

James

By James Cuthbertson The 1986 season is here. Let's don the pads and go for it.

**Featured Games:** NORTH MECK. AT INDEPENDENCE

This is a tough game to open with for both teams. The Vikings are being touted as a contender in the Tri-County conference and the Patriots are being touted as a contender in the Southwestern Conference.

The Pats have Casper Mingo in the backfield. The Vikes have Ray Henderson. Bobby Moore is an outstanding defensive

back for the Vikings.

Look for this to be a close one, NORTH MECK. 14 - INDEPENCENCE 13 **OLYMPIC at SOUTH MECKLENBURG** 

In renewing this 20 year rivalry, the Trojans are looking to better last year's season.

South as you will remember contributed 400 of Olympic's first student body. Now it is time for child to turn on mother.

The Sabres figure to be better than last

Darryl Bonapart of the famous Bonapart brothers will lead the offense. If he is as good as his brothers, he will be tough.

The Trojans will be lead by Vinson Perry at the Quarterback position. They were 2-8 last year. Look for them to improve.

Give South a couple of points for the homefield advantage.

SOUTH MECKLENBURG 17 - OLYMPIC

In other games:

Ashbrook 24 Belmont South Point 7; Crest 19 Burns 7; East Gaston 18 North Gaston 16; Hunter Huss 24 Shelby 16; West Charlotte 18 Grainger 7; Myers Park 22 Rock Hill 21; and West Mecklenburg 14 Hickory 7. The Private Schools

Charlotte Country Day-The Buccanneers of Country Day are coached by Bruce Guthmann. Quaterback Connor Bost and kicker-punter Hendry Adkins are back. In Division IV of the N.C. Independent Schools Atheletic Assiciation, Country Day usually rules the roost.

They have five offensive starters and three on defense.

The schedule is tough as usual.

Edison Casseksm 6-1, 214 lbs., is a senior center. Allen Liles, 193; Steve Purdy, 165, and tackle Shannon Douglas and noseguard Vance Barrett help key a hard hitting line.

Adkins could be a big key. He kicked a 55 yard field goal over the summer. The Schedule:

Se 5 at South Iredell, Se 12 at Gaston Day, Se 19 at Orangeburg Prep, Se 26 at Pageland Central, Oc 3 St Johns (James Island), Oc 11 Catholic (Myers Park Stadlum), Oc 17 Brunswick Academy, Oc 24 at Providence Day, Oc 31 Wake Christian, Nov. 7 at Latin.

#### PREDICTED RECORD 7-3 Conferences at a Glance:

Rocky River 2A

1. Albermarle, 2. Catholic, 3. South Stanly, 4. Mount Pleasant, 5. Monroe, 6. West Stanly, 7. Monroe Parkwood, 8. Monroe Piedmont,

9. North Stanly.

#### CISAA

1. Country Day, 2. Latin, 3. Providence Day, 4. Gaston Day

Southwestern 4A

1. Gastonia Ashbrook, 2. East Mecklenburg, 3. Independence, 4. South Mecklenburg, 5. Gastonia Hunter Huss, 6. Myers Park, 7. Garinger.

**Tri-County 4A** 

1. Harding, 2. North Mecklenburg, 3. Crest, 4. West Charlotte, 5. West Mecklenburg, 6. Olympic, 7. East Gaston.

# Golden Bulls Open Season In Hampton

Johnson C. Smith University vs. Hampton University

Game One: Golden Bull Kickoff 1986; Date: September 6,1986; Place: Hampton, Va. Time: 1:30 p.m. Stadium: Armstrong Field Records: Conference : J. C. Smith

Lastweek: This is the season opener for the Golden Bulls and the

Overview: Hampton returns only four players from last year's 6-1 11-2 squad, but the Pirates' stingy defense which gave up only 10.6 points per game last year is expected to compliment a veer defense that will feature receiver Darryl Skinner and running back Carl Painter. The Pirates are the defending champion of the CIAA.

