

"Doing better than on old style hulls"

Mr. J. J. Hamilton, Gastonia, N. C., has been feeding Buckeye Hulls to milk cows since November, 1916. He claims that they are doing better than when fed old style hulls. Similar reports have been received from all over the South. Wherever



are fed properly they are bound to give better results than old style hulls. They can't do otherwise because they are all roughage while old style hulls are one-fourth lint, because they are clean and free of trash; because they do not clog or flux the digestive tract; because they mix well with other food; because they are relished by the cattle. And yet they cost you several dollars less per ton. Why not save the difference and get better roughage?

Book of Mixed Feeds Free

Gives the right formula for every combination of feeds used in the South. Tells how much to feed for maintenance, for milk, for fattening, for work. Describes Buckeye Hulls and gives directions for using them properly. Send for your copy to nearest mill.

Dept. 1 The Buckeye Cotton Oil Co. Dept. 1 Atlanta Augusta Birmingham Charlotte Greensboro Jacksonville Little Rock Macon Memphis Selma

T. R. FINDS FOOD SCOUT GAINS THREE OUNCES



When Colonel Theodore Roosevelt was asked to weigh boy food scouts from New York city public schools who have been eating test midday lunches his first subject was Morris Gilsenberg. Morris is eleven years old, and the colonel found he weighed only forty-five pounds. In five days the boy had gained three ounces. One other boy had gained two pounds, while another gained only one ounce. This is the total of what Morris had for lunch during the five days: Two pints of soup, four big kitchen table-

spoonfuls of vegetables, six of such spoonfuls of fish, fourteen slices of bread and peanut butter, two ounces of rice and apple sauce, one baked apple, twenty-four ounces of cocoa made of milk, twelve dates, eighteen prunes with plenty of juice, four ounces of cake, and two oranges. The test is being made by the Peoples' Institute, the Post Graduate Hospital and the School Lunch Committee to determine if school boys receive sufficient noon lunches at home.

A NEW YOUNG BILLIARD "PHENOM."



At last Willie Hoppe, the billiard champion, has an opponent worthy of his cue. Young Welker Cochran of Manson, Ia., has developed into a

brilliant billiardist, and at the present moment stands as his only rival. The two wizards will in all probability meet at the table before the year is very old.

Stop Itching Eczema

Never mind how often you have tried and failed, you can stop burning itching eczema quickly by applying a little cream furnished by every druggist for 35c. Extra large bottle, \$1.00. Itching begins the moment cream is applied. In a short time usually every trace of eczema, better known as rash, blackheads and similar skin diseases will be removed. For clearing the skin and making it vigorously healthy, always use some of the penetrating, antiseptic liquid. It is not a greasy salve and it does not stain. Where eczema has been the one dependable treatment for skin troubles of all kinds. The E. W. Ross Co., Cincinnati, O.

COUNTY ATTORNEY JOINS THE MARINES

R. H. Shuford, of Catawba County, Resigns Office and Joins the Marines Fighting Forces.

(Special to Post.)

Hickory, Jan. 31.—Mr. R. H. Shuford, county attorney of Catawba, has resigned his office and goes to Port Royal, S. C., to join the marines. Mr. Shuford is a young man of fine parts and has been very active in behalf of governmental activities. He is a university graduate and has two brothers in the service.

WHITE MAN ARRESTED FOR CHIMINAL ASSAULT

Will Ward in Albemarle Jail for Alleged Assault on Five-Year-Old Daughter of Earl Williams—Preliminary Hearing Given Today.

(Special to Post.)

Albemarle, Jan. 30.—A young white man who gave his name as Will Ward was arrested today, and lodged in Stanley county jail upon a charge of criminal assault upon the little five-year-old daughter of Earl Williams, on last night. Williams lives in West Albemarle and the young man asked to stay over night with him and was allowed to do so. It was during the night that the dastardly crime was committed, the little girl says. She said Ward kept her from making outcry by holding his hand over her mouth and she did not tell her parents of the assault until this morning. Immediately Mr. Williams came over, town and swore out a warrant before Judge R. L. Brown, of the county court. Ward has made no statement whatever regarding his guilt or innocence. Mr. Lantz who made the physical examination of the little girl says she was found by him to be in a painful condition. Ward is about 22 years of age, is thought to be from Davidson county, and is thought also to be a slacker or runaway from the army. He will be given his preliminary hearing before Judge Brown Friday morning.

