

NCNB Corporation Donates 108 Pieces Of Art To Johnson C. Smith University

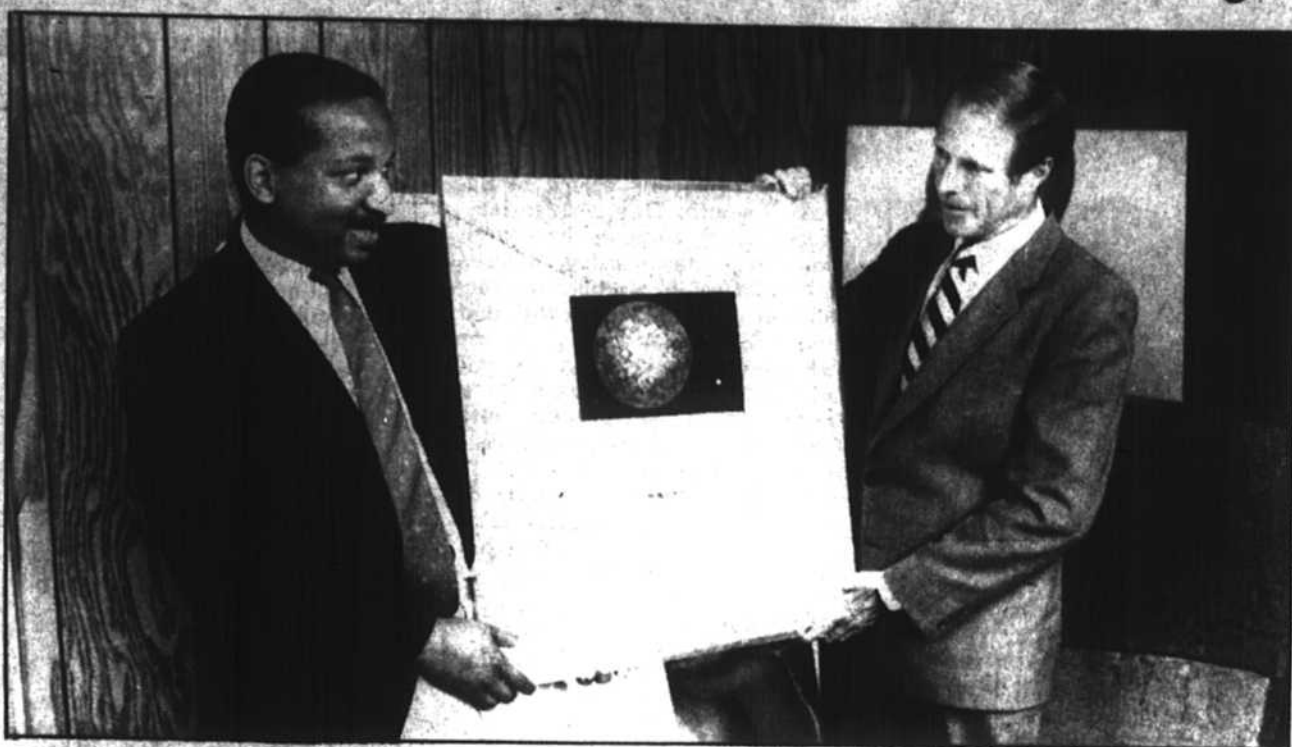
Special To The Post
Johnson C. Smith University in Charlotte has received 108 pieces of art valued at \$20,000 from NCNB Corporation. The gift was made through the Company-College Gifts-In-Kind Clearing House, a non-profit organization that matches corporate donations with the needs of member colleges and universities such as Johnson C. Smith.

"It's created quite a stir on campus," said Getchel L. Caldwell II, the university's Assistant Vice President for Development. "We anticipate being able to use the bulk of the collection. It will enhance the aesthetic beauty of many of the walls in our campus community."

Johnson C. Smith President Robert Albright Jr. and others are discussing how the art should be used, including the possibility of establishing a campus art gallery, which the school currently does not have, Caldwell said.

Art not used by the university will go to the Clearing House for distribution among its other members.

The gift came after Caldwell and a Clearing House representative visited NCNB Assistant Vice President Elizabeth A. Craddock, who was familiar with the Clearing House, although NCNB had not used it before. NCNB, however, has contributed to Johnson C. Smith on other occasions in the past.



Getchel Caldwell II, left, and James Herring admire art donated to Johnson C. Smith by NCNB through the Company-College Gifts-In-Kind Clearing House.

"It's really rare that we have excess art to give away," Craddock said. "In this case, we had just been going through our art inventory and had been doing renovation that left some of our art without a place to be displayed. We were faced with stor-

ing it away where no one could see it or enjoy it for a long time.

"When they came by to talk about the Clearing House, it struck me that donating the art would be a way of simultaneously meeting the needs of two organizations and ensuring that

it would continue to be viewed and appreciated."

The Company-College Gifts-In-Kind Clearing House was started about two years ago at Davidson College by James Herring, a former

executive with Atlantic Richfield and Texaco. It has grown to include 50 private colleges and universities in the Eastern United States, and some of America's best-known companies have used it to donate surplus and outdated equipment, inventory, property and other materials.

"We are very pleased with NCNB's gift to Johnson C. Smith," said Herring, executive director of the Clearing House. "It's a good example of how our program works. We enable our members to receive many items they might not normally receive. But we also provide an important service to companies by helping them get rid of their surplus and obsolete items and by giving them a good opportunity for a tax deduction."

