

WITH CAROLE B. RICKS



Carole's Corner

It's My Turn To Host Everybody

Dear Carole,

Can you give me some advice about how to make it through holiday family reunions? We have a large family. This year it's my turn to host everybody. I have a lot of mixed feelings about this event.

On the positive side, I'm looking forward to seeing my family. On the not-so-positive side, I get very anxious about such a visit. Although I love my family dearly, I have this feeling that I'm about to be invaded.

What can I do to make everything go smoothly during this get together?

W.G.

Dear W.G.

Plan ahead for your family's visit. If you are preparing the meals, shop ahead and plan a menu. A variety of foods may appeal to most family members. If any member has special dietary needs, they should inform you in advance. It may be more convenient for them to bring food with them. A covered dish meal may be helpful for a one day event.

If the reunion is for several days, be sure to make sleeping

arrangements that are satisfactory to all.

You are one person. Although you are the hostess, you should not feel as though you must be responsible for every aspect of your family's visit.

Use a team approach in which everyone participates, from setting up to cleaning up.

Carole

Dear Readers,

Thank you for your interest and support in this column during this past year. I sincerely hope that your holiday season will be the beginning of a period of self-reflection, growth, and change for each of you. When you give the gift of your time and concern to others, your personal growth will be enhanced.

Carole

Editor's Note: Carole B. Ricks, A.C.S.W., is a marriage and family therapist with a private practice in Charlotte, N.C. If you have personal, parent-child, or marriage problems, write to:

Carole's Corner
P. O. Box 37107
Charlotte, N.C. 28237

"Sweet 16" Is Theme Of 16th Annual Blood Give-In

"Sweet 16" is the theme of the 16th annual "WBT-WBCY-WBTV Blood Give-In," which will be held Friday, January 3, from 8 a.m. until 8 p.m. at the WBTV Studios.

To add some fun and fantasy to the day, chicks and greasers are invited to come dressed as 16-year-olds would have in the 1950s - poodle skirts, bobby sox, orlon sweaters, leather jackets, and pegged pants. Early rock 'n roll and other music of the era will be playing in the background to add to the flavor of the fabulous fifties.

Co-hosts for the day will be WBT's morning man Mike Collins, WBCY's Jeff Wicker, and WBTV's Barbara Stutts. Also, the talent staff of three stations will be on hand to greet the people who come to donate their blood, and will pose with the donors for a souvenir picture.

Everyone from 17 to 66 years of age and weighing at least 110 pounds, is eligible to come to the stu-

dios to join the festivities and donate all types of blood.

In connection with the "Blood Give-In," "Top O' The Day," seen weekdays from 11:30 a.m. til 12:30 p.m., will on Thursday, January 2, present a feature by Vivian Harris on how the gift of blood is used in the community, and what happens to it after it is donated. On Friday's "Top O' The Day," Dr. Jerry Squires, Director of the Greater Carolinas Chapter of the American

Red Cross, will be a special guest. Also, on Friday, "PM Magazine" will broadcast live from the "Blood Give-In."

To give life-saving blood is one of the greatest ways to help fellow human beings, and the "Blood Give-In" is the perfect opportunity to bestow this unselfish gift.

The "WBT-WBCY-WBTV Blood Give-In" is held in cooperation with the Greater Carolinas Chapter of the American Red Cross.

The Charlotte Post Is Put
Together Each Week
With Love

FOR YOU!!

Use It! Share It!
Don't Let It Go To Waste!

JOY

Thank You For
Reading
The Charlotte
Post

Carole B. Ricks, A.C.S.W.
of Carole's Corner
offers
Pre-Marriage
Counseling
By Appointment Only
333-0140

Friends don't let friends drive drunk.



If your friend has had too much to drink, he doesn't have to drive. Here's one way to keep your friend alive...

drive your friend home



N. C. Governor's Highway Safety Program
215 East Lane Street
Raleigh, North Carolina 27601

SISTER MARGO

Got bad luck, life seems to be treating you bad? Do you have a pain in your body and the doctors say there is nothing wrong with you? Do you want your loved one or sweetheart back? Do you suffer from lack of money? Do you want to win in everything that you do? Do you have drinking problems? Did your husband or wife leave you and you did not know why? One letter will convince you that Sister Margo can help you. She can help in love, marriage, business, health, divorce, lawsuits, luck, happiness, money. No power on earth is greater than her power. God gave her the power to heal and protect. She solemnly swears successes where others fail. YOU'VE RECEIVED HER MESSAGE, AVOID IT NO LONGER!

One Visit Is All You Need

Mrs. T.M. writes: Someone has come between me and my boyfriend and we separated. We couldn't get along. I just couldn't hold him, no matter what I did. He was seeing another woman and I didn't think I would ever get him back, but I loved him and that's why I went to Sister Margo. Thanks to her and her prayers, we are married and very happy in our new home!



Mrs. T. M.

HELP AWAITS YOU!

2823 The Plaza

374-9160