JESSE H. HENDERSON IS KILLED NEAR MORGANTON

He Was Unloading Car of Coal When He Fell Into the Shute and the Coal on Top of Him.

Morganton, Jan. 30.—Injuries which he received while unloading a car of coal at Connelly Springs resulted fatally to Jesse H. Henderson, of Newport, Tenn., in the employ of Sands and company, who operate a commissary outfit on the Southern railway. The accident which caused Mr. Henderson's death occurred Tuesday afternoon. The unfortunate man was using a large wreck to unloose the trap door of the coal car to release coal into the shute. It is supposed that the wreck slipped, hit him on the head and he fell into the shute. At the same time the load of coal came rushing into the shute, completely covering the already injured man. Men who were nearby rushed out as soon as the coal could be removed enough to release him and brought on a passing freight train to Morganton. Upon reaching here he was placed in a waiting automobile and taken to the hospital but expired just as he was being carried into the hospital. Sands and company were notified of his death and a representative of the company came to take charge of the body which was prepared for burial and sent to Tennessee this morning.

SATURDAY IS GROUND HOG DAY

The Wise Ones and the Backers of This Little Critter Are Already Busy Making Predictions.

Saturday, February 2nd, is ground hog day and the staunch friends and believers in this critter are already busy making predictions as to the weather for the coming six weeks. They "do say" that if he comes from his winter quarters and sees his shadow Saturday we will have six more weeks of bad winter weather, but if he fails to darken the ground with his hadow the weather will break and we may look for some good weather. Here's hoping Saturday will be a gloomy one from a weather standpoint if the ground hog has anything to do with the next six week's weather. He can stand almost anything two more days from the weather man if we can only keep that little varmint from observing his outlines on the ground Saturday. All we can do is wait and see.

DRIVING THROUGH CEMETERY.

Superintendent Shank Has Grievance Against Parties Using Driveways For Public Use.

Superintendent M. A. Shank, of the city cemeteries, complains that numbers of parties are using the driveways in Chestnut Hill cemetery as a route to get from Main to Fulton street and vice versa, doing this in order to avoid the mud on South Fulton. This practice is being indulged in by delivery wagons and trucks and other vehicle drivers and is badly cutting up the cemetery drives. This practice should be discontinued, the superintendent says, even though such vehicles would have to encounter mud and bad street by going out or coming in Fulton street.

FARMERS URGED TO GROW OTHER THINGS THAN COTTON

Atlanta, Ga., Jan. 30.—Because of the high price of cotton farmers should not become lax in the production of foodstuffs during the present emergency, B. H. Groover, assistant agricultural commissioner, declared in an address here today before the 19th annual meeting of the association of Southern Agricultural workers. "It is important that the South should bestir itself in the great food crisis of the world history," he said. Other speakers included W. R. Dedson, of Baton Rouge, La., president of the association, and Prof. C. B. Williams, of North Carolina state college. The convention will be in session until Friday.

A FATHER AND SON WEEK BEING ARRANGED

The Idea is Being Made a Nationwide One and This Year Will Be of the Greatest Interest.

