

# Mitchell, Smith Exchange Vows

Recently united in holy matrimony were Gretchen Ann Mitchell and Sidney Earl Smith Jr.

The wedding took place at St. Peter's Episcopal Church and was officiated by the very Rev. Edward King Jr, pastor of St. Michaels and All Angels Episcopal Church.

As matron of honor, the bride chose her sister, Yvonne Byrd. India Smith of Rand, West Virginia was her maid of honor. Shauna Simmons, Carolyn Mitchell, of Detroit, Michigan and Carmen Mitchell of Inkster, Michigan, both of whom are the bride's sisters, Tammy Patterson of Atlanta, Georgia, Kelly Harmon of Rand, West Virginia, and the bride's cousin, Latonia Mitchell of Westland, Michigan were the remaining bridesmaids.

Flower girls for the service were the bride's niece, Brandi Mitchell of Inkster, Michigan and Tori Simmons.

Acting as best man was Roderick Smith. He was assisted by groomsmen, Donnie Simmons, Kevin Mitchell, Eugene Stitt, Sidney Cunningham, Stanley Cunningham, Thomas Alexander of Dale City, Virginia and Maurice Artis of Knoxville, Tennessee.

Ushers for the wedding were: Leon Norman, Clauzell Krider II, Devin Byrd and Phillip Mintz of Greensboro, NC.

Master Kavonte Mitchell was the ring bearer.

Music was provided by organist/soloist Charles McRae and soloists Alita Mitchell and Angela Gay.

The daughter of Mr. and Mrs. Earl M. Mitchell of Inkster, Michigan, the bride is a graduate of Marshall University, Huntington, West Virginia. She is



Gretchen Smith

employed at Duke Power in customer accounts.

A graduate of North Carolina State University, the groom is also employed at Duke Power. He works in the design engineering

department. He is the son of Mr. and Mrs. Sidney E. Smith.

Proceeding a reception which was held at the Afro-American Cultural Center, the couple cruised to Bermuda.

## Are There Answers To Every Problem?

Dear Carole,  
A few people have politely tried to tell me that I talk too much. It didn't bother me to be told that. I just don't agree. I think it's a personal matter for a person to talk as much or as little as they may want.

What difference does it make anyway? I happen to have a lot to talk about. Anyway, How can I tell if I do talk too much?

"Motor Mouth"

Dear Motor Mouth,

If everyone leaves when you enter a room; if two or more people tell you not to talk as much as you do, consider talking less. If you do talk excessively, others may feel that you have little regard for them. Conversation involves at least a two-way exchange of ideas and information. Otherwise, it would be sufficient to stand in front of a mirror and talk.

What you have to say may be interesting, but others need time to express their ideas, too.

Carole



Carole Ricks

Dear Carole,

Since you talk with people about all kinds of problems, maybe you can help me with my problem. But before I tell you what my problem is let me ask you some questions.

Is there really an answer for every problem? I think that you think there is. How will I know when I have found the answer to my problem?

Now for my problem. It seems that I can't keep a boyfriend because I'm overweight. What should I do about this problem?

Overweight

Dear Overweight,

The first step in resolving any problem is to admit that a problem does exist. The biggest barrier to problem-solving is the denial that a situation isn't working well for you. Another barrier to problem-solving is to know what "the problem" really is and face it. It is easier to avoid facing the real problem by placing the blame everywhere else.

You have let your weight affect your confidence. Relationship problems may be caused by some reason other than your weight. You may define your weight as the problem when the problem may be how you feel about your weight. Make a decision to change your weight or change your attitude about the weight you have.

Editor's Note: Carole B. Ricks, A.C.S.W., is a marriage and family therapist with a private practice in Charlotte, NC. If you have personal, parent-child, or marriage problems, write to:

Carole's Corner  
P.O. box 37107  
Charlotte, NC 28237

## Families Look At Teenage Pregnancies

Adolescent sexuality and pregnancy and their consequences are urgent problems for the "children" who bear children, their parents or guardians, their partners, parents, doctors, nurses, social workers, teachers, the neighborhoods, communities, the State and all taxpaying citizens. All of us are affected by the teenage pregnancy syndrome.

