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Sports

Not-Too-Sweet Punch Suits Everyone

For easy entertaining during the holiday season, a food industry expert suggests keeping holiday punch on hand

In the recipe that follows, "Double Red Fruit Punch" combines cranberry cocktail and Hawaiian Punch fruit punch, a not-too-sweet combination will suit all family members.

> DOUBLE RED FRUIT PUNCH

1 can (46 fl. oz.) Hawaiian Punch fruit juicy red, chilled

2 c. cranberry juice, chilled 1 c. apple juice, chilled Ice cubes Lemon Petals (+)

In punch bowl, combine punch, cranberry juice and apple juice; mix well. Add ice cubes. Ladle into punch cups. Garnish each cup with a Lemon Petal. Makes about 18 servings. (4 oz.

Lemon Petals

Slice lemon; cut lemon slices in half. With sharp knife, cut notches into lemon peel; remove cut out





WPEG is launching a united effort to help feed the hungry in the Metrolina. You too can have a big part in this.

Listen to WPEG FM-98 for details on where you can purchase Metrolina Fights Hunger sweat shirts, buttons, mugs and records.

WPEG will have a Talent Search on December 6, 1985. Auditions for the Talent Search will be held November 30, 1985, 10:00 A.M., at Park Center, Charlotte, N.C.

All proceeds from the ticket sales, sweat shirts, buttons, mugs, and records will go to the Metrolina Food Bank for distribution among Metrolina's hungry.

4 United Effort to Feed Metrolina's Hungry

nd a fruit-based

cookies come in all shapes and sizes, as ons can attest. For a "jumbo" variety,

rine and sugar until light and fluffy. Blend nd vanilla. Add combined dry ingredients; For each cookie, lightly pat approximately 34 into greased and floured 8- or 9-inch layer, seart-shaped pan. Bake at 400 degrees, 9 to

ntil edges are lightly browned. Loosen ate cooling rack. Cool. Frost with Soft

y Prosting. For quick decorating, place frosting into a self-scaling plastic bag; snip of bag and decorate. Add gumdrops as

Soft 'N Creamy Frosting

i margarine; blend in vanilla. Add sugar alter-dy with milk, beating until light and fluffy. Tint a food coloring. Makes 4 cookies.

owdered sugar

1/2 tsp, salt

1/3 c. milk Few drops food

coloring (optional)

Soft 'N Creamy Fosting Gumdrops, coconut, colored sugar or red cinnamon candies

JUMBO GIFT COOKIES

se, courtesy of Kraft.

c. soft Parkay

1 tsp. baking powder

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FORTEGGNOG rated

rfine granulated

vy whipping cream, hipping cream

n Comfort

h bowl with a and B ht in

gnog Is Party Fare and mix until it is completely dissolved. Add to the yolk mixture the whipped cream, cream and milk, stirring well. Add, still stirring, the Southern Comfort. Chill this mixture until ready to serve. Just before serving, beat the egg whites to the consistency of shaving cream and stir thoroughly into the eggnog in the punch bowl. Dust with nutmeg to taste, freshly-grated if possible. Makes about 2 quarts, which is 10 servings at about 5 ounces each. Double or triple the recipe to accommodate your holiday crowd. NOTE: You can use

ordinary granulated sugar, if you don't have the superfine supersonal and a set

Carolina's Hottest FM

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