Women Should Not Have To Engage In Fallacy Of The "Ideal Mate"

After reading the article, 'How To Marry The Man of Your Choice" (The Charlotte Post, November 7, 1985), I experienced a great amount of discomfort. My initial response was, "How dare they continue to perpetuate the fal-lacy of the 'ideal mate?"

A woman does not have to engage in certain charades, such as the ones suggested in the article, in order to get a man. It is possible for a woman or a man to find the mate of his or her choice if he or she first knows what his or her choice is. Also, that choice must be a realistic one.

. So, I would like to give the TAT Guidelines for finding the mate of your

-First you need to know what you want out of a mate and out of a relationship. Be as clear about your present and your future goals and desires as

-Do not assume that your potential mate is a mind reader. This is a waste of time for both parties. Do not be afraid to openly communicate, even if it means stepping on

-Be realistic in your goals. There is no Prince (or Princess) Charming, so stop soaking those feet to fit that glass alloper.

-Be willing to give with-out expecting to be com-pensated for it.

Be willing to compromise in relationships. As the old adage goes, "No one is perfect," including you.

-Most importantly, do not expect anyone to go that extra mile for you if

you are not willing to go that same extra mile. Of course, this does

For Children

Holiday activities for children will be featured during Kids' Day in uptown

Charlotte, December 7,

panions will be encouraged

to ride a Charlotte Transit

they reach the Tryon Street Mail, volunteer "elves" will direct them to

special events taking place

The Second Annual Holi-day Tree-lighting will be held in uptown Charlotte on Friday, December 6, 3:30 9

Entertainment for the event will include brief holiday performances by area groups. The activities will take place at the Square (the intersection of

Trade and Tryon streets).

Holiday Tree-Lighting

10 a.m. until 3 p.m. To begin the day, chil-dren with their adult comSpeaking Out



Tawanna Taylor

start defining their needs early in relationships so that the direction is clear and easily guided. If two people would admit to each other early in a relation-ship that they do not want the same things from it or each other, then it would surely prevent them from per perspective. The ideal mate will never walk into your life, because that person does not exist. A strong and happy relationship is grown out of the understanding that both partners. partners must work together to build a solid foundation. Partners in a relationship are able to do surely prevent them from wasting six months, one year, or 10 years of each other's lives.

Once you come to the realization that there is no "Mr. or Miss Right," only then will you be able to put a relationship into the pro-

Uptown Charlotte To

along the Mall.

Currently, children's ac-tivities are scheduled at

Spirit Square, Discovery Place, Main Library, Belk and Ivey's. In addition,

children can tour the Adam

One police station, view uptown from an upper

Center and shop at area

Most of the activities will

event. The Mail was of-ficially opened to the public on Thanksgiving Day, 1984.

The climax of the even-ing will be the lighting of Charlotte's Christmas tree at Independence Plasa Park (at the Square). The 30-ft. tree's decorations will include ornaments made by students at First

Involvement Council, Belk,

Ivey's, Faison Associates, Marriott City Center Hotel, Burger King and McDonald's.

ideal mate when you learn to accept others' weak-nesses and basic human flaws, since you, too, have them. Become the ideal mate, if you want one! Twanna A. Taylor

Carrousel Parade

Join the fun of this year's Carolinas' Carrousel Parade November 28. Thanksgiving Day, at 2 p.m. The parade will begin at North Tryon and 11th Streets, proceed down Tryon to Stonewall Street turn left onto Stonewall and turn left onto College Street. The parade will then turn right onto 2nd Street and proceed down 2nd to McDowell Street. Grandstands will be located on 2nd Street between Davidson and McDowell Streets, For more information on the parade or how you can attend the Queen's Luncheon on Tuesday, November 26 or the Pageant and Coronation Dance on Wednesday night, November 27, call 372-9411.

Haemophilus Influenza Type B Disease The North Carelina Academy of Family Physicians has officially endorsed the use of the secently FDA approved vaccine for Haemophilus Influenza Type B for HIB meningitus range from five to 10 percen nophilus influenza Type B disease (HIB). HIB is the most common cause of bac-terial meningitis and a leading cause of serious systemic bacterial diseases in young children in the United States.

he United States. Recent studies indica that one in 200 American children will contract HIR disease during the first five years of life. Although

the Haemophilus bacteria are commonly found in the nose and throat, under appropriate condi-tions they can enter the bloodstream and cause serious diseases. The most common and lethal of these is bacterial meningitis (inflammation of the membranes covering the brain and spinal cord), which affects approximately 60 percent of those children who contract HIB disease during the first five years of life. The mortality rate

Epiglottitis, inflammation of the epiglottis (the elas-tic cartilage at the back of the throat that closes to protect the airway during eases include pneumonia, septic arthritis and cellu-litis.