The announcement that a national Father and Son week is being arranged will be met with great satisfaction and with the hearty approval of everyone. No more effective method of uniting the forces for good in any community has been devised, and it should meet with the hearty co-operation of all Christian workers. It is the purpose of uniting the latent powers of Fathers and Sons in promoting a program of community betterment, not only for moral and spiritual improvement, but for economic and social improvement. It also provides a most effective means of focusing the resources of the entire community upon the building of character in the hearts and lives of boys and men. There never has been a time in the history of this country when the call for unselfish service, backed by Christian character, has been greater. Through it all this Father and Son week, February 11-17, is an unparalleled opportunity for producing a great amount of good. Big sons, some of whom are growing away from their fathers, have had time to think since they went to the military camps or overseas. There are 1,067,698 of these boys in the armed forces in America. There are tens of thousands more overseas. More than a million fathers are back at home, fathers who were absorbed in business are now doing some thinking. Fathers who were lost in the grind of life or in the frivolities, or were warped or twisted by its competitions, have stopped to think. A lot of making-up is going on. Men are thinking clearly and rightly. Father and Son disunion is being healed. Father and Son understandings are growing. There is a great passion in the camps and on the field to be appreciated at home. There is honest pride in the father's heart on the patriotism of his boy. He did not talk to his business associates about his son, nor did he read his son's letters from college or factory, if he ever received such, to his business friends. Now they are the first of his mail that he reads. He carries them in his pocket, and at the club, after church, in the street car, in fact, he shows them to his friends. But there are other fathers who sit at the fireside these cold evenings not reading the newspaper but longing for news and wondering if that boy will ever know without being told how much his unsent letters are longed for. The incense of such hearths is not coal smoke or gas fumes. The incense is prayer. Men who always before were careless as to their sons are now on fire with enthusiasm for them. Many a father now regrets that he has allowed himself to get too old to be accepted in military service, many have applied and have been refused and many know they would not be accepted if they applied. But father is not spending his time chiefly in dreaming, or in longing or even in prayer. He already sees, as he dreams by the fire, the distant long lines of wounded, mutilated and bereaved and the son in their midst. The only thing that will keep father going is the readjustment of his life to the hardest work he has ever known; for all the suffering is not to be the son's. This hard work will not be worth while unless it is sacrificial, unless it is some form of service, unless he is contributing his part to the great cause of winning the war, which will set humanity free. The courage and abandon of son will be reflected in this new viewpoint at home. It will be shared by father and to make this clear to let father realize his actual part to inspire son to keep "clean" and to go "clean over." This is the object of the national Father and Son celebration in the camps, and overseas, in churches, in schools, in homes, in clubs, in business houses and in factories, and the aim of the movement is not to court publicity, not to create a new movement of officers, a treasurer and a paid staff, but by the silent moving process of organization to promote

this right minded ideal throughout the manhood of the nation. The expression of Secretary of War Baker is very appropriate at this time: "The stress of international circumstances and the call upon all of us to defend what we have long held dear adds another to the reasons which have always existed for making the Father and Son week an occasion to which everyone might render co-operation and participation in ungrudging measure."

We have thanked Thee for our mothers, And we thank Thee still again; Now for fathers and for brothers— Lord, we thank Thee for good men.

For our fathers who begot us And whose paths of patience trod, And whose righteous manhood taught us Of the Fatherhood of God.

Bless our brothers and our neighbors In their tasks of hand and brain; Strengthen all men for their labors, Help them bear the load and strain.

Bless the men who face the dangers On the battle and the sea; Guide the men who roam as strangers Making paths where roads shall be.

Save the manhood of our nation, Guide us with Thy staff and rod; Make each coming generation Know the Fatherhood of God. For our sisters and our mothers, Oft we've prayed and prayed again, Now for fathers and for brothers, Father, hear our prayer for men.

GRATITUDE.

(Birmingham News.) About a week Ago the Missis Decided to have Some soldiers to Help us destroy Sunday dinner, So we got Two young men From New Jersey And they ate As if they Liked the food And smoked my Christmas Without touching Which proved they Were gentlemen, And today we Got a letter From these boys Saying how much They appreciated Our little spread, And that when They reach France They will think Of us, Maybe they will Hand the Kaiser One swift punch For us both.

DON'T SUFFER WITH NEURALGIA

Use Soothing Musterole When those sharp pains go shooting through your head, when your skull seems as if it would split, just rub a little Musterole on your temples and neck. It draws out the inflammation, soothes away the pain, usually giving quick relief. Musterole is a clean, white ointment, made with oil of mustard. Better than a mustard plaster and does not blister. Many doctors and nurses frankly recommend Musterole for sore throat, bronchitis, croup, stiff neck, asthma, neuralgia, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frost-bite—colds of the chest (it often prevents pneumonia). It is always dependable. 30c and 60c jars; hospital size \$2.50.



