

Faye Wattleton Is Planned Parenthood's Featured Guest Speaker

By Jalyne Strong
Post Staff Writer

As president of the Planned Parenthood Federation of America, Faye Wattleton is the first woman, the first black and the youngest executive to head the nation's oldest and largest voluntary family planning agency.

She will be featured guest speaker at Planned Parenthood's Annual Luncheon, Wednesday, January 15, 12 noon at the Radisson Plaza Hotel in Charlotte.

This year the Annual Luncheon will be a celebration of the family planning agency's 15 years of service to the community. The theme for the occasion is "Trust, Teamwork, Fifteen Years of Planned Parenthood in Charlotte."

Under Wattleton's leadership, Planned Parenthood has intensified its efforts to meet family planning needs of Americans and is recognized not only as a source of excellent reproductive health care, but also as a significant force for the

preservation of individual rights and personal privacy.

Wattleton became president of the organization in 1978. And since that time she has provided national leadership to further the principle on which the organization is based — that every individual has the fundamental right to choose when or whether to have a child.

She claims, "We serve as social and legislative advocates to protect the rights of all individuals to personal privacy and freedom of

choice in making reproductive decisions.

"Our strength lies in the fact that we are supported by the majority of Americans. And our motivation lies in our obligation to make sure their voices are heard and acknowledged by those who set public policy in this country."

As a result of Wattleton's leadership, Planned Parenthood has intensified its efforts to meet family planning needs of Americans by expanding services and opening new

clinics in areas of the country where the need is greatest. The Federation's 190 affiliates now provide medical and educational family planning services to more than three million individuals each year.

Established in 1916, the Planned Parenthood Federation of America is supported by more than 250,000 donors and is serviced by 20,000 volunteers and staff nationwide. It has a total domestic budget of approximately \$200 million.

Faye Wattleton
Young executive

Flo Glasgow

To Speak Here

The Charlotte chapter of the Stepfamily Association will hold its next meeting on Thursday, January 9, at 7:30 p.m. The guest speaker is Flo Glasgow, a parent counselor and child therapist at Children's House. Ms. Glasgow has worked with families and their children for 25 years in Charlotte as an educator and a counselor. She is currently in a graduate program in counseling at UNCC. As part of this program, she has prepared a manual for blended families which explores the problems that face stepfamilies in their new, unfamiliar roles. Ms. Glasgow has developed a strategy for helping stepfamilies deal with these problems.

Anyone involved in a stepfamily situation, whether through personal experience or through friends or relatives, is encouraged to attend. The meeting will be held at American Business & Fashion Institute in Room 602. AB&F is located at 1515 Mockingbird Lane. (Park Seneca Bldg.)

For more information, please call 375-8115.

Assertive Woman

Begin the New Year in a positive way by becoming an assertive woman!

WomanReach will offer a three-session workshop beginning Wednesday, January 8, from 7:30-9 p.m. at the Belmont Regional Center, called "Self-Esteem and Assertiveness," facilitated by Nan Walker.

The WomanReach Center is a United Way Agency. The facilities are handicapped accessible and services are freely given and freely received.

For more information and to register, call a WomanReach peer counselor, Monday through Saturday, from 10 a.m. to 4 p.m., at 334-3614.

Women Nominations

Distinguished Women of North Carolina awards will be presented to as many as five women next spring. The recipients will be only the third group to receive the honor.

Last year's recipients were Virginia B. Davis of Stoneville; Elizabeth Duncan Koontz of Salisbury; Jane Smith Patterson of Raleigh; Barbara Gardner Proctor of Chicago, formerly of Black Mountain; and Florence I. Ryan of Asheville.

Nominations for 1986 awards must be submitted by January 15.

Nominees must be living, native-born North Carolinians or current residents of the state. Their achievements may be in business, education, health, agriculture, government, sports, arts, humanities, volunteer service and other areas.

Recipients will be selected by a committee of citizens appointed by the chair of the N.C. Council on the Status of Women, which is an agency within the N.C. Department of Administration.

For information and nomination forms, contact the N.C. Council on the Status of Women, 526 N. Wilmington St., Raleigh, N.C. 27604, or call 919-733-2455.

Mothers March Begins

The annual March of Dimes Mothers March Against Birth Defects campaign begins in January. The Greater Piedmont chapter of the March of Dimes hopes to raise \$82,000 to fund research and public health education programs to fight birth defects. Neighbors will be fund-raising through the month.

CPR Modular Course

The Greater Carolinas Chapter of American Red Cross will offer a CPR modular course at the Davidson Community Center January 6 and 13 from 5-10 p.m. both days.

CPR — cardiopulmonary resuscitation — can help you save a life when a person's heart and lungs stop functioning because of a heart attack, shock, drowning or other cause.

Red Cross teaches CPR classes through a modular system allowing students to proceed at their own pace. Classes are open to the general public.

Participants should pre-register through Red Cross Health Education Services at 376-1861, 9 a.m.-5 p.m. weekdays. The cost is \$10 per person, which covers the costs of books and supplies.



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\$5.19

Pkg. of 12 - 12 Oz. Cans

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Beer
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Pkg. of 12 - 12 Oz. Cans - Reg. & Lt.

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