

Harris Teeter

Helpin' out in the kitchen.

Look For Our Free Recipes & Meal Ideas Using This Week's Sale Items.



Portia Boulware
...Interested in sciences
Portia Boulware
Returns From
SES Workshop

By Karen Parker
Post Staff Writer
Portia Boulware has returned from the Summer Engineering Science Workshop held at the U.S. Naval Academy in Annapolis.
Ms. Boulware, a high school senior at Northwestern (Rock Hill, SC), was sponsored by the National Organization of Black Chemists and Chemical Engineers (NOBCChE) and the local affiliate, Metropolitan Charlotte Chapter (MC++2). The president of the local chapter, Dr. Bobby Dawkins explained Portia was among approximately 600 high school students throughout the country participating in the week-long workshop.
He added, "The session is designed to allow the nation's most outstanding students the opportunity to utilize the extensive engineering and science laboratory and classroom facilities at the Naval Academy."
Ms. Boulware plans to pursue a career in medicine or law. At the Academy she received instruction in chemistry, physics, mathematics, computer science, and all areas of engineering.

The daughter of Edward and Marie Boulware is the third student sponsored by MC++2.

Dr. Dawkins, a research chemist for Celanese, explained sponsoring is a part of the organization's Interest and Involvement in Science Program. The members strive to recognize and encourage young blacks who have talents in science and engineering.
According to Dr. Dawkins, MC++2 participates in career workshops at Johnson C. Smith University; elects students to spend the day with chemists at their companies to give the student a first-hand look at an engineer's responsibilities. The members also present science demonstrations at school assemblies.

The local chapter serves Mecklenburg and York Counties. A cocktail sip was held recently to attract more members into the science interest group and to share concerns related to engineering.

Dr. Dawkins emphasized NOBCChE isn't open solely to scientists and engineers. "We welcome anyone who is willing to work toward attaining the goals of the organization," he stated.

Anyone interested in joining the Metropolitan Charlotte Chapter should write the organization: NCBCChE-MC++2, P. O. Box 10563, Rock Hill, SC 29731.

If You
Want
To Know
What's
Happening
In The
Black
Community,
Read
The
Charlotte
Post
Each Week!



USDA Choice Western Beef "Bone-In"
Sirloin
Steak Lb. **\$2.99**



Arts-N-Flowers, Designer Or Assorted
Jumbo
Scot Towels Roll **49¢**
Limit 2 With \$10.00 Or More Purchase Per Customer, Please



Small 18 Lb. Avg.
Red Ripe
Watermelons Ea. **\$1.99**
Large 28 Lb. Avg. ... Ea. \$3.49



Swift's
Hostess 4 Lb. **\$6.99**
Ham Can



J.F.G. 32 **88¢**
Mayonnaise Oz.
Limit 1 With \$10.00 Or More Purchase Per Customer, Please



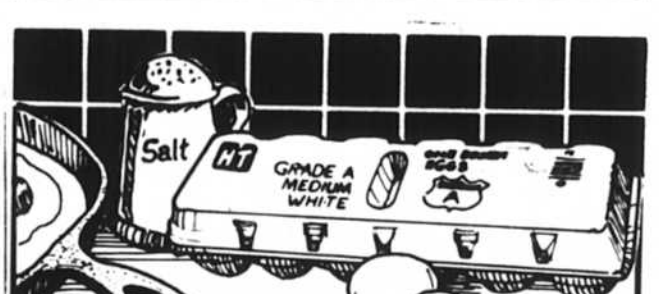
Medium
Yellow 3 Lb. **79¢**
Onions ... Bag
Fresh Cole Slaw... 10 Oz. Pkg. 49¢



USDA Choice
Cubed
Steak Lb. **\$1.99**
Limit 5 Lbs. Per Customer, Please



2 Ltr. Non-Returnable Pepsi Light, Pepsi Free, Mtn. Dew.
Diet Pepsi or
Pepsi-Cola .. Btl. **98¢**
12 Oz. Cans Pepsi Light, Mtn. Dew, Pepsi Free, Diet Pepsi Or Pepsi-Cola... 6 Pk. \$1.59



