



Richard Green



David Leeper



John Suber



Barbara Bourne



Marion Lloyd



Fred Stafford

**Opinions In The Street!**

**What Are The Nation's Biggest Problems?**

Problems, they say, are a part of living. Nevertheless, most folks would probably rather do without them. Problems can range from trivial to life-threatening. Trouble, like beauty, is in the eye of the beholder.

What do people think are the major problems of the day? Post reporter Audrey Lodato went to Outlet Square to find out what local residents think are the biggest problems facing the nation today. The answers ran the gamut from world peace to moral values to the budget deficit to living conditions for the elderly.

Richard Green, a Baxter St. resident and landscaper for Outlet Square, believes war and peace is the biggest issue. "I would say fear of war subject to breaking out at any time," he answered. "You go to sleep at night and don't know what's going to happen tomorrow morning."

Accountant David Leeper of Cricketeer Drive, is also concerned about the possibility of war. His reply: "Reagan's unwillingness to discuss peace with the Kremlin." Then he added, "And the budget deficit, by all means."

Fred Stafford, a retiree who lives on S. Torrence, commented that there are so many problems facing the country today. Among the biggest problems he thinks is keeping young people occupied and out of trouble. "If young people are working and occupied, there'd be less trouble in the world," he said. "I was too busy to get in trouble when I was young. Young people have too much time on their hands. There's so much killing and raping and stealing. Also, they're not strict enough on welfare. Fathers should be responsible for their children."

Another retiree, John Suber of Segal Avenue, believes the problems of the elderly and disabled need more attention. "They should do something about the living conditions of the elderly and disabled," he remarked. "They're scared to go out and spend their little check when they get it. They get

robbed if they go out. There aren't enough places to live that are comfortable and safe. I'm scared to go out at night." He also agreed with Stafford that parents should be responsible for their children.

Marion Lloyd, a Mooresville resident and assistant grocery manager at Harris-Teeter, thinks money is a problem. "I guess it'd be the budget - getting the deficit down and inflation down."

Housewife and teacher Barbara Bourne of Matthews believes the age-old problem of values is an important issue. "Keeping the values where they should be - keeping the family strong and the community strong. Giving our children alternate goals rather than drugs, such as exercise, developing their recreational time in sports, the arts. Developing into the best they can be."

**Volunteers To Conduct Blood Pressure Screening**

An estimated one out of four Americans has high blood pressure. Among blacks, the risk is even higher, with one in three affected.

That's why the American Red Cross and Medicine Shoppe pharmacies are teaming up for the second year to offer a free, nationwide blood pressure check. Red Cross volunteers are conducting the free screening from 10 a.m. to 6 p.m. on Friday, September 14 and from 10 a.m. to 1 p.m., Saturday, September 15, at more than 475 Medicine Shoppes across the country. This year's program is called "Control Yourself" because it emphasizes educational information and special follow-up activities for people detected with high blood pressure.

Like body temperature and pulse, blood pressure can vary with everyday ups and downs and even increased physical activity. But for more than 55 million Americans, when blood pressure rises, it stays there. Worse yet, nearly 40 million of the people with high blood pressure don't have it under control.

According to the American Red Cross, uncontrolled high blood pressure can induce heart attack, heart failure, kidney failure and stroke. Although it cannot be cured, high blood pressure can be controlled with proper treatment which may

involve medication, weight loss, reduction of salt intake, and proper exercise.

Unfortunately, people with high blood pressure usually have no symptoms. The only way to know for certain whether blood pressure is under control is to be checked regularly. People with a family history of this condition run a greater chance of developing high blood pressure. For others, simply eating or drinking large amounts of sodium may increase the risk, and

overweight individuals are also more likely to develop the problem than their thinner counterparts.

"The test is simple and painless," says the pharmacist at the Medicine Shoppe. The systolic and diastolic readings are used together to report a person's blood pressure. Systolic, the higher reading, refers to the pressure in the arteries when the heart is contracting. Diastolic, the lower reading, is the pressure when the heart is relaxing and refilling.

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**Community Development's Grantee Performance Report Available For Public Inspection**

The City of Charlotte's Community Development (CD) Department has submitted its first Year Annual Grantee Performance Report (GPR) to the Federal Department of Housing and Urban Development. The report indicates the progress and performance of the City's CD Program during the fiscal year 1984.

Copies of the report are available at the Community Development Department, Cameron-Brown Building, 301 South McDowell Street, Suite 501, the Office of the City Clerk, the Public Service and Information Department, and the Office of the City Manager, each located at City Hall, 500 East Trade Street.

For additional information contact:  
J. W. Walton, Director  
Community Development Department  
301 South McDowell Street, Suite 501  
Telephone: 336-2016

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**Visible Street Address Numbers Are Essential**

Visible street address numbers for homes and businesses are essential for fire, police and medical officers responding to emergencies on your property. The City and County require that owners of residential, institutional and commercial buildings display the proper street address number on the front of each building. Use the checklist below to make sure that street numbers are clearly visible on your home, apartment or business:

- Are the numbers on a contrasting background?
- Can the numbers be easily seen from the street?
- Will the porch or other exterior light illuminate the numbers at night, or are they reflectorized?
- Are the numbers posted immediately overhead, or left or right of the entrance?
- If your house is a distance from the road, are the numbers posted on a fence or a column at the intersection of the entrance of the roadway?
- If your dwelling or business establishment is on a corner lot, do the numbers face the street named in your official address?

For questions about verifying your correct street address number, contact the County Engineering Department at 336-2713.

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