

## BOSF Task Force Offers Free Seminar

By LORA VANDERHALL  
Lifestyles Editor

Building on the Strengths of the Family (BOSF) Task Force will have an all-day seminar on Saturday, April 22 at West Charlotte High School, 2219 Senior Drive. The seminar will begin at 9 a.m. with workshops, speakers and entertainment for the entire family.

The April 22nd conference is phase II of the Task Force's numerous plans to meet the overall objective of promoting healthy family living.

Coordinator Queen N. Thompson said, "We have invited people who can give us some concrete direction."

"The seminar is free and it is designed for parents, children, community organizations, educators, governmental policymakers and any interested person."

The seminar is designed to: (1) equip parents, educators and community organizations to more effectively work together on behalf of families. (2) provide practical strategies which can be used in homes, schools and by community groups such as churches and community service agencies. (3) provide the stimulus for a written report entitled "A Blueprint for Action" which will include the results of conference work session and other strategies to stimulate educational and recreational programs.

Dr. Alphonso Wesson, with the Urban Ministries in Chicago, will be one of the featured speakers. Wesson was brought to the attention of the Task Force because of a film he produced entitled, "Through the Cracks: Families Against Drugs." He is also known because of the work he has done with Urban Ministries, a program that deal with high risk



Dudley



Jones

teenagers who have been through the juvenile court system. The teens learn skills through the arts, theater and drama which can be used toward getting jobs in the radio and television industry.

"Dr. Wesson's workshop will include valuable information, which will be therapeutic and vocational," said Thompson.

Joe Dudley, president of Dudley Hair Products, will also be a featured speaker. Dudley was considered a slow student in school but today he is a multimillionaire.

Rev. Clifford Jones and Rev. Wilch Caldwell will speak on "Taking the Church Outside the Walls."

Other speakers will include: Sheree Dean of the Children's Defense Fund in Washington, D.C. and Katie Clawson of Child Care Resources.

The keynote address will be presented by Dudley Flood of the State Department of Public Instruction.

Thompson says that they are hoping for full participation

from the entire community. "This is our chance to help ourselves and recognize some outstanding families within the community," said Thompson.

Over the past several months BOSF has received over 30 nominations for outstanding families who will also be recognized on April 22.

The seminar will also feature give-a-ways from Soft Sheen Hair Products, Dudley Products and Professional Hair Designers.

"Dorothy Walters Ware and her Girl Scout group are making special buttons for the nominated families," said Thompson.

Other sponsors include: Faith Memorial Baptist Church, Mecklenburg Presbyterian, Mt. Peace Ministerial Association, Gethsemane AME Zion, Charlotte-Mecklenburg School System, Urban League, Baptist Ministers Conference #1, Third Ward Community Development Association, Second Ward National Alumni Association and Friendship Baptist Church.



Photo/CALVIN FERGUSON

Nu Skin independent distributors (l-r): Tyrone Mullins, Alice Cunningham and Julius (Jay) Howell.

## Nu Skin: The Latest In Personal Skincare Products

By LORA VANDERHALL  
Lifestyles Editor

With the recent surge of Americans becoming more health conscious, consequently, there has been an increase in the number of natural foods and product offered to the consumer.

Nu Skin, a comprehensive skin care system, is one of them.

Within the past two year, Nu Skin has expanded distribution to the east coast with a network marketing plan.

Local independent distributor, Alice Cunningham became involved under the leadership of Julius (Jay) Howell of Goldsboro.

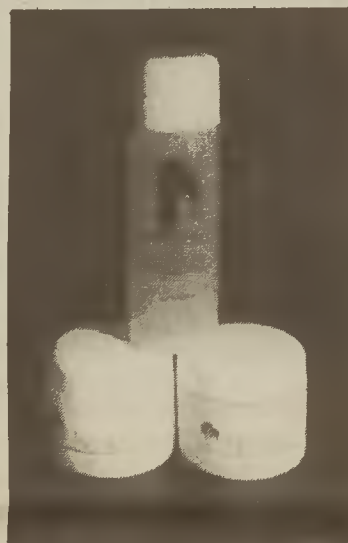
The development of NuSkin was based on the ideal of moisturizing the skin without oils.

"They (researchers) were looking for a natural hydration for the skin...products that were 100 percent natural," said Howell.

Howell contends that the various industries have known the ill of artificial ingredients, sugar and cholesterol for some time but have only recently changed because of consumer awareness and demands.

"The skin is the largest organ we have and we should take care of it," said Howell.

In addition to the skin products, Nu Skin also has hair care products, vitamins and Interior Design, a weight management program.



Nu Skin Products

Nu Skin is made for all skin types and it is said to have a positive effect on black men with pseudofolliculitis or ingrown beard hairs.

"We have a three part system that works great on ingrown hairs. It includes an enhancer, ph balance and a NAPCA moisturizer. The products last for about three months and the three of them cost \$32," said Cunningham.

"I can attest to the effectiveness of these products because I've used them and as a result I have smooth skin. There was a

time when I couldn't wear a tie because of the irritation of ingrown hairs, but now I have no problem with that," said Howell.

"Our products are designed to retain or restore a youthful appearance," Howell said.

Other products include: nutri-ol, which repairs damaged curly perms; glacial marine mud, which cleanses and freshens the face and entire body; shape essentials, a powered drink in two flavors designed to naturally curb the appetite and many other products.