H-T Grade "A"
Medium
White Eggs Doz. **53¢**

NOW THREE STORES AT THE BEACH ON HWY. 17 Litchfield Landing, Litchfield; Deerfield Plaza, Surfside; North Village Shp. Ctr., N. Myrtle

QUALITY MEATS

- Holly Farms Grade "A"
Breast
Quarters Lb. **79¢**
- U.S.D.A. Choice Western Beef "Bone-In"
T-Bone
Steak Lb. **\$3.09**
- U.S.D.A. Choice Western Beef "Bone-In"
Porterhouse
Steak Lb. **\$3.19**
- Dak "Imported"
Sliced
Ham 8 Oz. **\$1.89**
- H-T
Sliced
Bacon 12 Oz. **\$1.19**
- Hormel "Super Select" Special Trim Light
Fresh Pork
Spareribs Lb. **\$1.49**

GREAT GROCERIES

- Embers
Charcoal
Briquets 20 Lbs. **\$2.99**
- H-T
Pork 'n'
Beans 3 15 Oz. **89¢**
- Lay's
Potato
Chips 7 Oz. **\$1.09**
- Stokely
Cut Green
Beans 2 17 Oz. **89¢**
- White House
Apple
Juice 64 Oz. **\$1.29**
- Instant Lite
Embers
Charcoal 4 Lbs. **\$1.29**

PICK OF THE CROP

- Carolina**
Peaches 3 Lbs. **99¢**
- Idaho
Baking 10 Lb. **\$2.29**
Potatoes Bag
- Red Or Green
Leaf
Lettuce Lb. **49¢**

YOUR DAILY BREAD

- H-T
Hot Dog
Rolls 3 8 Ct. **\$1.00**

THE DELI-BAKERY

- Austrian
Swiss Cheese Lb. **\$3.89**
- Yellow Or White
American Cheese Lb. **\$2.49**
- Mustard Potato Salad** Lb. **69¢**
- Chopped Cole Slaw** .. Lb. **69¢**
- H-T Hoagie Rolls 6 Ct. **99¢**
- H-T Deluxe
Sandwich Rolls 8 Ct. **75¢**
- Peach Pie** Ea. **\$2.19**
Above Items Available In Stores With Deli/Bakery Only

DAIRY & FROZEN

- Yoplait Regular Or
Custard 2 6 Oz. **89¢**
Yogurt
- H-T Homestyle Or
Buttermilk **\$1.09**
Biscuits 6 Pk.
- Sealtest
Ice Half **\$1.99**
Cream..... Gal.
- McKenzie Assorted
Frozen **99¢**
Vegetables .. 16 Oz.
- Biltmore Dreamsticle Or Fudgesicle
Frozen **\$1.09**
Novelties 12 Ct.

CORK N' ALE SHOP

- 12 Oz. Cans Coors Light Or
Coors
Beer 6 Pk. **\$2.59**
- Nectar Rose, White Chablis,
Red Burgundy Or Rhine
Almaden Mountain **\$3.79**
Wines 1.5 Ltr.

PRETTY PLANTS

- 8 Inch
Assorted
Foliage..... Ea. **\$8.99**

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We Reserve The Right To Limit Quantities We Gladly Redeem Federal Food Stamps

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Central Ave. and The Plaza • South Blvd. and Poindexter Dr. - Sedgefield Shopping Center • Sharon & Fairview Roads - Sharon Shopping Center • S. Sharon Amity and Randolph Rd. - Cotswold Shopping Center • South Blvd. and Seneca Place - Seneca Shopping Center • Albemarle and Delta Roads • York and Yorkmont Roads • Belhaven Blvd. and McClure Circle - Coulwood Shopping Center • N. Graham and Derita Roads • Independence Blvd. and Idlewild Road - Independence Shopping Center • International Way and Providence Road - Providence Square Shopping Center • The Plaza and Milton Road - Hampshire Hills Shopping Center • Freedom Drive and Ashley Road - Freedom Drive Mall • Central Avenue and Sharon Amity Road - Eastland Mall • Carmel Road and Quail Hollow Road • Old Towne Village • Sam Newell Road (Hwy. 51) and John Street - Depot Shopping Center, Matthews, NC • Quail Corners