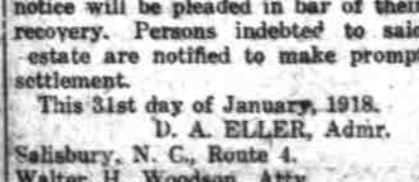
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Our line of auto goggles is most complete and attractive. The kind you want at the price you want to pay.

We have them all Starnes & Parker Leading Jewelers and Opticians. SALISBURY, N. C.

Men in Training

Fighting isn't the only duty of a soldier, and exposure to bullets is not as serious as exposure to all kinds of weather and dampness. Rheumatic aches, sore and stiff muscles, strains and sprains, chilblains and neuralgia, all are enemies of the soldier, and the relief for all these pains and aches is Sloan's Liniment. Clean and convenient to carry or use; does not stain, and penetrates without rubbing. Generous-sized bottles, at all druggists.



ROADS IN BAD CONDITION.

Highways of the County as Well as Some City Streets Showing Effects of the Bad Weather.

Parties who have occasion to travel the highways of the county report practically all of them in bad condition, some being almost impassable, especially where they have not been improved. In some sections it is almost impossible to travel at all and no few automobiles have been stuck

and required pulling out of the mire and mud. Even on roads that have been improved in the past the slush is fearful. This is not only true of the county roads but the streets of the city that have not been paved, macadamized are in bad condition, due to the fearful weather and long wet spell. It will require some days for the roads and streets to get in normal condition even after good weather sets in.

CHRISTMAS BANKING CLUB YOU CAN JOIN WITH



ONLY A LITTLE DIME, OR A NICKLE AND A LITTLE "STICK-TO-IT" IS ALL YOU NEED, TO GET YOU \$127.50 OR \$63.75.

BRING THE DIME OR NICKLE INTO OUR BANK AND JOIN OUR CHRISTMAS BANKING CLUB. THEN EACH WEEK INCREASE YOUR DEPOSIT THE SAME AMOUNT. IF YOU HAVEN'T THE DIME OR NICKLE 2 CENTS OR 1 CENT WILL DO.

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OR IF YOU ARE "FLUSH" RIGHT NOW BEGIN WITH THE LARGEST PAYMENT AND DECREASE YOUR PAYMENT EACH WEEK. WE ALSO HAVE 50 CENT, \$1.00 AND \$5.00 OR MORE CLUBS WHERE YOU PAY IN THE SAME AMOUNT EACH WEEK. WE ADD 4 PER CENT INTEREST.

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1918 CLUB STARTS ON AND AFTER DEC. 18.

CHIROPRACTIC

You owe it to yourself and family to investigate this method of removing the cause of disease.

10 TEN REASONS 10 WHY YOU SHOULD TAKE CHIROPRACTIC ADJUSTMENTS

- 1. Because—Chiropractic never fails in discovering the exact nature of your Disease. 2. Because—Chiropractic will REMOVE the cause of your Disease. 3. Because—Chiropractic accomplishes more than all other methods and leaves no bad after effect. 4. Because—Chiropractic is the greatest factor in the scientific prevention of Disease. 5. Because—The foremost physicians are recognizing the value of Chiropractic. 6. Because—You want to be Healthy and Happy. 7. Because—People in all civilized countries are taking adjustments and are being benefited thereby. 8. Because—The Adjustments as I give them are not disagreeable nor painful but are followed by a wonderfully delightful sense of relief. 9. Because—Chiropractic has restored to Health many cases similar to your own pronounced incurable by the best physicians. 10. Because—What Chiropractic has done and is doing for others it will do for you.

SPINAL ANALYSIS AND CONSULTATION FREE.

M. H. GROVES, Chiropractor

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Look to your wardrobe now, and arrange to have it include at least one suit—all others on or before Feb. the 5th, 25 per cent. off.

Yours to serve,

J. O. Fricke & Son MERCHANT TAILORS Cleaning and Pressing Neatly Done.