

Around Charlotte

Continued from 14A

Nations Ford Road, 1-6 p.m.

Tuesday

• Meeting, Commercial Real Estate Women, The Adams Mark Hotel, 555 S. McDowell St., 11:30 a.m. Cost, \$15 members, \$20 non-members.

• Children's activity, Tell a Tale, Beatties Ford Branch Library,

2412 Beatties Ford Road, 4 p.m. For children ages 8-12.

• Meeting, Metrolina Chapter Professional Secretaries, Ramada Inn Central, Clanton Road and I-77, 6:30 p.m. Dinner \$8.50. For information, reservations, call 596-2652.

• Meeting, The Charlotte Writers Club, Christ Episcopal Church, 1412 Providence Road, 7 p.m.

Wednesday

• Meeting, Young Democrats of North Carolina, Democratic Headquarters, 2821 South Blvd., 6:30 p.m.

Upcoming events

• Pearl Awards Luncheon and Fashion Show, Oct. 18, Westin Hotel, noon. Honorees include J.

Halloween planning needed

Continued from 14A

their children to various homes. "These children get the benefit of dressing up and seeing family friends who will appreciate the visit," she said. "They often receive as much candy by phoning ahead as other children who go to twice as many houses."

Discourage children from racing from one house to another.

"Parents should teach their children to be polite at each house and always say thank you," Davis said. "Running through yards and across streets is very dangerous. Teach children to walk facing

traffic and to watch carefully for oncoming cars."

Other safety issues include wearing reflective tape and carrying a flashlight to improve visibility. Make sure masks do not hamper a child's ability to see, she said.

Depression serious, but treatable

THE ASSOCIATED PRESS

Depression is serious illness that affects more than 17 million Americans each year, yet only 5 million of those affected will seek treatment.

What people do not realize is that depression is a treatable illness and with proper diagnosis, it's often devastating symptoms can be controlled.

Today is National Depression Screening Day and several local organizations will hold free depression workshops that will provide participants information about the disease and its symptoms.

Participants will also receive free depression screening. Local depression screenings will be held at the following locations:

- Carolinas Medical Center at Biddle Point
1801 Rozzelles Ferry Road
9 a.m.-5 p.m.
- Carolinas Medical Center at North Park
251 Eastway Drive
9 a.m.-5 p.m.
- Center for Mental Health
501 Billingsley Road
11 a.m. - 6 p.m.
- Harris YMCA Health Center
5900 Quail Hollow Road
Noon-2 p.m.
5 - 8 p.m.
- Lake Norman YMCA
21300 Davidson St.
Cornelius
9 - 11 a.m.
5-8 p.m.
- University City Health Center
8100 Old Mallard Creek Road
4 - 7 p.m.
- Uptown Health Center
285 One First Union Center
Noon-2 p.m.
4-7 p.m.

For more information about these sites, call 355-8370.

BHC Cedar Springs Behavioral Healthcare Center
9600 Pineville-Matthews Road
9 a.m.-6 p.m.
For more information, call 541-6676.

Charter Pines Behavioral Health System
3621 Randolph Road
8 a.m.-midnight
For more information, call 365-5368.

Presbyterian Hospital Behavioral Health Outpatient Department
1521 E. 3rd St.
11 a.m.-1 p.m.

Presbyterian Hospital Matthews
1500 Matthews Township Parkway

Aa Bb Cc

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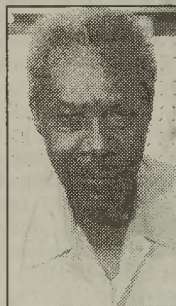
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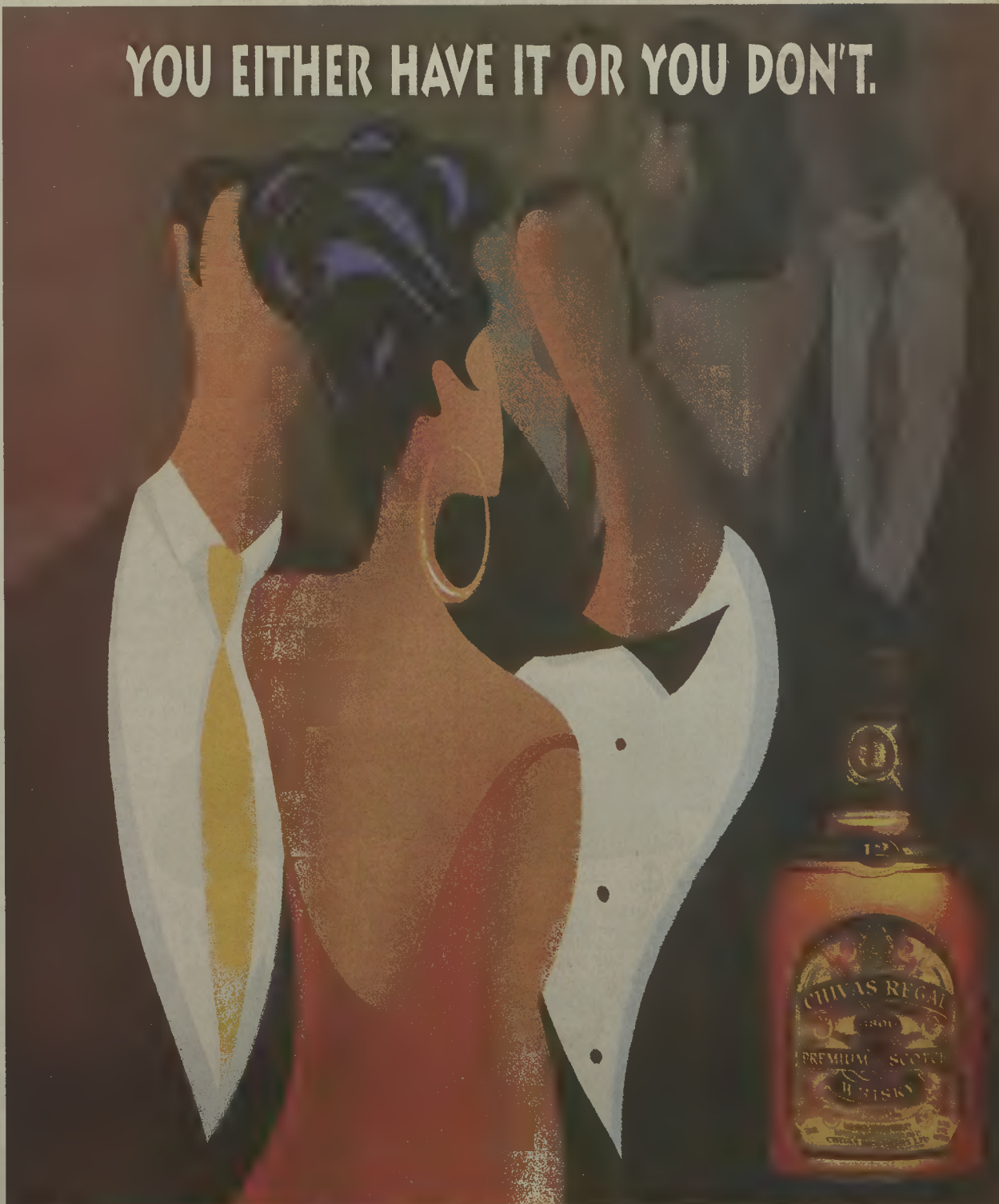
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