

Vision Cable Sponsors Vision Van In Charlotte

CHARLOTTE - Vision Cable of Mecklenburg County announces prevention on wheels!
 In honor of May which is "Prevent Blindness Month", Vision Cable will sponsor a visit from the "VISION VAN". The "VISION VAN" is a mobile office from the North Carolina Society to Prevent Blindness in Raleigh. The van is equipped to perform sight saving screenings for North Carolinians.

The "VISION VAN" will perform free eye screenings and glaucoma testings in Waccamaw Pottery at Windsor Square, East Independence Boulevard, Tuesday, May 23, from 10:00 a.m. until 5:00 p.m.

For too long crisis-cure has been the emphasis in health care. Now, preventive medicine is vital to reduce skyrocketing

costs of unnecessary medical care. Helen Keller was noted for her statement on prevention, mentioning that if 10 percent of the monies spent on care for the blind was spent on prevention, the world would be much better in terms of saving human tragedy and tax dollars. "Cable, as an industry relies highly upon excellent vision, and as a company, Vision Cable strongly supports preventive care

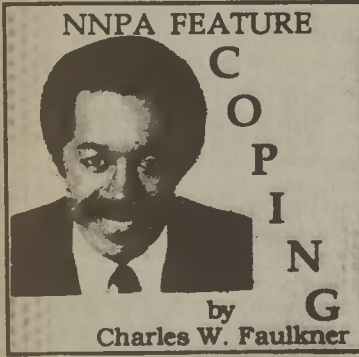
throughout an individual's life," stated vision Cable General Manager Milton Moore. "Vision Cable encourages all local residents, subscriber or non-subscriber, to participate in the free eye screenings. Like the old saying goes, "an ounce of prevention is worth a pound of cure!" Tracey Griffin, spokesperson for the screening sponsor ask that every local resident take a few minutes to visit the "VISION

VAN" to test his or her Eye-Q. The "VISION VAN" is also equipped with educational films and pamphlets, including information on eye safety in schools and industry. The "VISION VAN" is sponsored by Vision Cable of Mecklenburg County and will be in Waccamaw Pottery at Windsor Square, East Independence Boulevard, Tuesday, May 23, from 10:00 a.m. until 5:00 p.m.

JESUS CHRIST IS OUR VERY BEST FRIEND.

READ YOUR KING JAMES BIBLE, PRAY, AND THANK GOD EVERY DAY!

PRAY FOR AMERICA!



Compulsive Suggestive Personalities

When someone disagrees with you, do you completely lose control of yourself and begin to scream, rant, rave and threaten the other person?

When you walk past the bakery, do you lose control of yourself and forget about your diet? And then begin to eat cake, pie and ice cream as if it were going out of style?

When you go shopping, are you not able to resist buying the candy that is on the shelf at the checkout stand? Though you really don't want it?

When you get nervous, do you automatically grab a cigarette even though the doctor told you that cigarettes could cause you to have a heart attack?

When you are invited to a friend's house for dinner, do you find that it is impossible to resist two or three helpings of everything? Even though you are supposed to be on a diet?

When a panhandler begs you for a quarter, do you find it impossible to refuse him money even though you promised yourself many times that you would never again give money to people who beg for it on the street.

When you first tried crack, did you tell yourself that you could stop using it whenever you wanted to? And do you still tell yourself the same thing? Yet, do you almost go crazy when you can't get crack?

Finally, do you realize that you have an emotional problem? Do you know that you are a compulsive highly-suggestible person who is allowing your compulsion to control you? Or, do you continually say to yourself, "Nothing is wrong with me," even though you know that you are lying to yourself and that you have an acute problem that desperately needs professional treatment?

If you answered yes to two or more of these questions, you have an acute compulsive-suggestible personality that has probably caused you a great deal of torment. There are a lot of people whom you "despise." There are quite a few people who despise you, too. And it's all the result of your compulsive-suggestible personality that causes you to become furious if someone even looks as if he might not like you. You can't control your temper. You can't control your appetite. You can't control your need to have something. Anyone who answered yes to two of the questions in the quiz could probably answer yes to many more of the questions.

Obituaries

Continued From Page 4B.

John Henry Herron and Mr. Graylin Herron; grandmother, Mrs. Cleola Watt all of Charlotte, NC.

Mr. Crosby Henry Byrd, of 2414 Celia Ave., died May 8 1989 - Mercy Hospital. Funeral service was held Tuesday at Memorial Presbyterian Church. Burial was in Beatties Ford Memorial Gardens.

Survivors are his wife, Mrs. Mary Lee Byrd; son, Mr. Harry Cowan both of Charlotte; brother, Mr. Raleigh Byrd of Anniston, Alabama; sister, Ms. Darlena Byrd of Detroit, Michigan; grandson, Mr. Robert Cowan of Washington, DC.

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<p>50 Ct. - 8 7/8 Inch STURDYWARE PLATES \$1.09</p>	<p>16 Oz. - 1000 Island/Lt. 1000 Island/Lt. Catalina KRAFT DRESSING \$1.69</p>	<p>3 Lb. - Shedd's Margarine COUNTRY CROCK \$1.89</p>	<p>8 Oz. - Assorted Yogurt LIGHT N' LIVELY 100 3/\$1</p>
<p>20 Lb. - Dog Food PURINA GRRRAVY \$5.99</p>	<p>Detergent ARM & HAMMER \$1.29 65 Oz.</p>	<p>22 Oz. - Dish Detergent DAWN LIQUID \$1.19</p>	<p>FOOD LION</p>

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