# Caribbean Cooking

Post Staff Writer

Charlotte has a place to go to experience the culinary brilliance of the the West Indies.

Caribbean Eatables, at 901 South Kings Drive in the Kings Court Shopping Center, serves a variety of dishes that are influenced by Africa, Europe and the Orient.

The restaurant is owned by Leslie Reid, his mother Freida, and his sister Pamela. The family is originally from Jamaica.

Reid said he wanted to expose people to different types of cui-sine and educate them about cultures by creating a foreign envi-

"There are black folks all over, not just in America. You eat chicken, we eat chicken, you eat fish, we eat fish," he said.

Reid says that Caribbean Eatables has a wider food selection. Some of the delights on their menu are jerk chicken and fish, curry chicken, beef patties, and

Jerk chicken is marinated in special herbs and spices and cooked over an open grill. Curry chicken and roti are dishes that are of oriental Influence. Beef patties are popular fast food items in Jamaica. Reid said seasoning is a constant difference between Caribbean and American food.

For this reason he says most Americans can not cook island food properly. "The average American can't cook curry. They put in too much spice," he said. At Caribbean Eatables his mother and sister do most of the cooking

### First Union Merger Is Stalled

By The Associated Press

Questions about the lending practices of First Union Corp. in Charlotte's poor and minority neighborhoods have delayed its \$849 million acquisition of Florida National Bank.

The Federal Reserve Board said yesterday that it will not approve the merger until federal regulators take a close look at whether First Union makes adequate loans in low- and middleincome neighborhoods.

"The board does not believe that there is sufficient information in the record at this time to allow the board to reach a final conclusion on First Union's record of helping to meet the credit needs of the communities it serves in North Carolina and Florida, including low- and moderate-income neighborhoods," the board said in news release Monday.

It was only the second time that the Federal Reserve has blocked or postponed a proposed bank merger because of questions over a bank's lending practices.

Under the Community Reinvestment Act, banks are required to make loans in all communities from which they accept deposits. The act was passed to curb discrimination against low-income and minority communities.

Because mergers must be approved by the Federal Reserve, community activists have used proposed mergers as an opportunity to challenge bank-lending policies.

In a terse news release Monday night, First Union said that it is disappointed by the delay and that it "believes that it will demonstrate that it is in compliance with the Community Reinvestment Act."

#### **FDY Trade** Show

Special To The Post

The FDY Banquets and Catering Center in Charlotte was abuzz with various activities this week, including its first-ever major trade show on Tuesday.

FDY hosted the Winn-Dixie Deli-Bakery Show from 8 a.m. until 2:30 p.m. in its newly expanded 4,300 square foot banhall. This marked the first such deli-bakery show for Winn-Dixie. Because of the show's success, Gene Collins, the Deli-Bakery merchandiser for the 95 stores in the Charlotte Division, says he plans to make this show an annual event. Almost 200 deli-bakery managers and employees of Winn-Dixie food stores within a 200-mile radius of Charlotte attended the

show.



#### STRICTLY BUSINESS Profile

Caribbean Eatables: Leslie Reid, Freida Reid, Pamela Reid Green Location: 901 South Kings Drive Nature of Business: Caribbean cuisine Special Features: roti, jerk chicken, curry chicken

Exotic drinks are served to compliment the exquisite meals. Homemade ginger root beer and mango juice are some of the attractions. Reid received an award for having the best exotic drinks of 1988.

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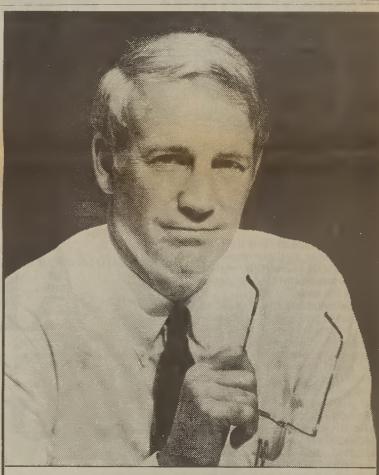
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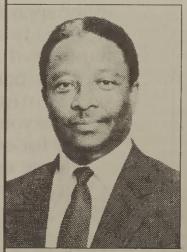
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to City Council. ??

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CITY COUNCIL/AT LARGE

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