Caldwell says Johnson C. Smith

looks forward to receiving more donations through the Clearing House, and Craddock says NCNB plans to use the Clearing House for other gifts in the future.

Colleges and universities in the Carolinas that are among the 50 members of the Clearing House include: Johnson C. Smith University, Charlotte; Queens College, Charlotte; Davidson College, Davidson; Lenoir-Rhyne College, Hickory; Furman University, Greenville;

Coker College, Hartsville, S.C.; St. Andrews Presbyterian College, Laurinburg; Erskine College, Due West, S.C.; Guilford College, Greensboro; Presbyterian College, Clinton, S.C.; Salem College and Wake Forest University, Winston-Salem; and Warren Wilson College, Swannanoa.

Duke Recruits Subjects For Exercise Study

By Charles Blackburn
Duke Medical Center
Special To The Post

Durham - For decades doctors have urged their patients to exercise regularly as a defense against heart disease, but it's still not known exactly how exercise protects the body against the nation's number one killer.

In a new study at Duke University Medical Center, researchers hope to determine if that element of protection is due to biochemical and psychological changes that counteract the unhealthy effects of the Type A personality.

"The study is designed to test the hypothesis that a program of regular exercise will help people handle stress better and thereby reduce their chances of developing heart disease or of having a second heart attack," according to Dr. James Blumenthal, assistant professor of medical psychology at Duke.

In the 25 years since the term was coined, Type A has come to refer to anyone who is chronically on edge. Type A's are highly competitive and ambitious, speak rapidly and interrupt others often, are easily angered and generally hostile. They seem unable to sit back and relax, and this constant state of vigilance seems to have some dire physiological consequences.

"It's estimated that at least half of the men in the United States fall into the category of Type A behavior," Blumenthal said. "Not all Type A's develop heart disease. In fact, many remain perfectly healthy, indicat-

ing that a number of factors are probably involved in the disease process, including heredity.

"But as a group, Type A's have increased mortality rates and higher than average rate of coronary disease and high blood pressure. The evidence strongly suggests that one's attitude toward life can take a severe toll on physical health."

According to Blumenthal, studies have shown that under stress Type A's produce higher levels of certain hormones than their more relaxed counterparts. Ordinarily, the hormones - cortisol, adrenaline and noradrenaline - give the body a physiological boost in times of stress by releasing fat from the body's stores to be converted into energy.

"One theory is that over time the fact can build up in coronary arteries," Blumenthal said. "The formation of fatty plaques is the hallmark of coronary disease."

He noted that Type A men also tend to produce more testosterone, the male sex hormone that has been linked to aggressive behavior. Exercise training may reduce the amount of these hormonal substances that are secreted during stress.

The Duke researchers hope to recruit at least 60 cardiac patients who have had a heart attack within the past six months. They will be asked to participate in DUPAC, Duke University's Preventive Approach to Cardiovascular disease, a closely supervised exercise program for cardiac rehabilitation and prevention.

Herbin

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for advancement on her job and maybe one day going into business for herself. She points out that a person she most admires is a friend, Beverly Earle. "She's a single mother with a 21-year-old son in college," describes Casandra. "Plus she's gone out and started several different businesses. She's always getting into something new."

"I love to decorate," says Casandra. "One day maybe I'll be able to own a decorating shop which will feature odds and ends for use in the home - pictures, mirrors, vases - things like that."

This week's beauty describes herself as "sensitive and loving." "I'm very conscious of others and their feelings," she tells. "I'm also hard-working and energetic," Casandra notes. "I have to be to keep up with my children and my job," she concludes.

Casandra attends Shiloh Institutional Baptist Church. Her parents are Mr. and Mrs. Ernest Lanier of Greensboro, N.C.



Who knows what the future holds for these astute gentlemen? Pictured from l. to r. Kenneth Porter, Arthur Hoskins, Ronald Patterson, Martin Wilkins, Terrence Carothers, Hassan Rasheed, and Chris

Perkins have only just begun to travel their long road of education. They are recent graduates of E. C. Cannon Cathedral Daycare. (Photo by Ricky Sampson of Divine Reflections)

UNC-G

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interior design.
Kimberly A. Kesterson, daughter of Mr. and Mrs. Jefferson T. Kesterson of 111 Bradford Dr., bachelor of fine arts, magna cum laude; Lisa M. Theberge, daughter of Mr. and Mrs. Cyrice Theberge of 1422 Piccadilly Dr., bachelor of science in home economics.

Graduates from other parts of Mecklenburg County are: William H. Bolding, Box 802, Davidson, doctor of education degree; Susan Ellington, daughter of Mr. and Mrs. L. E. Ellington of Rt. 2, Box 598, Huntersville, BA, psychology; Nancy R. Forward, daughter of Nancy T. Forward of 7201 Summerlin Pl., Matthews, BS, accounting; Tara D. McMillan, daughter of Marie L. McMillan of 3106 Plantation Rd., Matthews, bachelor of science in nursing; Nancy T. Taylor, daughter of Mr. and Mrs. Richard M. Taylor of 1115 Berry Ridge Rd., Matthews, BA, speech communication; Bernard W. Barnes, son of Polly W. Barnes of 11006 Kingfisher Dr., BA, broadcasting and cinema.

Altogether, degrees were awarded to 1,354 undergraduates and to 604 graduate students, including 61 who earned doctoral degrees.

Pfc. Kevin Wideman

Marine Pfc. Kevin A. Wideman, son of America and Mabel McKnight of 2832 James St., has been promoted to his present rank while serving with 1st Marine Division Camp Pendleton, Ca.

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