

# CHS To Form Support Group For Patients With ALS

Community Health Service, a United Way Agency, is interested in forming a support group for patients with amyotrophic lateral sclerosis (ALS) and their families, according to a recent press release from the service, located at 1401 East 7th St.

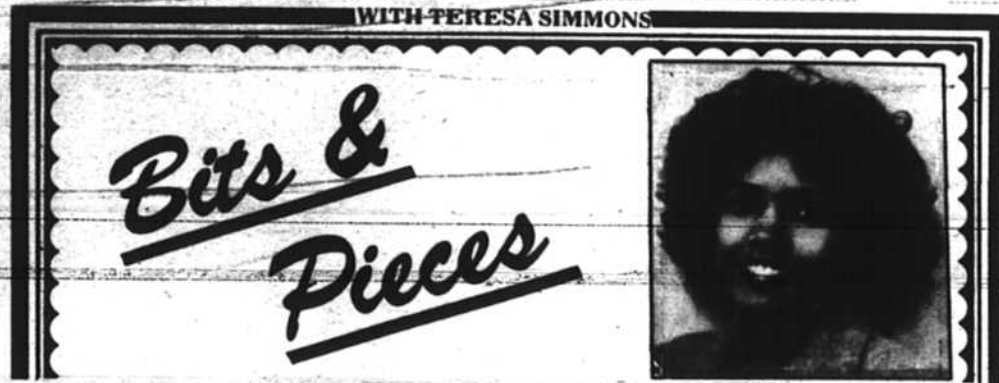
ALS is a progressive, degenerative disease affecting nerves and muscles. To date there is no known cause or cure. ALS is commonly known as the Lou Gehrig's disease.

People between the ages of 40 and 70 years are usually affected by the disease. Men are twice as often affected as women and there are approximately two cases of ALS per 100,000 population.

Symptoms of the disease include muscle weakness, which leads to difficulties with walking, talking, chewing, swallowing and eventually breathing. It does not affect the mind and the victim remains mentally alert while the physical body deteriorates.

The ALS victim and his family must deal with many physical and emotional adjustments. If you are interested or you know of someone and his or her family who may be interested in participating in such a support group, call Celeste Hubbard, RN, at 375-0172 from 8:30 a.m. until 5 p.m., Monday through Friday.

The North Mecklenburg High School Class of 1969 will meet for a picnic and reunion Saturday, September 8, from 2-7 p.m. at



Hornet's Nest Park. Class members are invited to bring their families.

The kick-off for the fund raising for the Elizabeth Neighborhood Plan took place recently. The kick-off was mainly in recognition of the cooperation among local government, businesses, hospitals and the Elizabeth Community Association.

Presentation of contribution to John Andres, President, Historic Elizabeth Foundation; Dewitt Crosby for the Elizabeth Community Association; Paul Betzold, Vice President for Planning for Presbyterian Hospital; Stan Patterson, Vice President for Planning for Mercy Hospital; Al Searles, Plaza-Central

CPCC classes at Double Oaks will include Flower Arranging. These classes will meet on Monday nights from 6-9 p.m. and on Thursday mornings from 9 a.m. until noon; plus on Thursday afternoons from 2-5 p.m. For more information on the various classes being offered at Double Oaks, call Barbara Brown, CPCC-Double Oaks Director, at 372-3738 or 3739.

If you are 55 or older you may receive a flu vaccine throughout September for \$3. The vaccine will be given at the Community Health Services Store Manager for Harris-Teeter Stores; and Charles Gaddy, Vice President for United Carolina Bank.

Building, 1401 East 7th St. To obtain information on all locations (community centers and churches) of flu vaccines, call 375-0172. Appointments are not necessary.

There is a class entitled Arthritis Water Therapy Program beginning Tuesday, September 18, at 11:30 a.m. and Friday, September 21, at 4:30 p.m. at Harris YMCA, 5900 Quail Hollow Rd. For more information, call the Arthritis Patient Services at 375-0172 and ask for

Beth Swann, RN.

Kids seem to be excited about returning to school. CMS administrators even seem calm that over 30 teachers didn't report for work - perhaps because they accepted other jobs. Our schools also received one of ten annual School Press Awards presented by the NC Association of Educators (NCAE). The award is for two publications - Commique, a weekly newsletter for CMS adminis-

trators and teachers that is produced by the Communications Department, and Staff Development News, a monthly publication produced by the Curriculum-Staff Development Department.

The award will be presented at the annual NC School Boards Association convention in Greensboro, NC.

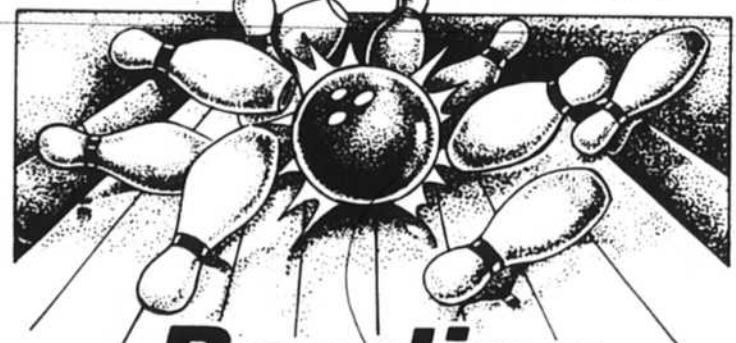
Examine what is said, not him who speaks.

**HUNGRY?**

Check out *Who's Who in the Kitchen* to find out what's cookin'!!!!

**THE CHARLOTTE POST**  
376-0496

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### Bowling For Dollars

The television show that'll shake up Charlotte premieres Monday, September 10 and we want YOU to be a contestant. Win big cash prizes! Win as a bowler or win as a "Pin Pal" home contestant. "Pin Pals" win the same prizes the bowlers do. To enter, just fill in the entry blank below and send it to Channel 36. Contestants must be over 18 years of age, and will be selected by the program producers on the basis of the information submitted. The producers' decision is final.

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I wish to be a contestant   
Pin Pal

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Street \_\_\_\_\_ Age \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Occupation \_\_\_\_\_ Bowling Average \_\_\_\_\_  
I Bowl At \_\_\_\_\_ City \_\_\_\_\_

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