

Cranberry Sauce Gives Glazed Hens A Touch Of Color

You know cold weather is really on its way when you begin to see bright, fresh cranberries in the market. In this delightfully festive recipe, cranberry sauce, brown sugar, onion, cinnamon and low-sodium Kikkoman Lite Soy Sauce combine in a warm garnet-colored glaze for succulent Rock Cornish hens. The rich, flavor enhancing qualities of all-purpose, naturally brewed soy sauce are well known. The only difference in low sodium soy sauce is that 40 percent of the salt is extracted after brewing - a real plus for those concerned about the amount of sodium in their diet. This delicious glaze is brushed on the inside and out, so the tender, little hens have a delicate and mouth-watering flavor. This one recipe you'll want to serve

all year long - not just at holiday time.

CRANBERRY GLAZED HENS

- 4 fresh or frozen Rock Cornish hens (thawed, if frozen)
- 1 can (8-oz.) jellied cranberry sauce
- 1 Tbsp. brown sugar, packed
- 3 Tbsp. Kikkoman Lite Soy Sauce
- 1 tsp. onion powder
- ¼ tsp. ground cinnamon

Remove and discard giblets and necks from hens. Rinse under cold running water; drain well and pat dry. Combine cranberry sauce, brown sugar, lite soy sauce, onion powder, cinnamon and 3 tablespoons water in small saucepan. Heat over medium heat until cranberry sauce dissolves and mixture is smooth (do not boil).



Cornish hens are glazed with cranberry mixture.

Remove from heat and cool slightly. Place hens, breast side up, on rack in shallow pan. Thoroughly brush cavities and skin of hens with glaze. Bake in 375 degree F. oven 70 minutes, brushing hens with glaze

every 35 minutes. Cover hens loosely with aluminum foil; return to oven and bake 30 minutes longer, or until hens are tender. Let stand 5 minutes before serving. Makes 4 servings.



Cakes and pies are part of what make the holidays such a fun time. Here, Mabel Reid slices into one of her specialties. If you're looking for something "new" to try during this festive season, try this bit of "treasure."

TREASURE CHEST

- 1 10¼-oz. frozen lb. cake, thawed
- 17-oz. jar Kraft marshmallow creme
- 1 3-oz. pkg. Philadelphia Brand cream cheese, softened
- 1 c. thawed LaCreme whipped topping with real cream
- 1/3 c. miniature semi-sweet chocolate pieces
- 1/3 c. Kraft fudge topping, room temperature

Cut thin lengthwise slice from top of cake. Remove center from remaining cake, leaving ½-inch shell. Cut enough removed cake into ¼-inch cubes to measure ½ cup. Combine marshmallow creme and cream cheese, mixing at medium speed on electric mixer until well blended. Fold in cake cubes, whipped topping and chocolate pieces; chill. Fill cake with marshmallow creme mixture; cover with top of cake. Frost cake with fudge topping; chill. Decorate with gold foil-wrapped chocolate coins and candy canes. Makes 8 servings. Variation: Substitute diced mixed candied fruit for chocolate pieces.

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