



Sherry Suttles
...Has co-authored book

Undercover Book Source Sponsors Signing Party

On Friday, May 16, from 6-8 p.m. Sherry Suttles and Billye Suttles-Graham will be present to autograph their book, "Fielding's Africa South of the Sahara." Sherry Suttles is the assistant county manager of Mecklenburg County and Billye Suttles-Graham works for an airline in Detroit. The book is an in-depth coverage of African cultures and tells you what to see and do on that continent. It is an essential travel guide. The autographing session will be held at UnderCover Book Source located at 115 E. Blvd., Charlotte, N.C. Free and open to the public. For more information, contact Angela Simpson at 704-376-7209.

Leadership Skills

High school students wishing to develop their leadership skills will have an opportunity to do so by attending the N.C. Leadership Institute for Youth Scheduled for June 29 - July 3 in Wilmington. "The leadership institute helps young people realize and develop their own leadership skills, and it helps prepare them for taking an active role in their communities and in the state," said Nancy J.R. Wells, director of the Youth Advocacy and Involvement Office, a co-sponsor of the program.

Students who will be in 10th, 11th and 12th grades next year are eligible to apply. Space is limited, and applications will be accepted on a first-come, first-served basis. May 30 is the deadline for applications.

Cost for the five-day program is \$100 per person. The fee covers lodging for four nights in a dormitory (double occupancy), and all meals from dinner Sunday evening through Thursday breakfast. The institute will be held this year at the University of North Carolina at Wilmington.

For information and registration, contact Dudley Gwaltney, State Youth Council coordinator, Youth Advocacy and Involvement Office, 121 W. Jones St., Raleigh, NC 27603-1334, 919-733-9296.

Inga Heath

Continued From Page 1A
"anything I want." She also confesses that she gets to boss around little brother Freddie, eight, and younger sister, Gewana, 14.

About her parents, Mr. and Mrs. Fred Heath, Inga says, "They can be tough at times. But on the whole they're pretty straight."

Her grandmother, Mrs. Francis Hood, is someone Inga respects a lot. "She's always giving me encouraging words to live by," explains this week's beauty. Inga says it's easy to follow her grandmother's advice about "doing the right things and making the right decisions in life."

Personally, Inga having a good time being a teenager. The best things about these years, she's found, are "learning new things and the opportunity of different experiences." In describing her personality, Inga reveals that she's very moody. Yet, she feels that she's able to get along with other people easily. Also, she feels she "deserves the best out of life."

She'll get it, assures Inga, if she continues to follow her grandmother's advice of "making the right decisions." This week's beauty suggests that other young women do the same. Inga states that other young girls should "have fun. But shouldn't do anything that would hurt or hinder them."

Airport Controversy

Continued From Page 5A
venture with a large corporation is a good way for a minority company "to get a piece of the action." He added that black businesses need to "learn to do joint venturing not only with white businesses, but with ourselves in order to take advantage of opportunities."

Community activist L.C. Coleman commented that he would have liked to see a black firm get a larger share of the concession market. "I want to see more money coming into the minority community," he said.

Stress Management

A new Stress Management course will begin monthly and will meet on four consecutive Tuesdays from 7-8:30 p.m. The class is free to FruCare members. The cost to others is \$140. Registration is limited to 10 people.

Strawberry Season Is Approaching

Raleigh - Strawberry season is fast approaching, and experts are predicting a bountiful crop for North Carolina farmers in 1986. Berries should be plentiful from the coast to the mountains, with harvest beginning shortly in the Coastal Plain, and slightly later in more westerly regions.

"A mild freeze in March delayed the crop slightly, but our farmers should have a large supply of berries for consumers this spring," said Commissioner of Agriculture Jim Graham. "Once again this year, consumers will have the chance to pick pints and pints of the luscious berries at pick-your-own operations all across this state, and I encourage them all to enjoy this crop of

berries now and freeze some for later."

Again in 1986, the majority of the strawberries grown in North Carolina will be raised at pick-your-own operations. Surry County is the top strawberry-producing county, with Rockingham, County close behind. In all, about 95 out of North Carolina's 100 counties have some commercial strawberry production, said Ross Williams, horticultural marketing specialist with the NCDA.

"Strawberries will first be available in the Wilmington area beginning next week with Coastal Plain berries coming on line the first week in May," Williams announces. "The lower Piedmont strawberries will be ready to begin harvest around May

10, and the upper Piedmont the middle of May. Look for berries to be ready for picking in the mountains around May 20, with all berries in harvestable shape for three weeks from first harvest."

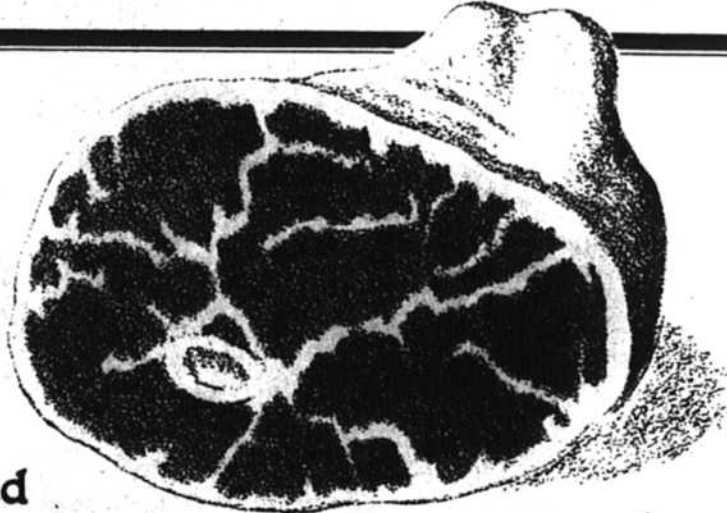
Most Agricultural Extension offices in individual counties have lists of pick-your-own strawberry farms on hands, added Williams. In addition, the NCDA has a booklet on picking and preparing strawberries available by sending a self-addressed, stamped envelope to Strawberries, NCDA, P. O. Box 27647, Raleigh, NC 27611.

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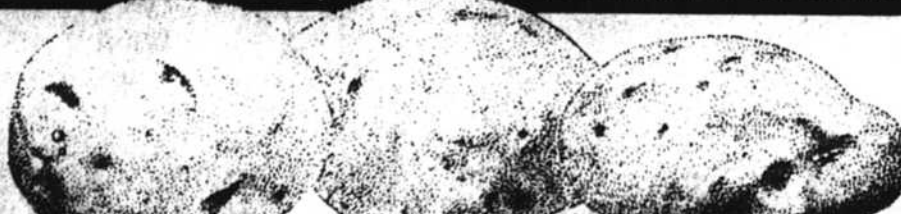
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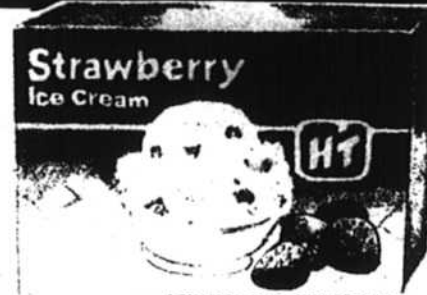
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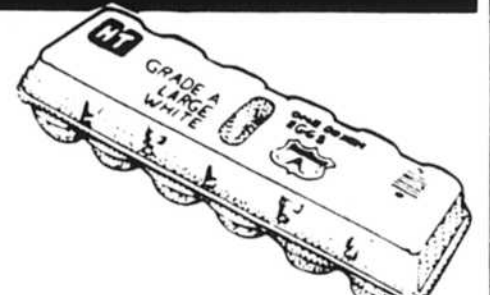
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