

Another gourmet coffee shop opens store in uptown Charlotte

By Tammie Tolbert
THE CHARLOTTE POST

Now Charlotteans can wake with a coffee with a star by its name: "Starbucks."

Starbucks, the nation's largest coffee retailer, is opening in two locations - 7th Street and in the Charlotte Plaza Overstreet Mall.

Starbucks will offer Charlotte residents a hand-picked selection of more than 30 varieties and blends of the finest arabica beans.

Guy Wayne, 28, who has been in retail management with Starbucks for two years said, "when people come to our store they can expect high quality coffee, various coffee beans, espresso beverages and quality service." He said they have a "just say Yes," attitude and they stand by it.

Wayne, who is known as a "barista" (an Italian name for a coffee bartender) says, "We don't have flavored beans, but the company prefers to flavor its coffee the traditional Italian way by adding flavored syrup to the coffee."

They buy the highest quality arabica beans in the world from different coffee growing countries. "We have Central American coffee from Guatemala, Costa Rica, and Mexico," Wayne said. They also have Pacific coffee from Indonesia and Java and African coffee from Ethiopia



Guy Wayne, a newly trained coffee "barista" (Italian for bartender), looks over an order for a cool cup of iced mocha at the brand new Starbucks Coffee Store Uptown at Charlotte Plaza

and Kenya.

The Starbucks in the Overstreet Mall offers its customers variety. "We rotate through the different whole bean coffee that we carry, but we usually sell one decaffeinated coffee and one caffeinated blend as our coffee of the day - everyday. Sometimes it may be the house blend, the Costa Rica coffee or the Kenya coffee." Starbucks even has seasonal coffee. "We have a special coffee for Christmas called "Christmas Blend," Wayne said. "There is always a feature coffee."

The coffee is served in 12 and 16 ounce sizes and the costs start at \$1.35 per serving. Starbucks offers regular

drip coffee as well as Espresso like Macchiato and Con Panna.

Starbucks held its grand opening for the Overstreet Mall shop last Friday and part of the proceeds went to Charlotte's Loaves and Fishes Program, an emergency food pantry that serves families in need.

"We are very involved in the communities where we do business," Wayne said. "Our mission in Starbucks is to contribute positively to our communities and our environment."

"We do things such as 'Green Sweeps' where we get together and clean up areas in the community." Starbucks made a pledge that it will donate any

coffee remaining in its whole bean bins for more than seven days to the Charlotte area Loaves and Fishes program.

Starbucks extends its services to regions that supplies

it with coffee.

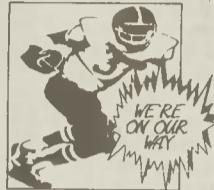
In Kenya, Starbucks supports literacy and educational programs, while in Guatemala Starbucks implements clean water projects.

Starbucks has combined giving great quality products with giving great community service.

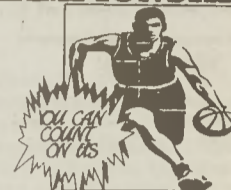
BIG LEAGUE SPORTS ARE HERE



WHICH WILL COME FIRST?
SUPERBOWL? N.B.A. CHAMPIONSHIP?

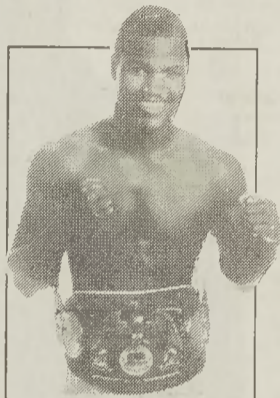


CHARLOTTE HASN'T HAD EITHER ONE YET

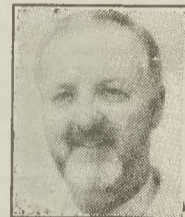


BUT WE'VE ALREADY HAD

A WORLD CHAMPION BOXER,



KELVIN SEABROOKS, and HIS CHIROPRACTOR DR. WATTS



KELVIN SEABROOKS
COMMUNITY RELATIONS DIRECTOR
OF A & W CLINIC, HELPS KEEP KELVIN'S BACK IN SHAPE
IF YOUR BACK OR NECK IS INJURED
CALL 393-3333

DR. DENNIS WATTS, D.C.