The Golden Bulls are out to prove that they have a good nucleus with Quarterback Mel Westmoreland, running back Tim Newman, defensive back Anthony Byers, center William Wyatt, placekicker Leroy Wise and linebacker Jackie Wilkes who can tackle anybody in the CIAA.

They want to show that the 1-9 record of 1985 was a fluke. Injury Report: James Branch,

cornerback and running back is out for the season with a broken ankle.

Coaches: Horace Small (head), Ike Fullard, Steve Joyner, Greg Richardson, Darius Helton, John



work hard at practice to be in rare

Thomas, Dwight Simpson. Outstanding Golden Bulls:

and defensive back Anthony Byers Also, placekicker Leroy Wise, linebacker Billy Banks, defensive back

Anthony Linyard, receiver Leon Shipp, receiver John McRae and center

## Kenneth Stevenson Propels Rams To Success

By JamesCuthbertson Post Staff Writer

Harding High is second ranked in the Charlotte Post's Metropolitan pre-season poll and showed why they should be there with a 25-16 win over Freedom High School of Mor-

The Rams were 11-1 last year after rampaging through the Tri County Conference with an unbeaten 10-0 mark and the first football championship in the new league's history.

A big reason for the Rams' success story is wide receiver Kenneth Stevenson, son of Mrs. Rosa Stevenson of Prince Street. He is this week's Charlotte Post Player of the

Stevenson had five catches for 110 yards, including a touchdown for 15 yards on a pass play from Anthony Houston. The touchdown put the Rams up 18-7 and sealed doom for the Patriots from the Northwestern 4A Conference.

Stevenson, 5-6 and 155 pounds believes the Rams are maybe "A little better than last year.

'On paper, we are better than last ienced on offense with eleven people returning.

"In actuality, I believe we are a little further along than last year," This could spell doom for the Ram

Stevenson has had offers from East Carolina, Western Carolina and Davidson.

The senior is active at Harding in the Science Club, the Spanish Club and the Key Club.

He is a football wide reciever. basketball guard and baseball leftfielder and maintains an outstanding grade point average

Stevenson was selected to be in the 1987 Beautillion Militaire of Kappa Alpha Psi Fraternity this summer and is elated at being picked as one of the top young Black men in the Charlotte-Mecklenburg metropolitan area.

Other standouts include Anthony Houston of Harding. The Harding quarterback hampered by a bruised shoulder threw 11 of 14 passes for 240 yards and three touchdowns

Also sophomore Robert Johnson of Harding caught two passes for the Rams' first two scores, on throws of 36 and five yards. Johnson had a catches for 69 yards.

Antonio Walker of Harding rushed for 140 yards on 15 carries and a 75

d touchdown. Although East Mecklenburg had a difficult time against Richmond County, the Eagles had touchdowns from Reggie Brown and Darryl Gordon. The Eagles lost 29-13



Kenneth Stevenson ...Player of week

## Livingstone, NCCU Meet

Saturday, September 6, 7:30 p.m. in Charlotte, N.C., at Memorial Stadium will be the Twenty-First meeting of the Livingstone College Fighting Bears and the North Carolina Central University Eagles

Two time CIAA Coach of the Year David Corley will match skill, abiliity, and talent against NCCU Coach, Henry Lattimore

Corley is looking to start his second season as Head Football Coach of the Bears with a win over Central.

Livingstone will look to its strong defense to carry it once again into a good season. The Bear defense is as strong as any defensive unit the team has had in the past fifteen years. "Mr. CIAA", Jerry Asbury, DT 6'3"-260 pounds and Ian Clark, DT 6'4"-245 pounds will be part of the defensive line.

The offense scored some 25 points per game last season (7-3 record) Corley's first year as Bear Head Coach. The offensive unit lost two key players Calvin Cunningham and Douglas Clark. However, the Bear offensive unit will have six (6) offensive players returning to the line-up. They include Johnathan Martin, 6'4"-210-TE; Mike Abraham 5'10-195 - RB, and Curtis Crocket.

