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New Book Covers Research On Sex Differences

Special To The Post

Cullowhee - Death may be universal, but how you die and when depend a lot of whether you are a man or a woman

A review of the research on these sex differences in death has been published by Dr. Judith Stillion, professor and head of the psychology department at West Carolina University.

"Death and the Sexes: An Examination of Differential Longevity, Attitudes, Behaviors and Coping Skills" has chapters on longevity and attitudes, murder and suicide, bereavement and grief, and death education and counseling.

Intended as a reference for researchers and students of death education and sex roles, the book covers the most meaningful research on sex differences and explores its implications.

It grew out of a symposium at the annual meeting of the Forum for Death Education and Counseling and originally was to be on women and death. "The sex differences were so startling, though, I couldn't talk about attitudes of women without comparing them with those of men," Stillion says.

Statistics show that women live about eight years longer than men and that more men than women are murdered, commit suicide and die of lung diseases, heart diseases, cirrhosis and accidents. At any age, more men die than women; more boys are conceived and born but more girls survive.

Stillion acknowledges biological differences as factors but attributes much of the statistical differences to social messages about "the real man" stereotype that involves competition, power, self-reliance and being different from women.

For example, females attempt suicide twice as frequently, but three to five times more males complete the ast; perhaps the achievement motive works to prevent the humiliation of failure even in suicide, Stillion says.

She believes that women live in a less dangerous and violent world than men, who are murdered more often and are far more likely to be

murderers. Women have felt free to. express their problems and to reach out for help with a minimum of disapproval from society, she says. Sex differences also affect atti-

tudes toward death, Stillion says. Research shows that women admit more death anxiety. "Yet there is no psychological reason why females would be more afraid of dying than men," she says. Women may be freer to admit their fear than men, she adds

"The sex difference that's most convincing for me is longevity,' Stillion says. "You'd think that when one-half of the society is at risk, you'd safeguard that half--tell them

to be careful, tell them to be more passive than aggressive. But we do just the opposite." Men might live longer if they talked more about their feelings, accepted emotional support and had a warmer emotional environment," Stillion says. "Death and the Sexes" was

published this year by Hemisphere Publishing Corp., a division of McGraw-Hill International. It is available from the publisher for \$28.50.

FIND IT FAST In The Post Classified Ads. Call 376-0496.

Memorial Presbyterian women recently honored Shirley Massey with an award of appreication for the meritorious service she has rendered unto them. In addition to this recognition, Mrs. Massey was crowned "Luau Autumn Fest," in a beautiful coronation service. Given to her by Henrietta Norris, president of the women's association, the plaque represented her and her team's effort in surpassing 11 other contenders in the church's financial drive. A graduate of Johnson C. Smith and Appalachian State University, Mrs. Massey has a master's degree in reading. She is a first grade teacher at Tuckaseegee Elementary School, an active member of the deacon board and a member of the National Squaws Inc. The other ladies represented in the event were: Roberta Avery, Gwendolyn Bradford, Gwendolyn Bryant, Gayle Dixon, Alicia Griffin, Sarah Johnson, Linda Marshall, Rosetta Jones, Dema Newberry, Dorothy Scoggins, and Beatrice Wallace. Group leaders for the program were: Florence Goodwin, Ocala Bluford, Carrie Evans, Anna Hood, Geraldine Johnson, Mary Smooth, Doris Howard, Louise Mullins, Clara Graham, Essie Baynes, and Lillian Shute. (Photo by Peeler's Portrait Studio)

Offices Close For Thanksgiving

County offices and agencies will be closed Thursday, November 28, in observance of Thanksgiving Day. This includes the Department of Social Services, the Health Department, Tax Offices, and all branches of the Public Library The County's three landfills-

Harrisburg Road, Holbrooks Road, and York Road-will be closed.

All the County's parks - Latta Plantation, McAlpine, Harrisburg

Road, Idlewild Road, North Mecklenburg, and Ramsey Creek - will remain open.

All County emergency services, including County Police, MEDIC, Seventh Street Detoxification center, and mental health services, will operate on a normal schedule.

The County offices and agencies will reopen Friday morning. November 29.

W. Charlotte PTSA Selling Fruit

The West Charlotte High School PTSA will be selling Indian River citrus fruit from Florida as its major fundraising project this year. This nutritious, delicious fruit is tree-

p.m., or Saturday, December 14, from 9 a.m. until 3 p.m. Free delivery is provided for orders of 10 or more. PTSA members will be taking orders in their neigh or you can call 364-7064 or 364-0043 to place your order. The West Charlotte PTSA has set a goal of \$4,500 to be raised from this sale. Proceeds will be used to buy instructional materials which will benefit all the students. The PTSA appreciates the community's support in helping us reach our goal.



ripened and guaranteed to be perfect fruit from this year's crop. West Charlotte is selling pink grapefruit, Orlando tangelos, Hamlin oranges and Navel oranges. Also for sale are one-pound packages of luscious pecans. Our prices are very competitive.

Orders can be placed beginning this week through December 2. Fruit can be picked up at the school on Friday, December 13, from 2-7

For more information, contact Mary Murchison, 364-7964 or Patty Jenins, 364-0043.

Medical Research Grants Awarded

The Foundation For The Caro linas announces the award of \$15,500 in medical research grants in the areas of cancer and heart disease

A grant of \$8,000 has been made to the Heineman Medical Research Center in Charlotte for research into the use of lasers in the treatment of

the use of lasers in the treatment of heart disease, specifically cardiac arrhythmias and atherosclerosis. Duke University Medical Center in Durham will receive a \$7,500 grant for cancer research. The Duke project focuses on the treatment of cancer through a combination of bone marrow transplants and high

dosage chemotherapy

Funds for the Foundation's annual medical research grants come from several funds within the Foundation. These include the Medical Research Fund, the Edward R. Fatzinger Fund, the Col. Erickson S. Nichols and Madeline Hechenikleikner Nichols Fund and

the Emery Wister Fund. A sizeable new medical research fund has been established with the Foundation by an anonymous donor. The Carolinas Cancer Research Fund will focus on research projects concerning treatment of all types of cancer.

Mayfield Observes Senior Citizens' Day

Continued From Page 1A more enjoyable and happy. Those who have no transportation to the meetings are transported by the church's van with Mrs. Janice Harry Feely serving as driver. Coordinator of this fellowship is Ms. Mary Hollins, who inspires them to attend with the various and varying meaningful activities held at each

meeting. On display at the Feast of Thanks giving will be works of art and ceramics that have been done by the enior citizens.

Pastor H. S. Diggs of the May

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