

Church News Briefs:

Tabernacle Holds Family Day Service

By LORA VANDERHALL
Lifestyles Editor

On Sunday, May 29, the Deacon wives of Tabernacle will share their Annual Family Day Celebration.

The Youth and Gospel Choirs will lead the aboration of praise. The Deacon wives will conduct the order of worship and Pastor Stackhouse will proclaim the gospel. A fellowship repass will be shared.

The quarterly Benevolence Program will be held at 6 p.m. Rev. William Hinton, associate minister of Tabernacle will be the speaker for the hour. The Reid Sisters of Fort Mill, S.C. will be the songsters.

Family and friends are graciously invited to be in attendance. Rev. C. David Stackhouse is the pastor.

GREENVILLE MEMORIAL

The Greenville Memorial Young Adult Choir will present their Annual Spring Concert on Sunday, May 29 at 5 p.m.

The church is located at 6116 Monteth Drive in the Hidden Valley Community.

SECOND CALVARY

The Missionary Group #2 of Second Calvary Baptist Church will present an Old Fashion Prayer Meeting on Saturday, May 28, from 5-7 p.m.

If weather permits it will be held on the church lawn, in case of rain it will be held in the fellowship hall.

The church is located at 114 Nelson Avenue. Rev. Chiffle T. Tomlin, Sr., is the pastor.

MT. PEACE ASSN.

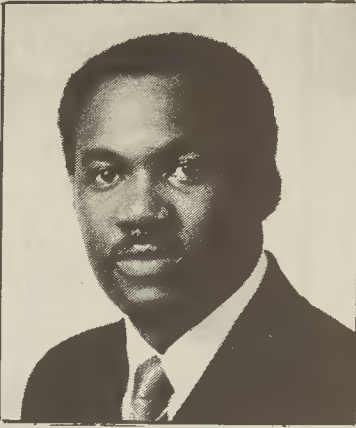
The Women's Auxillary of the Mt. Peace Association will hold a one day session on Saturday, June 4, at Gethsemane Baptist Church. Registration will begin at 9 a.m.

Thanks to all who helped make their annual banquet a success from Inez Massey, president.

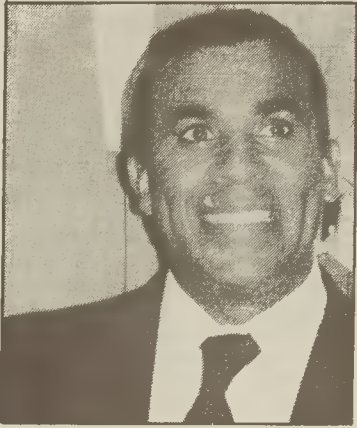
ADAMS METROPOLITAN

The Stewards of Adams Metropolitan AME Church will hold their Annual Day on Sunday, May 29 at 3:30 p.m. Rev. Charles Blalock of Willow Tree AME Church in Morganton will be the guest speaker.

Also beginning on Wednesday, June 1 thru Friday, June 3, the church will celebrate their Spring Revival. Rev. Wardell Henderson of Weeping Willow



Rev. C. David Stackhouse
Tabernacle, pastor



Rev. Chiffle T. Tomlin, Sr.
Second Calvary, pastor



Rev. Paul W. Drummond
St. Paul, pastor

AME Zion will be the speaker. Guest Choirs will sing each night along with the Choral Ensemble of Adams Metropolitan AME Church. Services will begin at 7 p.m. nightly.

ST. PAUL

Saint Paul Baptist Church is now accepting applications for their Summer Enrichment Program for children in kindergarten through grade 7. The program will begin on June 20 thru August 12.

The purpose of the program is to provide structured and quality child care services during the summer months. The program is structured to aid the child in reading, writing, math, thinking, logic and motor skills.

The program will operate Monday through Friday from 7:30 a.m. until 5:30 p.m. The deadline for registration is June 6. The fee is \$42 per child per week. Discounts are available for additional children. For more information call 334-0896.

Rev. Paul W. Drummond is the pastor.

