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Breathes Air  
Of Mystery**

Rudolph

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Ivy McDonald  
.....Legal secretary

## Ivy McDonald Aims To Keep Moving Up

By Russell Clark  
Post Staff Writer

There are nearly six million black women in the work force, representing almost half of all black workers. They're spearheading a variety of fields—education, technology, health, and other service industries. Among this expanding group is Ivy McDonald. The 27-year-old Rockingham native is a legal secretary for Russell & Sheely Law Firm in the Law Building on West Trade Street.

Whether she's just answering the phone or testifying on the witness stand, her ambition is to keep moving up in her profession.

"I'm planning to go back to Central Piedmont and earn a paralegal degree this fall," she projects with enthusiasm. "Not only will the degree help me to contribute more to the firm, but it will also help me financially. It will give the attorneys more time to spend on important matters," she related.

Education helps when working your way up the ladder, but McDonald says it's something she has wanted to do since she was a youngster. "When I was in high school, I used to admire Della Street who was Perry Mason's secretary. She was always around the action and her work seemed to be very interesting. I believe the courtroom atmosphere attracted me," she reflected.

While steering her way into a higher position, she has also opened

the door for more duties. "I welcome the opportunity to handle more responsibilities. I believe it will enable me to move upward in a better career path," says McDonald who aspires to become an attorney.

She is the daughter of Ms. Carolyn Bradshaw and she has three younger brothers. "My mother and I have a very special relationship. We get along wonderfully and she always supports my decisions," she commented.

The conscientious beauty is also a member of Greater Galilee Baptist Church on West Park Ave. "My church has been very instrumental in helping me spiritually. I used to give up on some of my goals, but now, through faith, I strive to achieve everything I attempt to do."

McDonald also volunteers her time to the church's Girl Scout program. "We go on expeditions throughout the Carolinas and interact with other chapters. I used to be a Girl Scout and it gives me a chance to give back some of the special attention that I once received," she added.

The self-disciplined young lady describes herself as "quiet, independent, and ambitious." "Basically, I'm a quiet person. I enjoy my quiet times at home alone, but I'm working on being more aggressive."

Roller skating, reading, relaxing and biking are a few of her hobbies.

She enjoys plants and entering sweepstakes contests. "I have never won anything special, but it only costs 22 cents for a stamp to enter," replied McDonald, relaxing in her Roseland apartment adorned with plants.

Black women are moving up in the work world, but can they have it all—careers, family, social life? The answer is yes!

Right now, Ivy is a single, independent woman, but she plans to marry in the future. "I'm very concerned about my spiritual life and he must be sincere about his also," said the 1977 Olympic High School graduate.

"She is an excellent employee," acknowledged Attorney Michael Sheely.

"Ivy shows a lot of concern for our clients which makes it easier for us to provide good service."

## Black Women Leaders Forge Alliance Towards Action

By Loretta Manago  
Post Managing Editor

When statistics scream that 50 percent of Black families are headed by single women and that of this number a disproportionately large number of these women receive assistance from the federal government to support their households, it's past time for something to be done. Action must be taken.

On Saturday, September 27, at 1 p.m., at the Afro-American Cultural Center, 401 N. Myers St., Black women from sororities, civic organizations, businesses, social clubs, and political groups will come together to address this grave concern and network to bring about positive solutions to the problem.

According to Sarah Stevenson, an instrumental unit in this collective meeting, the scheduled assembly is a direct result of the series of workshops held by the Black Elected Officials.

During these workshops, black officials identified three topics that were critical to the Charlotte-Mecklenburg community—housing, education, and economic development. While discussion was given on those areas, the plight of the black family grew to become another topic of concern.

Assistant county manager, Sherry Suttles left this workshop committed to address the larger need that was established in the workshops—a need for black women role models to help guide the greater number of females who statistically find themselves at the helm of the black family.

Through Ms. Suttles' efforts the Minority Affairs office was then contacted and lecturer-consultant Ammiebelle Olantunju was reached to help brainstorm with key black women leaders in the community

with the concept of a black women role model series. It was Ms. Olantunju's suggestions that a group of women with their children meet at the site of an old abandoned house for the purpose of restoring it as a meeting place for the women.

And from those efforts the meeting that has been set for Saturday was conceived. Ms. Stevenson commented that the meeting will address both the renovation of the two shot-gun houses on the Afro-American Cultural Center and the issues and the needs of black female parents who head households.

"We hope that, as black women role models we will be able to go into areas where we can be accepted and share with the audience the kinds of positive things we're involved in and relate where we come from to arrive where we are."

Ms. Stevenson commented that this meeting which being sponsored by the Black Women's Caucus and the advisory committee of the Minority Affairs office.