Vaccine To Protect Ohishen Against

Treatment of confirmed HIB meningitis involves

therapy with antibiotics. However, by the time the symptoms of HIB meninare easily recognized, total recovery may not be possible. Serious neurological after effects may in-clude paralysis, loss of hearing, seizures and be-havioral and learning dis-abilities. HIB meningitis is

considered the leading cause of acquired mental retardation in the U.S. HIB is a contagious dis-ease and, therefore, hard-

er to control. The numb of infants and young children attending day care centers has increased rapidly in recent years. This multiplies the already serious problem of HIB infection because of the increased risk of the disease spreading rapidly among children of this age group in close contact with one another. The CDC reports that "for children 18 months and older, 66 to 70 percent of all HIB (disease) cases in the U.S. may be attributable to exposure in day care centers."
There is also an increased risk of infection in a home environment where several young children are pre-

Studies clearly document

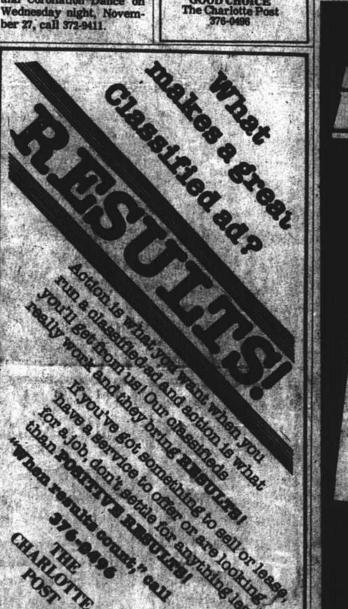
safety of the HIB vaccine in the 24-month to five-year age group. Its use in this patient population should be of enormous public health benefit.

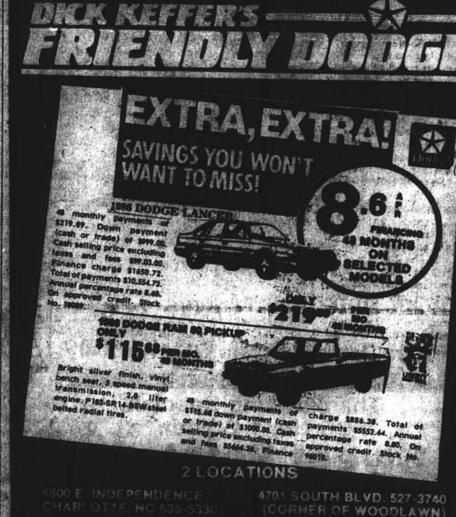
The North Carolina Academy of Family Physicians specifically recommends the vaccine for all children at 24 months of age and for children known to

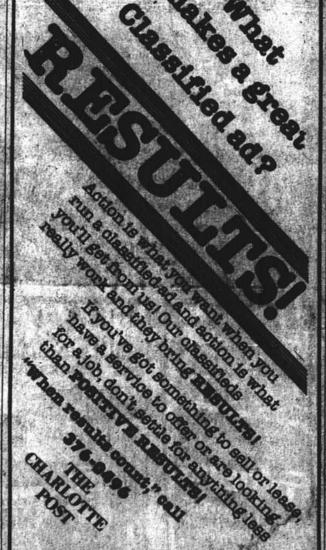
be in high risk groups as early as 18 months. Sufficient data is not available at this time to determine the necessity for repeat doses of the vaccine. The vaccine is not recommended for children under 18 months of age or over five years of age.



GOOD NEWS GOOD PEOPLE GOOD CHOICE The Charlotte Post 376-0496









TO PLACE AN AD CALL

376-0496

this when they realize that they want the same things, and they are willing to give up some things in order to strive for the things that they want. You will become the reactive Lolley Activities reduced rate Supporters of Kids' Day include: Central Charlotte Association, City of Charlotte, Charlotte-Mecklenburg Schools, Charlotte-Mecklenburg Public Libra-ry, Discovery Place, Spi-rit Square, Charlotte Opera, Community School of the Arts, the National Conference of Christians and Jews with its Youth



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