Home Economics Extension Service, located at 700 North Tryon Street in the Hal Marshall Center,

will examine the subject, "Families Look At Teenage Pregnancy," on Wednesday, April 22, at 10 a.m. Participating in the presentation will be Ms. Barbara Zeigler, executive director of the Council on Adolescent Pregnancy for Mecklenburg County and coordinated by Mrs. Mary C. Martin, Home Economics Extension agent in charge of human development.

Church groups, social, civic and neighborhood groups are invited to attend and get involved in a movement to curtail and alleviate the problems facing families, neighborhoods and the state. The program will help individuals look at what families can do early in the life cycle to give direction that leads away from the problem. They will also see a presentation on "Pressure Points on Teens."

Reservations are necessary to this free program and group

workshops are available as a follow-up in teaching, "Postponing Sexual Involvement" in conjunction with the Council on Adolescent Pregnancy.

Much emphasis will be placed on the family taking responsibility for direction from birth. Strong family ties and development is a must, says Mary Martin, whose personal quote is: "The home is the

greatest State of all, when in it there is a 'together' family; many 'together' families create neighborhoods which are the makings of viable communities; these fine communities constitute the kind of State we all like to live in."

For more information about the workshop, call Mary C. Martin at 336-2692 Monday through Friday, 8 a.m. - 5 p.m.



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## The Goodes Celebrate 50th Wedding Anniversary

Roosevelt and Leatha Goode have taken the scriptures from the Bible that tells a man to leave his family and cleave unto his wife and the verses that emphasizes that wherever one goes, there the other will be also and with them have a forged a marriage that has prevailed for 50 years.

On Saturday, April 17 at 5:30 p.m. they will be renewing their wedding vows in a special ceremony at Gethsemane Baptist Church.

The wedding and reception, which will be held in the Church's fellowship hall is being sponsored by the children of the golden anniversary couple.

50 years ago in a small country church in Chester, South Carolina, Roosevelt and Leatha met. For Roosevelt it was "love at first sight", while Leatha's love grew with time. For seven years, this couple dated, finally marrying on April 17, 1937.

Through those years there have been ups and downs But according to both Leatha and Roosevelt, it was love that has kept them together. "I tell young people planning on marrying, that marriage has its bitter and sweet," commented Mrs. Goode. Her husband responded, "It's all what you make out of it."

In Mr. Goode's words the past 50 years have represented a "beautiful life together." For them the success of their union has come from "putting God in front."

Now retired, Mr. Goode who was self-employed in scrape metal and Mrs. Goode who was mostly a homemaker spend their days working in the church and enjoying similar hobbies. Both are active on the pastor's aide committee and the missionary circle. They are avid gardeners and love to fish.

As husband and wife, the Goodes are the parents of seven children: Gladys Goode, Benny Goode, Charles Goode, Jacqueline Goode Smith, Sylester Goode, Eddie Goode (recently deceased) and Rita Goode Vance. They have 17 grandchildren and 5 great-grandchildren.

In addition to this being their 50th wedding anniversary and that they will be renewing their vows, this wedding has special meaning

because their children and other relatives as well as dear friends will be taking a part in the ceremony.

Matron of honor will be the couple's daughter, Gladys Goode. Mrs. Goode's sisters, Ozella McCluney, Martha Robbins, her niece, Ozella Goode and best friend, Frances Griffin are the



Roosevelt and Leatha Goode  
...To renew vows

bridesmaids.

The groom's brother, Raymond Goode is the best man. Their son, Benny Goode, best friend, Eddie Griffin, and Eugene Anthony are the groomsmen.

Serving as hostesses will be the

couple's daughters, daughters-in-law and granddaughters. One daughter-in-law, Eva Goode handcrafted the dresses for the bride and her attendants.

The ushers' roles are being filled by the couple's sons.

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