters are smaller than cigarette lighters.

"Fifty percent to 60 percent of the patients treated with implants get relief," Nashold said.

Hormones, surgery and stimulation are physical ways to deal with chronic pain. Nashold said pain clinics try to deal with other problems a pain sufferer might have.

"In the pain clinic there are numerous physiciansneurosurgeons, psychiatrists, physiotherapists and others--interested in all aspects of pain who look at the individual as a whole person," he said.

After a medical evaluation to identify the pain's cause, the clinic staff works with patients and their families. A person's therapy may involve neurosurgery, counseling, electrical implants, biofeedback, or a combination of several therapies.



The Finance Revival Committee of Ebenezer Baptist Church includes front row left to right: Chester Hemphill, Linda Ferguson, Kay F. Watts, Judy Bridges, Sephia West and Otha West. Back row, left to right, James Benson, Tennison

Johnson, Ulysees Scott, and Fred Mobley. Not shown are Martha Reed. Tyrone Norwood, Johnnie Pressley, Joyce Henderson, Audrey Byers, Clayton Pride, Jr., Mary Brown, Sarah Lotharp, Beulah Jones and Daisu Corbett.

Ebenezer Finance Revival Committee Plans Bake Sale

If you have a sweet tooth, then the Bake Sale on Easter Sunday at Ebenezer will definitely be a haven for you.

The Finance Revival Committee of Ebenezer Baptist Church, located at 733 E. Trade St., will sponsor this bake sale

April 22 after the morning worship service.

Whole homemade cakes will be on sale. The variety will consist of chocolate, coconut, pound, pineapple, carrot and more.

The chairman of the Finance Committee is Kay F.

Watts; co-chairman is Robert Neal; recording secretary is Joyce Henders and finance secretary is Judy Bridges.

will be held May 7 until the 11th beginning each night

Evangelist for the week will be Rev. Marvin Yancy, pastor of the Greater Fountain of Life Baptist Church, Chicago, IL. He is the husband of the famed singer Natalie Cole. Pastor of Ebenezer Baptist is Dr. A. B. Sutton.

You

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9-Piece Meal

The upcoming revival

pointed out Jones. "Our historic strength has always been the genuine family setting. Students are impressed by the alumni actively involved in recruiting as well as the support our faculty and staff show once they arrive at Smith.'

areas of the campus,

JCSU Reveals Recruiting

Special To The Post

..Like so many of his

counterparts across the

University Admissions

Director Moses Jones is

sitting on the hot seat. The

baby-boom generation has

graduated into the working

world leaving a smaller

pool of students for col-

leges to recruit from for

the next 15 years. For

Jones, the challenge is

even greater as Johnson

C. Smith University initi-

ated the first of several

admissions standards of

gressive in going after the quality student," explains

Jones. "The money avail-

able for academic scholar-

ships alone has been in-

creased by \$250,000 this

Much of the increase

came from the support of

The Duke Endowment

Scholars program as well

as an increase in support

from the Chrlotte business

community. A major boost

in scholarship funds will

come with the final phase

of the JCSU Master Plan

that calls for an academic

endowment campaign in

Money alone will not gua-

rantee success in the high-

y competitive recruit-

ing wars waged for post

"Support in recruiting

students comes from all

baby-boom students.

year.'

the fall.

"We are being very ag-

steps that upgrade the

potential Smith students.

nation, Johnson C. Smith

While the family grapevine has always served a vital role, the admissions office has initiated an extensive recruiting plan that included revising brochures, developing search pieces, producing audiovisual recruiting shows and targeting potential students through the SAT and ACT Student Search lists. The strategy has sown dramatic benefits.

"Last year we received 850 applicants by the end of June," explained Jones. We have 1,150 now in hand with a healthy number arriving daily. But what is most important, the overall quality of the applications is up measurably.

Part of the new President Robert L. Albright's plans for JCSU involved recruiting a strong core of outstanding students to act as a stimulus for both student and faculty efforts.

