

**BOOK CASES:**

**In the Defense of Black Literature**

Column's Authors: Lumumba Omowale and Angela Simpson



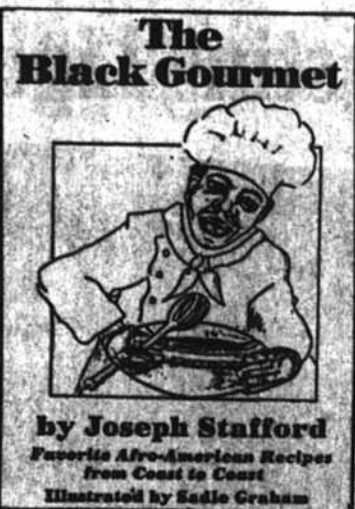
**The Black Gourmet**

By Joseph Stafford \$10.95

Looking for a fresh new recipe for crawfish stew, shrimp-spaghetti casserole, eggplant or sweet potato muffins?

You will find over 300 kitchen-tested recipes in *The Black Gourmet*. Some are traditional and others are new but they are all favorites taken from African-American kitchens all over the country. The simplicity of the recipes makes it easy for the beginner as well as being down-to-earth for the more seasoned gourmet cook.

A cookbook is a gift that lasts for years and years to come. Pass it on.



**DiETING By The Scriptures**

By Joe Keele \$3.95

The importance of different foods has been passed along to us through our ancestors. "when we violate nature's laws we also pay dearly with our health..." says the author. Because of this, he uses specific passages from the Holy Bible to show us how our people ate thousands of years ago. Full of remedies and uses, the book discusses all types of beans, vegetables, fruits, meats and seasonings used long ago and still in use today. It is an aid in helping us to understand and respect the scriptures even more. Not merely a book on foods, this is a book on our history.

These books can be found at Undercover book Source, 115 East Blvd. Charlotte, NC, Tuesday-Saturday 10 a.m. - 5 p.m. and Sunday 2-5 p.m.

**WBTV Special Profiles First Year Refugees**

Bob Lacey hosts a WBTV Special: "Making It in America - A Refugee's First Year." Sunday, December 6, at 8:30 p.m. on Channel 3.

The refugees, called Montagnards, have settled in Charlotte, Raleigh and Greensboro. Sim-

lar to our American Indians, the Montagnards are the natives of Vietnam, yet not considered ethnic Vietnamese. They fought side by side with American troops during the war, becoming our first and most loyal ally. But when the United States pulled out of Vietnam, they left the Montagnards behind to continue fighting. They fled into the jungles as thousands of their people were slaughtered by the communists. It took them 10 years to battle their way through Cambodia to reach a refugee camp in Thailand. An American friend, Don Scott, discovered them there and began to spearhead a campaign to bring them to the United States. After months of intense lobbying and mountains of red tape, a group of 213 Montagnards were finally welcomed to North Carolina just before Thanksgiving last year.

The special profiles these courageous people on the anniversary of their new life here in North Carolina. Bob Lacey finds out how they survived their treacherous journey, how they are adjusting to the many complexities of American life, and how Carolinians are extending a helping hand to make their new neighbors feel at home.

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The Brooklyn-based *Stetsasonic* was inspired to create "A.F.R.I.C.A." following the broadcast on ABC-TV's "20/20" news magazine of a report about the Rev. Jackson's visit to the "Frontline States in Africa. These black-ruled nations—Angola, Zimbabwe, Tanzania, Zambia, Mozambique, and Botswana—oppose apartheid in white-ruled South Africa and support economic sanctions against the country. In response, South Africa has been accused of directing military and economic attacks against the Frontline States. Here in America, the Rev. Jackson is among the leaders in the fight against South African apartheid. "Our country at its best feeds the hungry," he states. "Our country at its worst will have partnership with South Africa. It's a moral disgrace!" *Stetsasonic* agrees.

**LeVert Scores Big**

"THE BIG THROWDOWN," the current hit album from Atlantic recording group LeVert, has been certified gold by the RIAA for U.S. sales in excess of 500,000 units. The announcement was made by Atlantic Executive Vice President/General Manager Dave Glew. The album was produced by Gerald Levert, Marc Gordon, and Craig Cooper for Trevel Productions, with two tracks produced by Reggie Caloway. "THE BIG THROWDOWN" was released on July 24, 1987.

"THE BIG THROWDOWN" includes LeVert's current hit, "Casanova." The group's second R&B smash, the song has

just entered the top five on the national pop charts. A second single, "My Forever Love," was released recently and is bulleting rapidly up the top 40 on the R&B listings. "THE BIG THROWDOWN," the second LeVert album, is the follow-up to last year's "BLOODLINE," which included the hit single "Pop, Pop, Pop, Pop Goes My Mind."

As part of their current concert tour, LeVert recently performed at New York's Radio City Music Hall. Following their performance, the band was presented with gold awards for "THE BIG THROWDOWN."

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