By Abu Hassan

Torch Of Freedom Is Passed

By Abu Hassan

Special To The Post The torch of freedom flickered in the South African skies when Samora Machel and his companions died. Some say, in vexation, his death was assas say it doesn't matter, he died a hero and a martyr to every nation of which brave, free men cherish freedom with hardship above ser-vitude with ease. Yes, the torch of freedom flickered in the South African skies when Samora Machel and his companions died. And we

lost our brother whose courage, and honor, was legend while he lived, but we have gained an indominable spirit whose light will continue to give guidance and courage to all who struggle for freedom.

The torch of freedom flickered in the South African skies, but there was never any chance of it being extinguished, it was merely being passed to new hands, hands that will carry it to the ultimate victory over apartheid and oppression, in our

Crime Prevention Conference

Comes To Winston-Salem

Raleigh - Inner cities have a myriad of social and economic concerns which impact on day-today living. Studies show that unemployment, low education levels and single parent households have contributed to high crime rates

in inner cities.

The 4th Annual Crime Prevention in Public Housing Conference will confront these issues, November 19-21, at the Winston-Salem Hilton. The theme of this year's conference is, "Crime Prevention in Inner City and Public Housing Communities.'

Workshops on various crime pre-vention topics will be conducted during the three-day conference. These topics include youth intervention strategies, tenant rights, drug abuse prevention and crimes

facing communities. In addition to addressing these problems, participants will develop a crime prevention agenda for public housing.

Dr. James Baugh, deputy assistant secretary of the Office of Public and Indian Housing, Washington, DC, will be the guest speaker on Thursday night. Other keynote speakers will include Larry Parker, manager of the Greensboro Office of Housing and Urban Development, Joseph W. Dean, sedretary of the N.C. Department of Crime Control and Public Safety, and Lafette Jordan, training supervisor for Champion International Corporation. A talent show on Thursday night will feature young people performing music, dance, and creative arts.

Davidson College **Finds** Alternative

Davidson, NC - In all but eight states, it's illegal for three-quarters of the college student population to drink. At Davidson College and everywhere else, students have become forced to break the law or find another way to entertain themselves.

Some universities have turned to dry, pre-yuppie versions of fern bars, where students buy nonalcoholic pina coladas and strawberry daquiries. At Davidson, the student-run Collège Union has started extremely popular versions of acted-out television game shows - a Dating Game for dateless wonders, a Newlywed Game for roomates, and Family Feud for rival campus groups.

Almost a third of the Davidson student body attended the Dating Game, the first of the socalled Game Show Nights, on September 18. About 150 people attended the second game show night, Family Feud, on October 10. Beer is served, but only to the minority of 21 year old seniors in attendance. The games are conducted in the college's 900 Room - a type of student lounge-pub where, in the building's previous incarnation as a library, the 900s were stacked.

In the Dating Game, student contestants dressed up as "dream singles" - the women like Madonna, Chris Evert-Lloyd, and a bookwarm, the men like Rocky, a Grateful Dead fan and a Big Man on Campus.

"I couldn't have been happier with the turnout," says Sloan McAlister, a senior from Greensboro, NC, who chairs the College Union's games committee.



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Thursday, November 13, 1986 - THE CHARLOTTE POST - Page 3A

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Lean Cuisine

pkg.

popular television commercial "Hope and Hustle" featuring actor Tony King (center). With King are (at right) Henry H. Brown, vice president of market-Governor Martin To Present Highest Honors

Governor James G. Martin will present the highest honors be-stowed by the state, the North Carolina Awards, at a banquet at 7:30 p.m. Friday, November 21, at

Budweiser Awarded for TV Commercial - Budweiser,

the flagship brand of the Anheuser-Busch, Inc. family of beers, won yet another CEBA Award (Com-munications Excellence to the Black Audience) for its

Know Your

Cholestorol

Charlotte, NC WBTV and the Belk Heart Clinic at Presbyterian Hospital in Charlotte are sponsoring a "Know Your Cholesterol" Screening to be held at the WBTV Studios on Thursday, November 20, from 9 a.m. - 7 p.m.