Tyrone Mullins, an independent distributor and physical fitness instructor has recently started using the Interior Design program and he says the results have been great.

"I run and work out a lot and these supplements have really helped my energy level," said Mullins.

There are also business opportunities available.

Cunningham, a small business consultant and the owner of "My Bookkeeping" and Howell, who is in the Air Force are currently in the business part time but hope to one day become full-time.

For additional information on products and employment opportunities call Alice Cunningham during the day at 336-9796 (digital beeper) or evenings at 537-8590.

## Maxwell Retires From CMS

By LORA VANDERHALL  
Lifestyles Editor

Mary Maxwell recently retired from the communications department of the Charlotte-Mecklenburg School System after 32 years of service.

Maxwell, 51, was an information technician, which made her responsible for all aspects of preparation for the school board meetings, in addition to numerous jobs assigned to her by her immediate supervisor, Dr. Chris Folk, associate superintendent for communications.

Having graduate West Charlotte High School, Maxwell pursued an associates degree in secretarial science. She turned down a scholarship to a college in Atlanta and opted to work her way through two years of school and stay at home.

While attending college she also started her first job with the school system at Hawthorne Junior High, which is now Traditional.

"I started as a cashier in the lunchroom," she said.

When she finished school, she was called to work as the principal's secretary at Sterling Elementary.

Starting in 1967, Maxwell worked as a registrar at Independence High for four years, before moving on to the Education Center.

After spending three years as records secretary in personnel,



Maxwell

Folk asked her to work for him in communications.

"I never applied for any jobs. I was asked to come. I was very complacent, and unless I was asked, I wouldn't make a move. I was honored when Dr. Folk asked me."

"Dealing with the public has always been my first love," said Maxwell.

Maxwell recalls working in the communications department in the early days when things were sometimes frightening because of bomb threats, assaults and riots.

"You never knew what was going to happen. You would have

had to live through it to know that we've come a long way."

Just before Maxwell's retirement, a group of about 350 people gathered at the Education Center for her retirement reception. "It was raining on the day of the reception and it really made me feel good that so many people came out."

With more leisure time on her hand, Maxwell plans to spend more time with her husband, Chauncey, and daughter, Tina. She also plans to spend more time with the numerous organizations she is affiliated with.

"I just want to enjoy my life while I still feel good," she concluded.

## Means Recruits Blacks For Philadelphia's D.A.

Special To The Post

Charlotte native Rayford Allen Means is the highest-ranking African-American in the district attorney's office in Philadelphia.

As deputy for the pre-trial division Means, 37, is responsible for handling and supervising the deposition of 50,000 new cases annually, the victim witness program, private criminal complaints and the special projects and charging unit.

Means received his bachelor's degree from Winston-Salem State University in 1973, a master's of education from University of North Carolina at Charlotte and his juris doctorate from North Carolina Central University.



Means

Administrators at Winston-Salem named the Rayford A. Means Computer Laboratory af-

ter their alumnus.

Means is the son of Mr. and Mrs. Wilbur Means of Charlotte.

District Attorney Ronald Castille, calling Means one of his top deputies has also given him the responsibility of overseeing hiring of blacks and other ethnic personnel.

Since Castille was elected almost three years ago he has been actively seeking to increase the number of African-Americans and Hispanics in the DA's office.

Means said, "We're aggressively recruiting on the campuses of schools with an enrollment which is predominantly black." Means and Castille said the recruitment are concentrated at Howard University, Texas

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Members of Charlotte's Smart Set pictured above (l-r): first row, Johnnie Bullock, Minnie McGirt, Ruby Wallace, Rachel Byers, Yvonne Hughes, Alice Hurley, Gwendolyn Heard, Mabel Dillard and Millie McFadden; second row, Stephanie Counts, Shirley Wilkins, Bernice Rorie, Jean Webber, Kathryn Irvin, Vivian Williams, Carolyn Wilson, Julia Saunders, Diane Alexan-

der, Glnice Clement, Amaa Motley, Peggy Donald and Jeanne Rorie; back row, Gloria Mumford, Johnnie Covington, Dorothy Person, Ann Hinant, Jeanne Brayboy, Nancy Lee, Ross Alston, Grace Chambers and Naomi High. Not pictured: Barbara Davis, Gwendolyn Blount and Addie Moore.

## Smart Set Celebrates Anniversary

Special To The Post

Members of the Charlotte Chapter of National Smart Set recently celebrated its anniversary with a dinner and dance. The celebration was dubbed the "Sweet Sixteen Anniversary."

The affair was held at The Hilton at University Place in the window-walled Glenwaters Room, which is situated on the lake and features a sparkling flowing fountain.

A delicious, elaborately served candlelight dinner was enjoyed by members and their guest.

The table was adorned with a cut-spring floral centerpiece and greenery.

The Cannonball Express Combo provided music for the dance.

Millie McFadden, chapter president, made a special presentation of a dozen long-stemmed red roses to Alma Mot-

ley, founder of the local chapter. Each member of the organization was also presented with a long-stemmed rose.

Former Charlotteans and chapter members of the organization, Rose Alston of Durham and Gloria Mumford of Silver Spring, Maryland, attended the celebration.

Gwendolyn Heard was chairperson of the anniversary steering committee.