Among the individuals who have been invited to attend this meeting are Margaret Ross of CPCC, Joan Kennedy Ross, Betty Harris, of the Charlotte Housing Authority, Liz Mills, Anna Hood, of NANBPW, Francis Waddell, Daisy Stroud, president of Links, Lena Salmon, Jean Webber, Virginia Shadd, president of Squaws, Elaine Brown, president of Delta Sigma Theta Gwen Harvey, Vivian Smith, president of Chi Eta Phi, Ella Talley, president of Black Women's Caucus, Abby Flanders, Charlene Price of WCCB, and Dr. Mildred Baxter-Davis. "Those are only a few of the people who have been contacted for this extremely important assembly. We know that each group invited is already doing things directed to addressing the problems within the black family;



Dr. Mildred Baxter-Davis  
.....Political activist



Anna Hood  
.....of NANBPW



Ella Talley  
.....of Black Women's Caucus



Vivian Smith  
.....of Chi Eta Phi

we just feel that by coming together, we can ask each group what they're doing already and see who's doing what and then we can network our ideas."

This meeting is open to the public and if more information is needed, contact Sarah Stevenson of the Community Relations Committee at 336-2424.

October 4-12

## "We Are Family" Strengthens Relationships

By Loretta Manago  
Post Managing Editor

Few things can be said to be more important than the family. Recognizing that, the Family Outreach and Counseling Center is sponsoring its third annual "We Are Family Week," beginning Saturday, October 4, through Sunday, October 12.

This year, the counseling center is placing special emphasis on the elderly members of the family. Through a unique program called "Adopt An Elderly," businesses and private individuals can help some elderly person afford the cost of attending the counseling center's Adult Care Center.

According to Dona Patterson, executive director of the center, over \$3,500 has been contributed to the center for the sole purpose of covering adult day care expenses.

"Our board of directors is also partially covering the contributions made by private citizens. For each person who pays for the day care costs for two days, the board pays for a half a day's expenses, for an elderly person. If an individual pays for the day care expenses for three or four days, the board will then pay for one day's expenses." It costs \$18 per day for an elderly person to attend Adult Care Center.

As in the past, Mayor Harvey Gantt has proclaimed the week in October as "We Are Family Week." Last year over 300 people attended the various activities the Family Outreach Center sponsored.

"We Are Family" week, co-sponsored by other individual and family service agencies, will enlist



Dona Patterson  
.....Executive director

the assistance of churches, agencies, and community organizations to sponsor activities.

The highlight of "We Are Family" week centers around a workshop to be held at the Afro-American Cultural Center, on Saturday, October 4. Using the theme, "Survival, Rebuilding and Redirecting," the workshop will serve as a vehicle to bring together families and local community groups to develop strategies that individuals, families and human services agencies can implement to ensure a better quality of life.

Participants, to hopefully comprise of youth and adults in low-income black and white

families as well as those interested in them, will assess ways of rebuilding and redirecting the family's most vital resource to achieve this goal of strengthening family relationships. There is a \$3 fee to attend this workshop.

The workshop, beginning at 9 a.m., commences with registration. At 9:45 a.m., keynote speakers, Sue Myrick and Arthur Griffin will address the "The Family Challenge In Today's Society."

From 10:30 a.m. - 12:30 p.m., sessions will be held and conducted by the following: Family Empowerment For Change-Michael Brown; Budgeting-William Pickens; Stress Management-Radhia Jaabar; Dance Workshop-Johnnie Young; and Excellence In Communication-Bairrie Long.

From 12:30-1:30 p.m., a conference round table will be conducted. Winning posters from the

Charlotte-Mecklenburg School System "We Are Family" poster contest will be on display in the Afro-American Cultural Center.

Capping the week of family will be the "We Are Family Fashion Extravaganza" to be held Sunday, October 12, at 3 p.m., at Double Oaks Community Service Center, 11326 Woodward Avenue. Live entertainment will be provided by Rev. Danna Martin's gospel group.

In the fashion show, models will range from ages six months to senior citizens. Ray Gooden will be the master of ceremonies. Tickets for this affair are \$3. Sometime during the fashion show a microwave oven will be auctioned off.

For information concerning "Adopt an Elderly," the workshop or the fashion extravaganza, call the center at 333-2033 between 12:30 p.m., weekdays.

## CBC Concentrates On Future

Washington - Representative Julian Dixon, President of the Congressional Black Caucus Foundation, Inc., and Representative Mickey Leland, Chairman of the Congressional Black Caucus, announced recently that the Foundation will sponsor the 16th Annual Legislative Weekend from Wednesday, October 1, through Sunday, October 5, in Washington, D.C.

Last year, over 15,000 people participated in the Legislative Weekend. During this year's Weekend, the members of the Congressional

Black Caucus will sponsor brain-trusts to discuss policy developments and legislative initiatives employment and drug and substance control.

The weekend will also feature forums and workshops which provide information on topics of concern to black Americans and other minorities. Experts from across the country will participate in panel discussions on a variety of issues including black political education and empowerment; U.S. and Third World relations; single parenting; See CBC On Page 22A

TURTLE-TALK



It is better to look ahead and prepare than to look back and despair.