The public is invited to come by the Studios at No. 1 Julian Price Place for a free cholesterol test. There will be five Reflotron machines available for the tests. These machines employ the latest and most sophisticated method for cholesterol testing. Presbyterian Hospital medical personnel will be on hand to draw a drop of blood, run it through the machine, and know the results in approximately three minutes. Advice and referral will be available to persons having a high cholesterol reading.

Everyone who comes by for the test will be given a leaflet ex-

cholesterol reading.

Everyone who comes by for the test will be given a leaflet explaining what cholesterol is, and what kind of diet and exercise will keep it at a safe level. The leaflet will also be available by sending a self-addressed, stamped envelope to "Cholesterol," WBTV, No. 1 Julian Price Place, Charlotte, NC 28208.

WBTV's Doctor-On-Call, Dr. Kevin Soden, will present a three-part series on "Know Your Cho-lesterol," on Channel 3's 6 o'clock news, Tuesday, November 18, through Thursday, November 20.

the Mariott Hotel in Raleigh.

The awards are given in the areas of fine arts, science, literature and public service to recognize outstanding accomplishments and contributions by North Carolinians.

"The North Carolina Awards are unique because they are the one distinction given by citizens of the state recognizing fellow citizens for tremendous contributions in their chosen fields," said Governor Martin. "Nominations are from citizens and selections are made by citizens."

The General Assembly established the awards program in 1961 following a suggestion from a group of citizens, and the honors have been presented annually since 1964. Almost 100 North Carolinians have received the small medals that depict the Seal of the State. The first awards went to John C. Cough, Inglis Fletcher, John Motley Morehead, Clarence Poe and

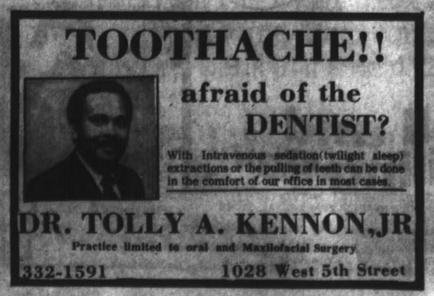
Francis Speight. Other winners have included former U.S. Sen. Sam J. Ervin Jr., University of North Carolina President Emeritus William C. Friday and actor Andy Griffith.

ing development at Anheuser-Busch, Inc.; and Budweiser spokesman Lou Rawls, who narrates the newly acclaimed commercial. The spot depicts the

climb of an aspiring black minor league baseball umpire to the Major Leagues, and highlights his first critical call by which he proves himself.

The recipients of North Carolina Awards are chosen because they make a difference in the life of our state," said Patric G. Dorsey, secretary of Cultural Resources, whose department coordinates the awards presentations. "It is gratifying to know that our state takes note of the exceptional contributions of our own people in such varied fields. The recipients should wear their medals proudly."

The awards ceremony is open to the public. Tickets to the banquet at the Marriott Hotel, 4500 Marriott Drive, Raleigh, are \$25 and available until November 12 from the Office of the Secretary, Department of Cultural Resources, Raleigh, NC 28711, 919-733-4867.



Canned Goods Sale! 16 oz. Price Breaker



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61/2 oz. Blue Bay Chunk

16 oz. Astor Regular or Lite Fruit Cocktail

15 oz. Thrifty Maid Spinach

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16 oz. Thrifty Maid Large or Medium

Sweet Peas 15 oz. Thrifty Maid Fresh

Blackeyes

15 oz. Thrifty Maid Chopped Greens

_ Turnip 15 oz. Thrifty Maid

Chopped Greens
Collard 15 oz. Thrifty Maid **Chopped Greens**

Mustard 16 oz. Thrifty Maid Cream Style or Whole

Golden Corn 16 oz. Thrifty Maid Cut

Green Beans 16 oz. Price Breaker Tomatoes

Sweet Peas

Tomatoes

and Pieces of

Chicken

4 oz. Thrifty Maid Stems

Stewed

Mushrooms

■ Noodle Soup 15 oz. Thrifty Maid Clear Chicken

101/2 oz. Thrifty Maid

_ Broth 11 oz. Price Breaker Mandarin

Oranges

8 oz. Thrifty Maid Sliced, Tidbits or Crushed **Pineapple**

16 oz. Thrifty Maid

Applesauce

5 oz. Thrifty Maid Evaporated Milk