#### What You Should

### **Know About Bursitis**

Bursitis and tendinitis are two arthritis-related conditions in which the muscles and tendons surrounding a joint become inflammed, reports the Arthritis Foundation. Many summer activites aggravate these conditions, so the Arthritis Foundation is offering a free brochure: Bursitis, Tendinitis and Related Conditions.

Many people are familiar with bursitis or tendinitis, but many know the conditions by other names. Depending on the part of the body which is affected, they frequently have such nicknames as "tennis elbow," "trigger fingers," "house-maid's knee," and many others. The main symptom is pain, sometimes so severe that the person is un-willing to move the affected area.

With enough stress on a joint or tendon, anyone can develop bursitis or tendinitis. For example, these conditions can result if a person overdoes a certain kind of exercise they are not used to. A sudden stress like jerking up a heavy package can cause injury, leading to one of these conditions.

NCCU Coach Lattimore will endeavor to launch the eagles away from a 4-6 season last year into a "Gold" Season. Central lost four starters from its offensive unit of 1985 season.

For ticket information on the game, contact Livingstone College, 704-633-7960

#### PRESCRIPTION FOR A HAPPY LIFE

- 1. Conserve your energy. Don't race your motor, don't rush. Work, eat, and play leisurely.
- 2. Do not hesitate to refuse taking on unimportant, burdensome tasks.
- 3. Stay calm and serene. Do not fret or worry or allow yourself to become unnecessarily involved in situations fraught with emotion.
- 4. The past is past. Do your best today and let it go at that. Do not be apprehensive about tomorrow: It will take care of itself. Worries never come to
- 5. Put your trust in God, read your King James Bible, pray, and forget all fear. God has a plan for you. So who can be against you.

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#### THE CHARLOTTE POST PRO PIX By Gerald

NEW YORK JETS AT BUFFALO Buffalo and Jim Kelly will give the crowd one to shout about as the Bills edge out the jets.

CINCINNATI AT KANAS CITY The Bengals weak defense will not be able to stop; the high powered offense of the chiefs.

CLEVELAND AT CHICAGO The Browns will be a much improved team over last year, too bad they have to start the season with the Bad News Bears. Bears by 6.

LOS ANGELES RAIDERS AT DENVER The Orange Crush will be the team to beat in the AFC West. They will prove their prowess by controlling the Raiders.

HOUSTON AT GREEN BAY

With a little defense Houston would be hard to beat this year. Neverthe less the oilers will ride the arm of Wally Moon to victory.

INDIANAPOLIS AT NEW ENGLAND

This game is going to be closer than most people think. New England by 3.

MIAMI AT SAN DIEGO Easy win for the Dolphins.

PITTSBURGH AT SEATTLE Pittsburgh is still rebuilding and seattle has arrived. Seahawks will bend the Steelers.

ATLANTA AT NEW ORLEANS This will be a good game. Much improved Falcons always have difficulty with the Saints. Falcons by 3.

NEW YORK GIANTS AT DALLAS Premiere monday game of the week. Giants will prove to be the best in the NFC East. Giants by 6.

DETROIT AT MINESOTA Bud Grant is not enough for the ailing Vikings. Detroit will crush the Purple People Eaters.

LOS ANGELES RAMS AT ST. LOUIS Upset of the week. Cardinals will dishorn the rams. The Red Birds offense will prove to much for the good Rams

PHILADELPHIA AT WASHINGTON
Too hard to pick. Both teams are in a transitional
period. But let's give the Redskins the nod by 3.

SANFRANCISCO AT TAMPA BAY
Tampa Bay will pull the 2nd upset of the week as they
shut down the potent 49er offense. The first week will
prove to be bad for the NFC West Coast Teams as both
the 49ers and the Rams lose their openers.