"We've cast a critical eye on all academic programs with the view of making the necessary adjustments in the cirricula to better prepare Smith Students for the needs of

And Retention Strategy today's high-competitive workplace," pointed out Dr. Albright. "Our new era of academic excellence must be based on reality with an eye squarely on the needs of the approaching

21st century. "We've succeeded in attracting the gifted core." evaluated Jones of next fall's freshman class. "We've never had as many recruits score 1,100 and better on the SAT.

The problem of enrollment numbers only begin with recruiting. Retaining students has grown to be a critical function on all college campus. Johnson C Smith University developed a year-long freshman orientation program several years ago under Dr Maxine Moore and James Bishop. The program meets twice a week and covers history and tradition of JCSU, study skills, personal policies and a host of other subjects and activities designed to aid the transition into independent life on the college campus

Entering freshmen will take a non-academic test next fall designed to predict potential dropouts. Sixty percent of students leaving any campus do so for non-academic reasons 'We'll be able to identify students needing greater help and monitor their progress in the freshman year," explained Dr

Eighth District Caucus Endorses Robert Jordan

Bob Jordan, Democratic candidate for Lt. Governor has been endorsed by the Eighth District Black Leadership Caucus.

Phil E, Basemore, First Vice-Chairman of the Caucus, presented Jordan with the letter of endorsement April 7. Basemore said, "We will be working to see that every county in our district supports Jordan on

In the letter, the group praised Jordan for "representing all people of his district." "You (Jordan) have always had an open door to our concerns. You have been willing to listen and help make this area of North Carolina a better place for all of us to live. We have studied your record and found you supportive of education, economic development, the environment and the many other issues of concern too all groups."

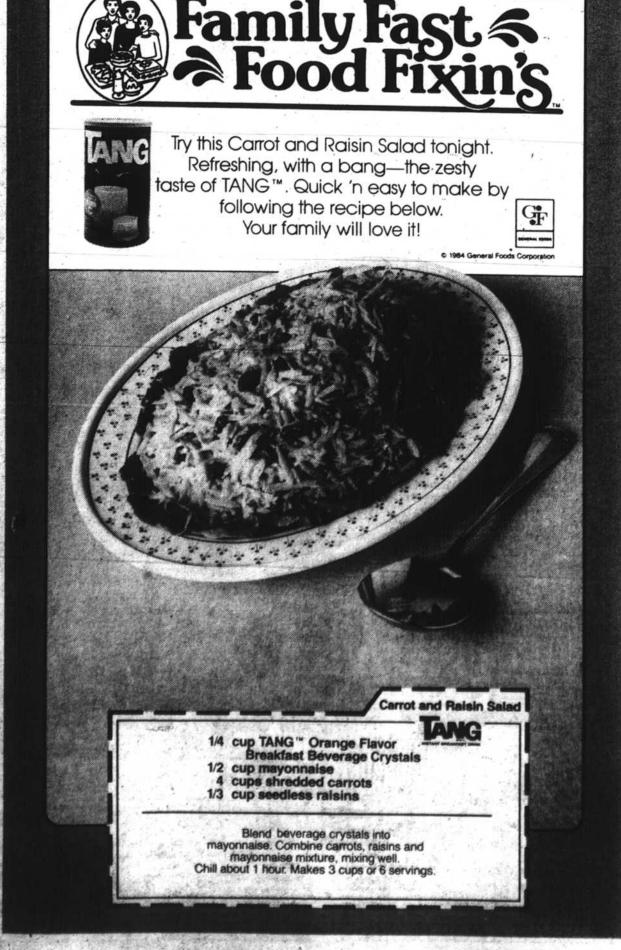
Jordan said, "I am pleased this organization has endorsed my candidacy. It is particularly 'meaningful, because it illustrates the support I have in my home area. This group knows my record and has recognized my efforts to help people."



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