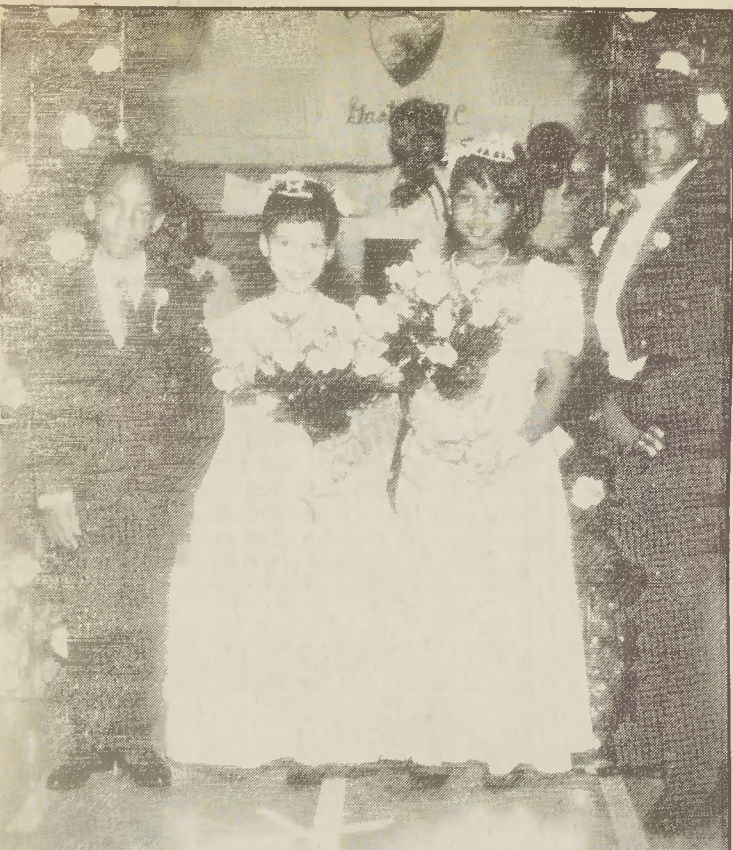
MATTHEWS MURKLAND

The Young Adult Usher board will sponsor a fun filled day with softball, games and a fish fry at the Crestdale Park on Crestdale Road, Matthews on Saturday, May 28. The festivities will begin at 12 p.m. until.

Rev. Albert W. Moses is the pastor.

NEW ST. JOHN

Rev. John McKoy, associate pastor at New St. John Baptist Church will speak for the morning worship service, Sunday, May 29. His theme will be "In The Church But Unsaved." The men will be in charge of service.



Misha Roshawnda Neely was crowned "Little Miss Las Amigas" and Kimberly Nichole Withers was crowned "Miss Las Amigas" at a pageant recently held at the Erwin Center. Pictured left to right: Jatan Graham, Misha Neely, Kimberly Withers and Travis Withers.

Keep Goals Realistic

Con't From Page 9A

nio, Texas. "Don't expect miracles. It takes a month of training to make up for each year dissipated in inactivity."

***Write down your goals.** You'll see what you've set out to achieve each day, week, and month and can more easily evaluate your program's strengths and weaknesses and whether or not your goals are realistic. Be objective and honest with your self. You should be challenged by your goals, not defeated by them.

***Use your goals to psych yourself up.** Before you begin your exercise session, review

your goals. They should inspire you. The pre-psych is a regular part of the Northern Michigan University community fitness programs, according to Phil Watts. Think of how great you'll look and feel in just a few weeks. Remind yourself of how well you did the day before.

***Get a loved one into the act.** Working out with other people was cited repeatedly as one of the greatest motivators for both elite and recreational athletes.

Carol and Carl Lewis motivate each other on several levels.