WITH 3 OFFICES ON: BEATTIES FORD, WILKINSON & THE PLAZA
OUR STAFF WILL TREAT YOU LIKE A WORLD CHAMPION

Nails important to stylish look

Continued from 9A

but they are not for everyone. You have to take into consideration your lifestyle. Just because its pretty, doesn't mean that its right," Hubbard said. "Acrylic is not helping the natural nail to become any stronger, it is just helping them not to break. Anytime you apply anything on top of the nail, such as acrylic or a gel, it is going to dehydrate the nail."

Hubbard recommends get-

ting the actual acrylic changed every four to five months because it will start to look old and like anything, it is not going to last forever. She said to look at the nail when you have the product on and if you notice any type of discoloration, then you might want to reconsider and give your nails a rest.

The treatment portion for natural nails is to buy a polish or a base coat that you can use at home. Hubbard said that it

is important to be consistent with the products and use the same top coat and basecoat polish. "These products were designed to be used together," she said.

Filing the nail is important. "I don't recommend the emory board files because they treat your nails like sandpaper and all it does is tear your nails. You need a fine grit file."

"With acrylic nails, the goal is to have the nail look as natural as possible," Hubbard said.

Exercise priority to government

Continued from page 9A

Americans to exercise. It will require money that might have to be diverted from other health campaigns, he said.

As for corporate funding,

Dishman is dubious, since fitness professionals such as aerobics instructors typically work by themselves, not as part of a wealthy corporation. And companies that sell health equipment would be more interested in sales than in having people choose an

exercise routine and sticking with it, he said.

"It could well be that things continue on as usual after there's a flurry of attention," Dishman said.

Charlotte Center For Fresh Breath Opens

SPECIAL TO THE POST

To combat a serious and embarrassing problem plaguing over 25 million Americans, the Charlotte practice of Dr. Treat, Dr. Steiner, and Dr. Pappert has opened the Charlotte Center for Fresh Breath.

The center is the only one of its kind in North Carolina and one of a few nationwide. The center focuses exclusively on the treatment of halitosis or chronic bad breath in layman's terms.

Bad breath is a social problem affecting everyone from time to time. For 10 percent of all Americans, however,

breath disorders are a serious and debilitating condition resulting often times in the loss of jobs, broken personal relationships and the development of psychological problems.

Even the most meticulous oral hygiene practices will not achieve relief for the individual suffering chronic bad breath/halitosis. Over-the-counter mouth rinses and breath mints only mask bad breath odor, providing temporary yet no lasting results or cures.

Fortunately, recent medical breakthroughs have led to the discovery of a highly effective treatment for the control and

elimination of chronic bad breath.

Utilizing specialized instruments and advanced technologies, the professionals at the Charlotte Center For Fresh Breath can pinpoint the exact location and amount of odor in the mouth and successfully cure the halitosis patient 98 percent of the time.

The Charlotte center for fresh breath offers hope to the millions of Americans whose personal and professional lives have been hampered by a lifetime of severe breath odor.

For more information, contact the Charlotte Center for Fresh Breath at 523-5591.

Make it easy on your friends and family! Get a subscription to The Post!
Call 376-0496.

REGISTER • PRIZES • PRIZES • PRIZES • FOOD • FOOD • FUN • FUN • FUN • LIVE • RADIO • BROADCAST

CPCC SUMMER FEST

Sat. Aug. 10, 1996
10 AM-2 PM
Main Campus-Elizabeth Ave.
Rain location is Taylor Gym

Open House and Registration Day for recent high school graduates & their families

Live Radio Broadcasts
The END and KISS

Get a head start on planning for college this fall...
CENTRAL PIEDMONT COMMUNITY COLLEGE 330-CPCC

TOURS • TOURS • TOURS