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**The Charlotte Post
Church Directory**

**NEW EMMANUEL CONGREGATIONAL
UNITED CHURCH OF CHRIST**

Rev. Edward L. Holloway, Pastor
Sunday School 9:45-10:45 a.m.
Sunday Worship 11:00 a.m.
Wednesday Night Prayer Service 7:00 p.m.
3546 Beatties Ford Road

GALILEE BAPTIST CHURCH

Rev. F. A. Griffin, pastor.
2993 Shady Lane, Charlotte, N.C. 28208.
Phone 333-0810. Sunday: 9:45 a.m. Sunday School; 11:00 a.m. Worship service. Wednesday: 7:00 p.m. Sunday School Study; 8:00 p.m. Prayer Service.

**SIMPSON-GILLESPIE UNITED
METHODIST CHURCH**

Meeting at The Methodist Home
3420 Shamrock Drive
Sunday School: 9:30 a.m.
Worship Service: 11:00 a.m.
Pastor: Rev. John F. Epps
568-3865

**OUR LADY OF
CONSOLATION CATHOLIC**

Church - 375-4339 School - 376-3796
2301 Statesville Avenue
Child Development, K-3 Grades Before
- After school care - 6 a.m. - 6 p.m.
Mass - Sat. 7 p.m. - Sun. 8 & 11 a.m.
Sunday School - 9:15 - 10:45 a.m.

**ST. MARK UNITED
METHODIST CHURCH**

917 Clanton Road - Off I-77 South
Sunday School: 10 a.m.
Worship Service: 11 a.m.
Pastor: Rev. Benjamin W. Stewart
523-7483

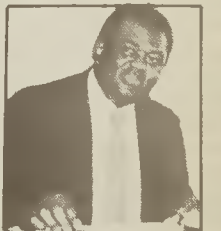


ATTEND
YOUR
CHOSEN
HOUSE OF
WORSHIP
THIS
SABBATH...

DOW FELLOWSHIP BAPTIST CHURCH

DOW Fellowship is now holding services at
Mecklenburg Baptist Association,
328 West Carson Blvd.,
Charlotte, NC.

SCHEDULE OF SUNDAY SERVICES
BIBLE STUDY 9:45 A.M.
WORSHIP SERVICES 11:00 A.M.
Wednesday Bible Study 7:00 p.m.
& Leadership Training



JOHN W. WALLACE, PASTOR

6311 Coach Hill Lane
Charlotte, N.C. 28212

REMEMBER: "Be Ye Doers of the word, and not hearers only" James 1:22



Graded Day
Care Center
Mon.-Fri.
7 a.m.-6 p.m.
(Ages 4 months-
5 years)

Friendship Baptist Church

Dr. Clifford A. Jones, Sr.
-Pastor-
3301 Beatties Ford Road

Sunday Schedule:
8:30 a.m.-Early Morning Worship
9:15 a.m.-Sunday School
11:00 a.m.-Morning Worship

JOIN US IN



YOUTH ACTIVITIES

**"FOR OUR KIDS'
SAKE"**

Summer Youth Activities
June 20 - August 12

REGISTRATION DEADLINE JUNE 10, 1988

- Daily structured classroom activities
- Field trips every Friday
- Weekly fee of \$42 per child
- Breakfast, lunch and snack daily

St. Paul Baptist Church 334-0896

Greater Mt. Sinai Baptist Church

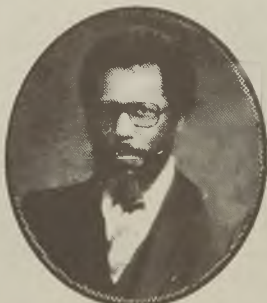
"WHERE CHRIST IS PREACHED, AS HE IS TO MEN AS THEY ARE."

9:45 A.M. Sunday School
10:40 A.M. Morning Worship
7:30 P.M. Wednesday Night

Counseling Hours
6 P.M.-9 P.M. Tuesday & Thursday
(By Appointment)

332-2163

Office Hours
8:00 A.M.-3:30 P.M. Weekdays
8:00 A.M.-12 Noon Saturdays



Rev. George Cook, Jr.,
Pastor



1243 West Blvd.
CHARLOTTE, N. C. 28208